

V Campeonato Andalucía Open Máster Larga Distancia

21 y 22

marzo 2026

P. Cubierta "La Magdalena"
San Fernando (Cádiz)



Potencia Pro



1 - 1ª Jornada - 1ª Sesión

21/03/2026

Prueba 1

Fem., 1500m Libre

20+

21/03/2026 - 9:45

Resultados

Clasificación	AN		Tiempo		Puntos
1. FALCES MENA, Mar	04	C.N. Los Barrios	22:35.72	19,00	
50m: 38.57 38.57	450m: 6:29.42 44.50	850m: 12:32.57 46.35	1250m: 18:43.66 47.00		
100m: 1:20.50 41.93	500m: 7:14.10 44.68	900m: 13:18.68 46.11	1300m: 19:31.05 47.39		
150m: 2:03.43 42.93	550m: 7:59.01 44.91	950m: 14:04.94 46.26	1350m: 20:18.15 47.10		
200m: 2:47.62 44.19	600m: 8:43.86 44.85	1000m: 14:50.92 45.98	1400m: 21:04.97 46.82		
250m: 3:31.84 44.22	650m: 9:29.24 45.38	1050m: 15:37.08 46.16	1450m: 21:51.42 46.45		
300m: 4:16.33 44.49	700m: 10:14.52 45.28	1100m: 16:23.53 46.45	1500m: 22:35.72 44.30		
350m: 5:00.66 44.33	750m: 11:00.33 45.81	1150m: 17:09.89 46.36			
400m: 5:44.92 44.26	800m: 11:46.22 45.89	1200m: 17:56.66 46.77			
2. GARCIA RASCON, Laura Maria	02	C.D. Indea	28:14.31	16,00	
50m: 47.59 47.59	450m: 8:14.45 55.86	850m: 15:52.07 56.77	1250m: 23:32.20 58.15		
100m: 1:39.44 51.85	500m: 9:10.99 56.54	900m: 16:50.53 58.46	1300m: 24:30.19 57.99		
150m: 2:35.66 56.22	550m: 10:08.49 57.50	950m: 17:48.49 57.96	1350m: 25:28.23 58.04		
200m: 3:32.07 56.41	600m: 11:06.14 57.65	1000m: 18:45.02 56.53	1400m: 26:24.88 56.65		
250m: 4:28.61 56.54	650m: 12:03.66 57.52	1050m: 19:42.59 57.57	1450m: 27:16.79 51.91		
300m: 5:24.89 56.28	700m: 13:01.19 57.53	1100m: 20:39.71 57.12	1500m: 28:14.31 57.52		
350m: 6:21.51 56.62	750m: 13:58.44 57.25	1150m: 21:36.60 56.89			
400m: 7:18.59 57.08	800m: 14:55.30 56.86	1200m: 22:34.05 57.45			

Prueba 1

Fem., 1500m Libre

25+

21/03/2026 - 9:45

Resultados

Clasificación	AN		Tiempo		Puntos
1. RIOS GUERRERO, Ariadna	01	C.D. Jerez Natacion Master	21:53.90	19,00	
50m: 39.44 39.44	450m: 6:27.13 44.14	850m: 12:23.24 44.25	1250m: 18:17.40 44.27		
100m: 1:21.05 41.61	500m: 7:10.95 43.82	900m: 13:07.55 44.31	1300m: 19:01.93 44.53		
150m: 2:04.13 43.08	550m: 7:55.97 45.02	950m: 13:52.30 44.75	1350m: 19:46.03 44.10		
200m: 2:47.28 43.15	600m: 8:40.70 44.73	1000m: 14:37.41 45.11	1400m: 20:29.67 43.64		
250m: 3:30.78 43.50	650m: 9:25.12 44.42	1050m: 15:21.50 44.09	1450m: 21:12.82 43.15		
300m: 4:15.52 44.74	700m: 10:09.22 44.10	1100m: 16:05.32 43.82	1500m: 21:53.90 41.08		
350m: 4:58.94 43.42	750m: 10:54.34 45.12	1150m: 16:49.55 44.23			
400m: 5:42.99 44.05	800m: 11:38.99 44.65	1200m: 17:33.13 43.58			
2. MORENO CASADO, Maria	99	C.D. Indea	24:46.45	16,00	
50m: 42.58 42.58	450m: 7:22.03 50.32	850m: 14:03.33 50.76	1250m: 20:45.67 49.85		
100m: 1:30.25 47.67	500m: 8:11.96 49.93	900m: 14:53.74 50.41	1300m: 21:35.33 49.66		
150m: 2:19.40 49.15	550m: 9:02.21 50.25	950m: 15:44.01 50.27	1350m: 22:25.05 49.72		
200m: 3:09.30 49.90	600m: 9:52.12 49.91	1000m: 16:35.06 51.05	1400m: 23:13.84 48.79		
250m: 4:00.07 50.77	650m: 10:42.30 50.18	1050m: 17:25.02 49.96	1450m: 24:02.20 48.36		
300m: 4:50.65 50.58	700m: 11:32.39 50.09	1100m: 18:15.10 50.08	1500m: 24:46.45 44.25		
350m: 5:41.09 50.44	750m: 12:22.61 50.22	1150m: 19:05.63 50.53			
400m: 6:31.71 50.62	800m: 13:12.57 49.96	1200m: 19:55.82 50.19			

Prueba 1, Fem., 1500m Libre

Prueba 1
21/03/2026 - 9:45

Fem., 1500m Libre

30+
Resultados

Clasificación	AN		Tiempo		Puntos		
1. SOUISSI AYUSO, Fatima	93	C.N. Cadiz	18:46.14	24,00	RA		
50m: 33.30	33.30	450m: 5:29.29	37.50	850m: 10:32.88	38.39	1250m: 15:37.12	38.07
100m: 1:09.41	36.11	500m: 6:06.77	37.48	900m: 11:10.60	37.72	1300m: 16:15.57	38.45
150m: 1:46.47	37.06	550m: 6:44.47	37.70	950m: 11:48.73	38.13	1350m: 16:53.97	38.40
200m: 2:23.22	36.75	600m: 7:22.53	38.06	1000m: 12:26.99	38.26	1400m: 17:32.54	38.57
250m: 3:00.08	36.86	650m: 8:00.25	37.72	1050m: 13:05.05	38.06	1450m: 18:10.39	37.85
300m: 3:36.96	36.88	700m: 8:38.31	38.06	1100m: 13:43.27	38.22	1500m: 18:46.14	35.75
350m: 4:14.41	37.45	750m: 9:16.48	38.17	1150m: 14:21.27	38.00		
400m: 4:51.79	37.38	800m: 9:54.49	38.01	1200m: 14:59.05	37.78		
2. CUENCA JIMENEZ, Elia Maria	96	C.D.N. Cordoba	21:06.84	16,00			
50m: 39.55	39.55	450m: 6:06.24	42.46	850m: 11:46.92	42.42	1250m: 17:30.88	43.27
100m: 1:18.24	38.69	500m: 6:49.08	42.84	900m: 12:29.76	42.84	1300m: 18:14.20	43.32
150m: 1:57.81	39.57	550m: 7:31.30	42.22	950m: 13:12.59	42.83	1350m: 18:57.78	43.58
200m: 2:37.97	40.16	600m: 8:14.24	42.94	1000m: 13:55.26	42.67	1400m: 19:41.64	43.86
250m: 3:19.37	41.40	650m: 8:56.82	42.58	1050m: 14:38.19	42.93	1450m: 20:25.49	43.85
300m: 4:00.59	41.22	700m: 9:39.10	42.28	1100m: 15:21.44	43.25	1500m: 21:06.84	41.35
350m: 4:42.30	41.71	750m: 10:21.90	42.80	1150m: 16:04.86	43.42		
400m: 5:23.78	41.48	800m: 11:04.50	42.60	1200m: 16:47.61	42.75		
3. ESLAVA TRONCOSO, Yolanda	96	C.D. Jerez Natacion Master	23:02.28	14,00			
50m: 38.50	38.50	450m: 6:39.76	45.88	850m: 12:53.43	47.50	1250m: 19:10.84	46.97
100m: 1:20.18	41.68	500m: 7:25.72	45.96	900m: 13:40.46	47.03	1300m: 19:57.78	46.94
150m: 2:04.24	44.06	550m: 8:12.30	46.58	950m: 14:27.78	47.32	1350m: 20:44.58	46.80
200m: 2:49.53	45.29	600m: 8:58.67	46.37	1000m: 15:15.13	47.35	1400m: 21:30.88	46.30
250m: 3:35.53	46.00	650m: 9:45.81	47.14	1050m: 16:01.85	46.72	1450m: 22:17.71	46.83
300m: 4:21.59	46.06	700m: 10:32.29	46.48	1100m: 16:48.93	47.08	1500m: 23:02.28	44.57
350m: 5:07.46	45.87	750m: 11:18.88	46.59	1150m: 17:36.26	47.33		
400m: 5:53.88	46.42	800m: 12:05.93	47.05	1200m: 18:23.87	47.61		
4. KRZYZANOWSKA, Kaja	93	Club Natacion Las Gabias	23:14.35	13,00			
50m: 40.52	40.52	450m: 6:51.31	47.39	850m: 13:07.58	46.16	1250m: 19:24.30	47.54
100m: 1:24.43	43.91	500m: 7:38.62	47.31	900m: 13:54.85	47.27	1300m: 20:11.67	47.37
150m: 2:10.47	46.04	550m: 8:26.21	47.59	950m: 14:42.00	47.15	1350m: 20:58.81	47.14
200m: 2:56.73	46.26	600m: 9:13.69	47.48	1000m: 15:28.58	46.58	1400m: 21:45.94	47.13
250m: 3:43.06	46.33	650m: 10:01.27	47.58	1050m: 16:15.65	47.07	1450m: 22:32.22	46.28
300m: 4:29.76	46.70	700m: 10:48.14	46.87	1100m: 17:02.69	47.04	1500m: 23:14.35	42.13
350m: 5:16.85	47.09	750m: 11:34.82	46.68	1150m: 17:49.75	47.06		
400m: 6:03.92	47.07	800m: 12:21.42	46.60	1200m: 18:36.76	47.01		
5. ZABALA VASQUEZ, Valeska	96	C.N. Montilla	26:39.75	12,00			
50m: 46.12	46.12	450m: 7:52.77	54.68	850m: 15:03.98	54.49	1250m: 22:15.74	53.45
100m: 1:36.17	50.05	500m: 8:46.42	53.65	900m: 15:57.59	53.61	1300m: 23:08.58	52.84
150m: 2:27.85	51.68	550m: 9:39.98	53.56	950m: 16:52.34	54.75	1350m: 24:02.34	53.76
200m: 3:21.06	53.21	600m: 10:33.09	53.11	1000m: 17:45.82	53.48	1400m: 24:55.67	53.33
250m: 4:15.52	54.46	650m: 11:26.39	53.30	1050m: 18:39.96	54.14	1450m: 25:49.08	53.41
300m: 5:09.15	53.63	700m: 12:20.83	54.44	1100m: 19:34.40	54.44	1500m: 26:39.75	50.67
350m: 6:03.74	54.59	750m: 13:14.84	54.01	1150m: 20:28.78	54.38		
400m: 6:58.09	54.35	800m: 14:09.49	54.65	1200m: 21:22.29	53.51		

Prueba 1, Fem., 1500m Libre

Prueba 1 Fem., 1500m Libre 35+
21/03/2026 - 9:45 Resultados

Clasificación	AN				Tempo	Puntos
1.	ABAD ALVAREZ-BENAVIDES, Maria		87	C.N. Dos Hermanas	22:32.33	19,00
	50m: 39.39	39.39	450m: 6:44.03	46.03	850m: 12:52.58	45.52
	100m: 1:22.49	43.10	500m: 7:30.34	46.31	900m: 13:38.72	46.14
	150m: 2:07.40	44.91	550m: 8:16.33	45.99	950m: 14:24.46	45.74
	200m: 2:52.77	45.37	600m: 9:02.85	46.52	1000m: 15:10.29	45.83
	250m: 3:39.17	46.40	650m: 9:49.01	46.16	1050m: 15:55.90	45.61
	300m: 4:25.56	46.39	700m: 10:35.31	46.30	1100m: 16:41.23	45.33
	350m: 5:12.16	46.60	750m: 11:21.02	45.71	1150m: 17:25.73	44.50
	400m: 5:58.00	45.84	800m: 12:07.06	46.04	1200m: 18:09.88	44.15
2.	MEJIAS PEREZ, Elena		90	Natacion Sevilla Master, C.D.	24:26.08	16,00
	50m: 41.55	41.55	450m: 7:04.98	48.32	850m: 13:36.88	49.30
	100m: 1:27.64	46.09	500m: 7:53.17	48.19	900m: 14:26.60	49.72
	150m: 2:15.09	47.45	550m: 8:42.58	49.41	950m: 15:15.68	49.08
	200m: 3:02.78	47.69	600m: 9:31.48	48.90	1000m: 16:06.15	50.47
	250m: 3:51.36	48.58	650m: 10:20.21	48.73	1050m: 16:55.64	49.49
	300m: 4:38.99	47.63	700m: 11:09.90	49.69	1100m: 17:45.13	49.49
	350m: 5:27.58	48.59	750m: 11:58.87	48.97	1150m: 18:36.52	51.39
	400m: 6:16.66	49.08	800m: 12:47.58	48.71	1200m: 19:26.52	50.00

Prueba 1 Fem., 1500m Libre 40+
21/03/2026 - 9:45 Resultados

Clasificación	AN				Tempo	Puntos
1.	GARCIA MOLINA, Maria Rosa		85	C.D. Indea	25:53.51	19,00
	50m: 39.79	39.79	450m: 7:25.12	52.81	850m: 14:32.29	51.76
	100m: 1:25.00	45.21	500m: 8:17.85	52.73	900m: 15:26.33	54.04
	150m: 2:13.38	48.38	550m: 9:10.78	52.93	950m: 16:19.80	53.47
	200m: 3:03.42	50.04	600m: 10:05.13	54.35	1000m: 17:14.23	54.43
	250m: 3:55.79	52.37	650m: 10:59.18	54.05	1050m: 18:07.32	53.09
	300m: 4:46.88	51.09	700m: 11:52.94	53.76	1100m: 19:00.25	52.93
	350m: 5:39.16	52.28	750m: 12:46.33	53.39	1150m: 19:52.68	52.43
	400m: 6:32.31	53.15	800m: 13:40.53	54.20	1200m: 20:46.23	53.55

Prueba 1 Fem., 1500m Libre 45+
21/03/2026 - 9:45 Resultados

Clasificación	AN				Tempo	Puntos
1.	CAÑADAS LOPEZ, Maria Isabel		78	C.D. Jerez Natacion Master	21:25.41	19,00
	50m: 38.96	38.96	450m: 6:19.58	43.91	850m: 12:05.60	42.88
	100m: 1:20.83	41.87	500m: 7:03.08	43.50	900m: 12:48.85	43.25
	150m: 2:02.81	41.98	550m: 7:46.37	43.29	950m: 13:31.91	43.06
	200m: 2:45.16	42.35	600m: 8:30.10	43.73	1000m: 14:15.28	43.37
	250m: 3:27.82	42.66	650m: 9:13.35	43.25	1050m: 14:59.14	43.86
	300m: 4:10.51	42.69	700m: 9:56.61	43.26	1100m: 15:42.78	43.64
	350m: 4:53.70	43.19	750m: 10:39.65	43.04	1150m: 16:26.47	43.69
	400m: 5:35.67	41.97	800m: 11:22.72	43.07	1200m: 17:09.96	43.49

Prueba 1, Fem., 1500m Libre, 45+

Clasificación	AN								Tiempo	Puntos	
2.	BURON FERNANDEZ, Lola		81	C.D.N. Cordoba						24:46.28	16,00
	50m: 43.00	43.00	450m: 7:18.49	50.95	850m: 14:07.10	50.85	1250m: 20:46.40	49.47			
	100m: 1:28.53	45.53	500m: 8:09.71	51.22	900m: 14:56.84	49.74	1300m: 21:36.03	49.63			
	150m: 2:16.24	47.71	550m: 9:01.04	51.33	950m: 15:47.07	50.23	1350m: 22:25.36	49.33			
	200m: 3:05.10	48.86	600m: 9:52.32	51.28	1000m: 16:36.72	49.65	1400m: 23:14.54	49.18			
	250m: 3:55.01	49.91	650m: 10:43.35	51.03	1050m: 17:26.47	49.75	1450m: 24:03.12	48.58			
	300m: 4:45.05	50.04	700m: 11:34.53	51.18	1100m: 18:16.39	49.92	1500m: 24:46.28	43.16			
	350m: 5:35.59	50.54	750m: 12:25.12	50.59	1150m: 19:07.14	50.75					
	400m: 6:27.54	51.95	800m: 13:16.25	51.13	1200m: 19:56.93	49.79					
3.	VALLE VIDAL, Marta		81	C.N. Huelva						24:59.30	14,00
	50m: 43.69	43.69	450m: 7:17.45	50.95	850m: 13:58.69	50.25	1250m: 20:49.14	52.24			
	100m: 1:30.00	46.31	500m: 8:08.00	50.55	900m: 14:49.15	50.46	1300m: 21:40.70	51.56			
	150m: 2:19.61	49.61	550m: 8:57.16	49.16	950m: 15:39.72	50.57	1350m: 22:32.03	51.33			
	200m: 3:09.86	50.25	600m: 9:47.51	50.35	1000m: 16:30.67	50.95	1400m: 23:23.00	50.97			
	250m: 3:58.14	48.28	650m: 10:38.44	50.93	1050m: 17:21.73	51.06	1450m: 24:12.88	49.88			
	300m: 4:47.17	49.03	700m: 11:27.71	49.27	1100m: 18:13.43	51.70	1500m: 24:59.30	46.42			
	350m: 5:36.65	49.48	750m: 12:18.06	50.35	1150m: 19:05.56	52.13					
	400m: 6:26.50	49.85	800m: 13:08.44	50.38	1200m: 19:56.90	51.34					
4.	AGUI GUERRERO, Nuria		77	Universidad De Granada						25:11.16	13,00
	50m: 43.20	43.20	450m: 7:27.01	51.41	850m: 14:13.99	50.61	1250m: 21:01.95	51.15			
	100m: 1:31.07	47.87	500m: 8:18.36	51.35	900m: 15:04.14	50.15	1300m: 21:52.59	50.64			
	150m: 2:20.39	49.32	550m: 9:09.86	51.50	950m: 15:54.43	50.29	1350m: 22:42.84	50.25			
	200m: 3:10.94	50.55	600m: 10:00.87	51.01	1000m: 16:46.40	51.97	1400m: 23:33.80	50.96			
	250m: 4:01.03	50.09	650m: 10:53.36	52.49	1050m: 17:37.45	51.05	1450m: 24:24.14	50.34			
	300m: 4:52.76	51.73	700m: 11:43.13	49.77	1100m: 18:28.40	50.95	1500m: 25:11.16	47.02			
	350m: 5:44.17	51.41	750m: 12:32.92	49.79	1150m: 19:20.04	51.64					
	400m: 6:35.60	51.43	800m: 13:23.38	50.46	1200m: 20:10.80	50.76					
5.	RAMO REY-JOLY, Cristina		77	C.D. Jerez Natacion Master						27:27.08	12,00
	50m: 51.20	51.20	450m: 8:14.35	56.42	850m: 15:39.11	54.85	1250m: 23:00.07	54.84			
	100m: 1:45.44	54.24	500m: 9:10.18	55.83	900m: 16:33.55	54.44	1300m: 23:55.07	55.00			
	150m: 2:40.10	54.66	550m: 10:05.73	55.55	950m: 17:28.97	55.42	1350m: 24:49.45	54.38			
	200m: 3:35.35	55.25	600m: 11:01.50	55.77	1000m: 18:23.92	54.95	1400m: 25:43.27	53.82			
	250m: 4:31.03	55.68	650m: 11:57.57	56.07	1050m: 19:19.64	55.72	1450m: 26:36.49	53.22			
	300m: 5:26.86	55.83	700m: 12:53.25	55.68	1100m: 20:15.44	55.80	1500m: 27:27.08	50.59			
	350m: 6:22.05	55.19	750m: 13:48.77	55.52	1150m: 21:09.97	54.53					
	400m: 7:17.93	55.88	800m: 14:44.26	55.49	1200m: 22:05.23	55.26					
6.	MAÑAS PEREZ, Maria Del Carmen		78	Universidad De Granada						28:54.83	11,00
	50m: 53.83	53.83	450m: 8:32.89	57.51	850m: 16:20.50	59.04	1250m: 24:09.94	59.53			
	100m: 1:48.72	54.89	500m: 9:29.43	56.54	900m: 17:19.15	58.65	1300m: 25:08.53	58.59			
	150m: 2:45.66	56.94	550m: 10:28.04	58.61	950m: 18:17.51	58.36	1350m: 26:06.99	58.46			
	200m: 3:44.18	58.52	600m: 11:26.79	58.75	1000m: 19:16.54	59.03	1400m: 27:05.39	58.40			
	250m: 4:42.18	58.00	650m: 12:25.46	58.67	1050m: 20:16.49	59.95	1450m: 28:01.42	56.03			
	300m: 5:38.70	56.52	700m: 13:23.98	58.52	1100m: 21:15.08	58.59	1500m: 28:54.83	53.41			
	350m: 6:36.86	58.16	750m: 14:22.85	58.87	1150m: 22:12.25	57.17					
	400m: 7:35.38	58.52	800m: 15:21.46	58.61	1200m: 23:10.41	58.16					

Prueba 1

21/03/2026 - 9:45

Fem., 1500m Libre

50+

Resultados

Clasificación	AN								Tiempo	Puntos	
1.	CALVENTE NINATAKI, Lidia		74	Natacion Sevilla Master, C.D.						25:03.55	19,00
	50m: 43.28	43.28	450m: 7:20.55	50.96	850m: 14:06.60	50.00	1250m: 20:50.77	50.82			
	100m: 1:30.61	47.33	500m: 8:11.58	51.03	900m: 14:56.44	49.84	1300m: 21:42.66	51.89			
	150m: 2:19.83	49.22	550m: 9:02.59	51.01	950m: 15:47.52	51.08	1350m: 22:33.75	51.09			
	200m: 3:09.08	49.25	600m: 9:53.40	50.81	1000m: 16:37.50	49.98	1400m: 23:25.48	51.73			
	250m: 3:58.58	49.50	650m: 10:43.89	50.49	1050m: 17:27.53	50.03	1450m: 24:15.32	49.84			
	300m: 4:48.73	50.15	700m: 11:34.93	51.04	1100m: 18:18.68	51.15	1500m: 25:03.55	48.23			
	350m: 5:39.41	50.68	750m: 12:25.12	50.19	1150m: 19:09.10	50.42					
	400m: 6:29.59	50.18	800m: 13:16.60	51.48	1200m: 19:59.95	50.85					

Prueba 1, Fem., 1500m Libre, 50+

Clasificación	AN		Tiempo		Puntos
2. ONION, Sophie Jane	76		Club Natacion Estepona		25:54.63 16,00
50m:	46.18	46.18	450m:	7:42.39	52.09
100m:	1:36.34	50.16	500m:	8:34.20	51.81
150m:	2:28.33	51.99	550m:	9:26.40	52.20
200m:	3:20.34	52.01	600m:	10:18.80	52.40
250m:	4:12.83	52.49	650m:	11:11.68	52.88
300m:	5:05.87	53.04	700m:	12:03.85	52.17
350m:	5:58.27	52.40	750m:	12:56.66	52.81
400m:	6:50.30	52.03	800m:	13:48.89	52.23
			850m:	14:40.74	51.85
			900m:	15:32.17	51.43
			950m:	16:23.77	51.60
			1000m:	17:15.24	51.47
			1050m:	18:07.48	52.24
			1100m:	18:59.47	51.99
			1150m:	19:51.57	52.10
			1200m:	20:44.50	52.93
			1250m:	21:37.33	52.83
			1300m:	22:29.62	52.29
			1350m:	23:21.88	52.26
			1400m:	24:14.59	52.71
			1450m:	25:06.80	52.21
			1500m:	25:54.63	47.83
3. BREVAL LISTAN, Montserrat	75		C.D. Jerez Natacion Master		25:56.26 14,00
50m:	47.06	47.06	450m:	7:40.37	52.57
100m:	1:36.47	49.41	500m:	8:33.18	52.81
150m:	2:27.40	50.93	550m:	9:25.79	52.61
200m:	3:19.43	52.03	600m:	10:18.19	52.40
250m:	4:11.83	52.40	650m:	11:10.75	52.56
300m:	5:04.12	52.29	700m:	12:03.70	52.95
350m:	5:55.59	51.47	750m:	12:56.37	52.67
400m:	6:47.80	52.21	800m:	13:49.27	52.90
			850m:	14:41.03	51.76
			900m:	15:33.09	52.06
			950m:	16:24.76	51.67
			1000m:	17:17.19	52.43
			1050m:	18:10.13	52.94
			1100m:	19:02.21	52.08
			1150m:	19:54.73	52.52
			1200m:	20:46.50	51.77
			1250m:	21:39.38	52.88
			1300m:	22:32.27	52.89
			1350m:	23:24.56	52.29
			1400m:	24:16.31	51.75
			1450m:	25:07.59	51.28
			1500m:	25:56.26	48.67
4. GONZALEZ DIAZ, Rocio	73		C.N. Dos Hermanas		28:34.11 13,00
50m:	47.39	47.39	450m:	8:19.50	57.62
100m:	1:40.26	52.87	500m:	9:17.42	57.92
150m:	2:35.67	55.41	550m:	10:14.43	57.01
200m:	3:33.49	57.82	600m:	11:11.69	57.26
250m:	4:31.42	57.93	650m:	12:10.23	58.54
300m:	5:28.34	56.92	700m:	13:08.56	58.33
350m:	6:24.98	56.64	750m:	14:06.60	58.04
400m:	7:21.88	56.90	800m:	15:04.00	57.40
			850m:	16:02.39	58.39
			900m:	16:59.92	57.53
			950m:	17:58.34	58.42
			1000m:	18:56.48	58.14
			1050m:	19:55.68	59.20
			1100m:	20:53.86	58.18
			1150m:	21:51.47	57.61
			1200m:	22:48.85	57.38
			1250m:	23:47.45	58.60
			1300m:	24:44.89	57.44
			1350m:	25:42.94	58.05
			1400m:	26:40.68	57.74
			1450m:	27:38.74	58.06
			1500m:	28:34.11	55.37

Prueba 1
21/03/2026 - 9:45

Fem., 1500m Libre

55+

Resultados

Clasificación	AN		Tiempo		Puntos
1. OLMEDO ROBLEDO, Isabel	69		Natacion Sevilla Master, C.D.		22:49.57 24,00 RA
50m:	40.69	40.69	450m:	6:40.49	45.21
100m:	1:24.57	43.88	500m:	7:25.74	45.25
150m:	2:09.46	44.89	550m:	8:11.25	45.51
200m:	2:54.66	45.20	600m:	8:56.98	45.73
250m:	3:39.81	45.15	650m:	9:42.31	45.33
300m:	4:24.72	44.91	700m:	10:27.98	45.67
350m:	5:10.11	45.39	750m:	11:13.56	45.58
400m:	5:55.28	45.17	800m:	11:59.27	45.71
			850m:	12:45.60	46.33
			900m:	13:32.51	46.91
			950m:	14:18.85	46.34
			1000m:	15:05.57	46.72
			1050m:	15:51.81	46.24
			1100m:	16:38.88	47.07
			1150m:	17:25.48	46.60
			1200m:	18:12.05	46.57
2. GAY MICHAEL, Angela	70		C.D.Resist4		26:29.58 16,00
50m:	46.84	46.84	450m:	7:45.40	53.40
100m:	1:35.91	49.07	500m:	8:38.32	52.92
150m:	2:27.10	51.19	550m:	9:30.84	52.52
200m:	3:20.13	53.03	600m:	10:24.40	53.56
250m:	4:13.17	53.04	650m:	11:17.54	53.14
300m:	5:06.39	53.22	700m:	12:11.09	53.55
350m:	5:59.09	52.70	750m:	13:05.37	54.28
400m:	6:52.00	52.91	800m:	13:59.82	54.45
			850m:	14:54.32	54.50
			900m:	15:49.07	54.75
			950m:	16:42.94	53.87
			1000m:	17:36.51	53.57
			1050m:	18:29.65	53.14
			1100m:	19:23.37	53.72
			1150m:	20:17.08	53.71
			1200m:	21:10.60	53.52
			1250m:	22:03.94	53.34
			1300m:	22:58.39	54.45
			1350m:	23:52.68	54.29
			1400m:	24:47.07	54.39
			1450m:	25:40.37	53.30
			1500m:	26:29.58	49.21
3. LARA ALMANSA, Carmen	70		C.N. Roquetas		32:38.82 14,00
50m:	56.73	56.73	450m:	9:32.65	1:05.06
100m:	1:57.78	1:01.05	500m:	10:38.06	1:05.41
150m:	3:01.42	1:03.64	550m:	11:42.94	1:04.88
200m:	4:06.14	1:04.72	600m:	12:50.26	1:07.32
250m:	5:11.54	1:05.40	650m:	13:56.03	1:05.77
300m:	6:16.97	1:05.43	700m:	15:02.65	1:06.62
350m:	7:22.47	1:05.50	750m:	16:07.61	1:04.96
400m:	8:27.59	1:05.12	800m:	17:14.48	1:06.87
			850m:	18:19.84	1:05.36
			900m:	19:27.02	1:07.18
			950m:	20:34.24	1:07.22
			1000m:	21:39.48	1:05.24
			1050m:	22:45.50	1:06.02
			1100m:	23:53.19	1:07.69
			1150m:	24:59.31	1:06.12
			1200m:	26:06.48	1:07.17
			1250m:	27:12.87	1:06.39
			1300m:	28:19.19	1:06.32
			1350m:	29:25.04	1:05.85
			1400m:	30:30.84	1:05.80
			1450m:	31:36.42	1:05.58
			1500m:	32:38.82	1:02.40

Prueba 1, Fem., 1500m Libre

Prueba 1

21/03/2026 - 9:45

Fem., 1500m Libre

60+

Resultados

Clasificación	AN		Tiempo		Puntos
1.	ASTORGA MOYA DE LA TORRE, Mari64 ^{az} C.D.N. Cordoba		26:06.85		19,00
	50m: 46.98	46.98	450m: 7:45.47	52.93	850m: 14:46.06
	100m: 1:37.21	50.23	500m: 8:38.33	52.86	900m: 15:39.46
	150m: 2:28.72	51.51	550m: 9:30.73	52.40	950m: 16:32.55
	200m: 3:21.11	52.39	600m: 10:23.87	53.14	1000m: 17:26.08
	250m: 4:13.76	52.65	650m: 11:16.47	52.60	1050m: 18:19.30
	300m: 5:06.57	52.81	700m: 12:08.56	52.09	1100m: 19:11.05
	350m: 5:59.44	52.87	750m: 13:00.32	51.76	1150m: 20:04.43
	400m: 6:52.54	53.10	800m: 13:52.65	52.33	1200m: 20:57.55
2.	MUÑOZ RAMOS, Ma Teresa 63 C.N. San Fernando		30:47.90		16,00
	50m: 55.15	55.15	450m: 9:08.02	1:02.55	850m: 17:21.77
	100m: 1:55.79	1:00.64	500m: 10:08.67	1:00.65	900m: 18:24.57
	150m: 2:57.47	1:01.68	550m: 11:09.55	1:00.88	950m: 19:27.07
	200m: 3:58.60	1:01.13	600m: 12:12.32	1:02.77	1000m: 20:29.58
	250m: 4:59.31	1:00.71	650m: 13:15.18	1:02.86	1050m: 21:30.55
	300m: 6:00.78	1:01.47	700m: 14:18.31	1:03.13	1100m: 22:32.09
	350m: 7:03.10	1:02.32	750m: 15:19.65	1:01.34	1150m: 23:34.11
	400m: 8:05.47	1:02.37	800m: 16:20.36	1:00.71	1200m: 24:36.61

Prueba 1

21/03/2026 - 9:45

Fem., 1500m Libre

65+

Resultados

Clasificación	AN		Tiempo		Puntos
1.	RIOS PADIAL, Maria Del Carmen 60 Natacion Sevilla Master, C.D.		24:53.25		24,00 RA
	50m: 43.91	43.91	450m: 7:18.58	51.03	850m: 13:58.64
	100m: 1:31.20	47.29	500m: 8:08.69	50.11	900m: 14:49.01
	150m: 2:20.21	49.01	550m: 8:58.35	49.66	950m: 15:39.37
	200m: 3:08.89	48.68	600m: 9:48.40	50.05	1000m: 16:28.99
	250m: 3:57.98	49.09	650m: 10:37.78	49.38	1050m: 17:18.99
	300m: 4:47.27	49.29	700m: 11:27.57	49.79	1100m: 18:09.17
	350m: 5:37.11	49.84	750m: 12:18.54	50.97	1150m: 18:59.55
	400m: 6:27.55	50.44	800m: 13:08.41	49.87	1200m: 19:50.41
2.	OCHOA SANCHEZ, Carmen 61 Natacion Sevilla Master, C.D.		26:38.65		21,00
	50m: 48.93	48.93	450m: 7:53.99	52.77	850m: 15:05.37
	100m: 1:40.10	51.17	500m: 8:49.51	55.52	900m: 15:58.33
	150m: 2:33.00	52.90	550m: 9:44.42	54.91	950m: 16:51.07
	200m: 3:26.48	53.48	600m: 10:40.17	55.75	1000m: 17:44.11
	250m: 4:20.10	53.62	650m: 11:32.63	52.46	1050m: 18:36.93
	300m: 5:14.27	54.17	700m: 12:25.28	52.65	1100m: 19:29.20
	350m: 6:07.75	53.48	750m: 13:18.46	53.18	1150m: 20:23.57
	400m: 7:01.22	53.47	800m: 14:12.06	53.60	1200m: 21:17.64
3.	MARFIL PEREZ DE LA LASTRA, Magd60 ^{na} C.N. Cadiz		26:50.79		14,00
	50m: 46.14	46.14	450m: 7:44.32	54.12	850m: 15:00.12
	100m: 1:34.94	48.80	500m: 8:38.27	53.95	900m: 15:54.29
	150m: 2:26.49	51.55	550m: 9:32.64	54.37	950m: 16:49.04
	200m: 3:19.06	52.57	600m: 10:27.60	54.96	1000m: 17:44.10
	250m: 4:11.63	52.57	650m: 11:22.94	55.34	1050m: 18:39.01
	300m: 5:04.03	52.40	700m: 12:17.02	54.08	1100m: 19:33.36
	350m: 5:56.85	52.82	750m: 13:11.28	54.26	1150m: 20:28.22
	400m: 6:50.20	53.35	800m: 14:05.53	54.25	1200m: 21:22.53

Prueba 1, Fem., 1500m Libre

Prueba 1

Fem., 1500m Libre

70+

21/03/2026 - 9:45

Resultados

Clasificación	AN				Tiempo		Puntos
1. MORIEL TORIBIO, Matilde	56	C.D.Delphis			35:55.31		19,00
50m: 1:06.48 1:06.48	450m: 10:51.04 1:14.63	850m: 20:32.41 1:12.93	1250m: 30:08.75 1:09.07				
100m: 2:18.47 1:11.99	500m: 12:02.87 1:11.83	900m: 21:46.33 1:13.92	1300m: 31:18.82 1:10.07				
150m: 3:29.77 1:11.30	550m: 13:14.76 1:11.89	950m: 23:00.01 1:13.68	1350m: 32:29.34 1:10.52				
200m: 4:41.46 1:11.69	600m: 14:28.50 1:13.74	1000m: 24:12.98 1:12.97	1400m: 33:38.36 1:09.02				
250m: 5:54.39 1:12.93	650m: 15:41.83 1:13.33	1050m: 25:25.86 1:12.88	1450m: 34:47.71 1:09.35				
300m: 7:07.91 1:13.52	700m: 16:53.45 1:11.62	1100m: 26:37.91 1:12.05	1500m: 35:55.31 1:07.60				
350m: 8:21.63 1:13.72	750m: 18:05.43 1:11.98	1150m: 27:48.49 1:10.58					
400m: 9:36.41 1:14.78	800m: 19:19.48 1:14.05	1200m: 28:59.68 1:11.19					
2. SMYTH, Anne	53	C.D.Resist4			36:46.38		16,00
50m: 1:02.98 1:02.98	450m: 10:48.82 1:13.85	850m: 20:42.73 1:15.46	1250m: 30:33.90 1:15.91				
100m: 2:13.50 1:10.52	500m: 12:01.97 1:13.15	900m: 21:57.31 1:14.58	1300m: 31:47.67 1:13.77				
150m: 3:25.59 1:12.09	550m: 13:15.56 1:13.59	950m: 23:11.22 1:13.91	1350m: 33:02.69 1:15.02				
200m: 4:37.96 1:12.37	600m: 14:29.58 1:14.02	1000m: 24:24.68 1:13.46	1400m: 34:18.56 1:15.87				
250m: 5:52.00 1:14.04	650m: 15:43.46 1:13.88	1050m: 25:39.48 1:14.80	1450m: 35:33.61 1:15.05				
300m: 7:05.55 1:13.55	700m: 16:58.18 1:14.72	1100m: 26:52.05 1:12.57	1500m: 36:46.38 1:12.77				
350m: 8:19.92 1:14.37	750m: 18:12.34 1:14.16	1150m: 28:04.57 1:12.52					
400m: 9:34.97 1:15.05	800m: 19:27.27 1:14.93	1200m: 29:17.99 1:13.42					

Prueba 1

Fem., 1500m Libre

75+

21/03/2026 - 9:45

Resultados

Clasificación	AN				Tiempo		Puntos
1. ASENSIO ALCAIDE, Maria Del Carmen	51	C.D. Jerez Natacion Master			35:52.62		24,00 RA
50m: 1:06.73 1:06.73	450m: 10:35.27 1:11.88	850m: 20:16.61 1:13.12	1250m: 30:01.77 1:11.33				
100m: 2:16.79 1:10.06	500m: 11:47.32 1:12.05	900m: 21:30.73 1:14.12	1300m: 31:12.50 1:10.73				
150m: 3:27.81 1:11.02	550m: 13:00.15 1:12.83	950m: 22:45.81 1:15.08	1350m: 32:22.91 1:10.41				
200m: 4:39.33 1:11.52	600m: 14:11.74 1:11.59	1000m: 23:59.42 1:13.61	1400m: 33:33.60 1:10.69				
250m: 5:49.58 1:10.25	650m: 15:24.75 1:13.01	1050m: 25:13.26 1:13.84	1450m: 34:45.16 1:11.56				
300m: 7:01.08 1:11.50	700m: 16:36.38 1:11.63	1100m: 26:28.01 1:14.75	1500m: 35:52.62 1:07.46				
350m: 8:12.45 1:11.37	750m: 17:50.21 1:13.83	1150m: 27:38.59 1:10.58					
400m: 9:23.39 1:10.94	800m: 19:03.49 1:13.28	1200m: 28:50.44 1:11.85					

Prueba 2

Masc., 1500m Libre

25+

21/03/2026 - 11:18

Resultados

Clasificación	AN				Tiempo		Puntos
1. GAITAN CANTOS, Ignacio	99	Natacion Sevilla Master, C.D.			19:16.27		19,00
50m: 34.73 34.73	450m: 5:37.48 38.23	850m: 10:49.90 39.05	1250m: 16:06.45 39.90				
100m: 1:11.56 36.83	500m: 6:16.41 38.93	900m: 11:29.26 39.36	1300m: 16:45.53 39.08				
150m: 1:49.07 37.51	550m: 6:55.69 39.28	950m: 12:08.90 39.64	1350m: 17:23.79 38.26				
200m: 2:27.35 38.28	600m: 7:34.44 38.75	1000m: 12:48.45 39.55	1400m: 18:02.98 39.19				
250m: 3:05.16 37.81	650m: 8:13.49 39.05	1050m: 13:27.71 39.26	1450m: 18:41.70 38.72				
300m: 3:42.87 37.71	700m: 8:52.56 39.07	1100m: 14:07.45 39.74	1500m: 19:16.27 34.57				
350m: 4:20.55 37.68	750m: 9:31.71 39.15	1150m: 14:46.65 39.20					
400m: 4:59.25 38.70	800m: 10:10.85 39.14	1200m: 15:26.55 39.90					

Prueba 2, Masc., 1500m Libre, 25+

Clasificación	AN										Tiempo	Puntos
2. CARMONA SANCHEZ, Javier	99		C.N. Armilla								19:40.02	16,00
50m:	33.00	33.00	450m:	5:40.28	39.40	850m:	11:01.38	40.42	1250m:	16:25.75	38.98	
100m:	1:09.19	36.19	500m:	6:19.94	39.66	900m:	11:41.62	40.24	1300m:	17:05.22	39.47	
150m:	1:47.06	37.87	550m:	7:00.10	40.16	950m:	12:22.40	40.78	1350m:	17:43.60	38.38	
200m:	2:25.56	38.50	600m:	7:40.39	40.29	1000m:	13:02.94	40.54	1400m:	18:22.93	39.33	
250m:	3:04.09	38.53	650m:	8:20.18	39.79	1050m:	13:43.55	40.61	1450m:	19:01.74	38.81	
300m:	3:42.28	38.19	700m:	9:00.56	40.38	1100m:	14:25.11	41.56	1500m:	19:40.02	38.28	
350m:	4:21.58	39.30	750m:	9:40.38	39.82	1150m:	15:05.52	40.41				
400m:	5:00.88	39.30	800m:	10:20.96	40.58	1200m:	15:46.77	41.25				
Baja RUIZ MARTIN, Jesus	97		C.D.N.Arahal									-

Prueba 2 Masc., 1500m Libre 30+
21/03/2026 - 11:18 Resultados

Clasificación	AN										Tiempo	Puntos
1. ARROYO MARTINEZ, Felipe	93		C.N. Dos Hermanas								19:23.34	19,00
50m:	32.00	32.00	450m:	5:35.19	38.69	850m:	10:48.97	39.50	1250m:	16:07.32	40.39	
100m:	1:07.65	35.65	500m:	6:14.02	38.83	900m:	11:28.76	39.79	1300m:	16:47.69	40.37	
150m:	1:44.82	37.17	550m:	6:52.48	38.46	950m:	12:08.61	39.85	1350m:	17:27.59	39.90	
200m:	2:23.16	38.34	600m:	7:31.81	39.33	1000m:	12:48.41	39.80	1400m:	18:06.71	39.12	
250m:	3:01.37	38.21	650m:	8:11.24	39.43	1050m:	13:27.51	39.10	1450m:	18:44.90	38.19	
300m:	3:39.68	38.31	700m:	8:50.77	39.53	1100m:	14:07.16	39.65	1500m:	19:23.34	38.44	
350m:	4:17.93	38.25	750m:	9:29.80	39.03	1150m:	14:46.78	39.62				
400m:	4:56.50	38.57	800m:	10:09.47	39.67	1200m:	15:26.93	40.15				
2. PALACIOS PEREZ, Enrique	95		Club Natacion Pedrera								20:43.86	16,00
50m:	34.72	34.72	450m:	6:01.25	41.60	850m:	11:35.07	41.38	1250m:	17:12.86	42.37	
100m:	1:13.47	38.75	500m:	6:43.13	41.88	900m:	12:17.76	42.69	1300m:	17:55.06	42.20	
150m:	1:53.76	40.29	550m:	7:25.11	41.98	950m:	12:58.79	41.03	1350m:	18:37.27	42.21	
200m:	2:34.19	40.43	600m:	8:06.87	41.76	1000m:	13:40.77	41.98	1400m:	19:20.52	43.25	
250m:	3:15.94	41.75	650m:	8:47.93	41.06	1050m:	14:23.43	42.66	1450m:	20:02.14	41.62	
300m:	3:56.77	40.83	700m:	9:30.25	42.32	1100m:	15:05.25	41.82	1500m:	20:43.86	41.72	
350m:	4:38.18	41.41	750m:	10:11.91	41.66	1150m:	15:47.83	42.58				
400m:	5:19.65	41.47	800m:	10:53.69	41.78	1200m:	16:30.49	42.66				
3. VIA HEREDIA, Victoriano	96		C.N. Cadiz								21:41.33	14,00
50m:	36.65	36.65	450m:	6:17.27	43.35	850m:	12:07.81	43.76	1250m:	18:01.30	44.26	
100m:	1:16.55	39.90	500m:	7:00.79	43.52	900m:	12:51.61	43.80	1300m:	18:45.15	43.85	
150m:	1:57.41	40.86	550m:	7:45.38	44.59	950m:	13:36.08	44.47	1350m:	19:30.05	44.90	
200m:	2:39.38	41.97	600m:	8:28.52	43.14	1000m:	14:20.98	44.90	1400m:	20:14.64	44.59	
250m:	3:22.15	42.77	650m:	9:11.85	43.33	1050m:	15:05.57	44.59	1450m:	20:58.54	43.90	
300m:	4:05.81	43.66	700m:	9:56.18	44.33	1100m:	15:50.51	44.94	1500m:	21:41.33	42.79	
350m:	4:50.03	44.22	750m:	10:39.85	43.67	1150m:	16:33.78	43.27				
400m:	5:33.92	43.89	800m:	11:24.05	44.20	1200m:	17:17.04	43.26				
4. MONTERO LOPEZ, Pedro	93		C.N. Portuense								23:56.21	13,00
50m:	36.69	36.69	450m:	6:51.67	49.16	850m:	13:26.17	48.52	1250m:	19:56.88	48.48	
100m:	1:18.93	42.24	500m:	7:40.92	49.25	900m:	14:15.65	49.48	1300m:	20:46.74	49.86	
150m:	2:04.15	45.22	550m:	8:31.03	50.11	950m:	15:04.08	48.43	1350m:	21:35.09	48.35	
200m:	2:49.66	45.51	600m:	9:21.11	50.08	1000m:	15:53.48	49.40	1400m:	22:24.77	49.68	
250m:	3:37.32	47.66	650m:	10:11.17	50.06	1050m:	16:42.32	48.84	1450m:	23:13.05	48.28	
300m:	4:25.17	47.85	700m:	10:59.83	48.66	1100m:	17:31.28	48.96	1500m:	23:56.21	43.16	
350m:	5:13.76	48.59	750m:	11:48.74	48.91	1150m:	18:20.46	49.18				
400m:	6:02.51	48.75	800m:	12:37.65	48.91	1200m:	19:08.40	47.94				

Prueba 2, Masc., 1500m Libre

Prueba 2
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Masc., 1500m Libre

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Resultados

Clasificación	AN				Tempo	Puntos	
1. MORENO PONTES, Pedro Jose	89	Natacion Sevilla Master, C.D.		19:14.41	19,00		
50m: 32.38	32.38	450m: 5:34.53	38.74	850m: 10:48.60	39.36	1250m: 16:01.79	39.07
100m: 1:07.70	35.32	500m: 6:13.46	38.93	900m: 11:27.73	39.13	1300m: 16:41.97	40.18
150m: 1:44.83	37.13	550m: 6:52.79	39.33	950m: 12:07.06	39.33	1350m: 17:21.41	39.44
200m: 2:22.35	37.52	600m: 7:32.07	39.28	1000m: 12:46.45	39.39	1400m: 18:00.60	39.19
250m: 3:00.47	38.12	650m: 8:11.30	39.23	1050m: 13:25.70	39.25	1450m: 18:38.91	38.31
300m: 3:38.67	38.20	700m: 8:50.71	39.41	1100m: 14:04.85	39.15	1500m: 19:14.41	35.50
350m: 4:17.33	38.66	750m: 9:30.01	39.30	1150m: 14:43.95	39.10		
400m: 4:55.79	38.46	800m: 10:09.24	39.23	1200m: 15:22.72	38.77		
2. SANCHEZ AVELLANO, Rafael	89	C.D.N. Cordoba		20:00.20	16,00		
50m: 32.92	32.92	450m: 5:36.45	38.93	850m: 10:52.21	39.90	1250m: 16:26.98	44.79
100m: 1:08.72	35.80	500m: 6:15.75	39.30	900m: 11:32.22	40.01	1300m: 17:12.59	45.61
150m: 1:45.82	37.10	550m: 6:55.26	39.51	950m: 12:12.60	40.38	1350m: 17:51.66	39.07
200m: 2:23.51	37.69	600m: 7:34.62	39.36	1000m: 12:52.20	39.60	1400m: 18:38.12	46.46
250m: 3:01.78	38.27	650m: 8:13.93	39.31	1050m: 13:31.93	39.73	1450m: 19:22.65	44.53
300m: 3:40.08	38.30	700m: 8:53.34	39.41	1100m: 14:11.44	39.51	1500m: 20:00.20	37.55
350m: 4:18.40	38.32	750m: 9:32.90	39.56	1150m: 14:56.58	45.14		
400m: 4:57.52	39.12	800m: 10:12.31	39.41	1200m: 15:42.19	45.61		
3. RUIZ SOLARTE, Eduardo	90	Universidad De Granada		20:09.61	14,00		
50m: 35.24	35.24	450m: 5:50.64	40.23	850m: 11:16.34	41.32	1250m: 16:48.15	41.33
100m: 1:13.31	38.07	500m: 6:30.66	40.02	900m: 11:57.61	41.27	1300m: 17:29.65	41.50
150m: 1:52.18	38.87	550m: 7:10.98	40.32	950m: 12:39.10	41.49	1350m: 18:11.07	41.42
200m: 2:31.12	38.94	600m: 7:51.61	40.63	1000m: 13:20.71	41.61	1400m: 18:52.12	41.05
250m: 3:10.53	39.41	650m: 8:32.30	40.69	1050m: 14:02.18	41.47	1450m: 19:32.12	40.00
300m: 3:50.14	39.61	700m: 9:13.10	40.80	1100m: 14:43.67	41.49	1500m: 20:09.61	37.49
350m: 4:30.20	40.06	750m: 9:54.29	41.19	1150m: 15:25.15	41.48		
400m: 5:10.41	40.21	800m: 10:35.02	40.73	1200m: 16:06.82	41.67		
4. DIAZ CABELLO, Nacho	91	C.D.N. Huetor Tajar		20:46.59	13,00		
50m: 33.70	33.70	450m: 5:55.77	42.62	850m: 11:38.58	42.83	1250m: 17:18.08	42.50
100m: 1:10.26	36.56	500m: 6:38.22	42.45	900m: 12:21.64	43.06	1300m: 17:59.83	41.75
150m: 1:48.20	37.94	550m: 7:21.03	42.81	950m: 13:04.10	42.46	1350m: 18:42.59	42.76
200m: 2:27.87	39.67	600m: 8:03.56	42.53	1000m: 13:46.39	42.29	1400m: 19:24.83	42.24
250m: 3:08.10	40.23	650m: 8:47.08	43.52	1050m: 14:28.59	42.20	1450m: 20:06.83	42.00
300m: 3:49.89	41.79	700m: 9:30.24	43.16	1100m: 15:11.26	42.67	1500m: 20:46.59	39.76
350m: 4:31.14	41.25	750m: 10:13.03	42.79	1150m: 15:53.28	42.02		
400m: 5:13.15	42.01	800m: 10:55.75	42.72	1200m: 16:35.58	42.30		
5. GONZALEZ ALCAIDE, Manuel	88	C.N. Montilla		24:59.53	12,00		
50m: 43.18	43.18	450m: 7:35.64	51.13	850m: 14:25.24	51.09	1250m: 21:03.98	47.73
100m: 1:32.51	49.33	500m: 8:26.85	51.21	900m: 15:16.16	50.92	1300m: 21:51.46	47.48
150m: 2:23.45	50.94	550m: 9:17.36	50.51	950m: 16:07.16	51.00	1350m: 22:38.99	47.53
200m: 3:15.47	52.02	600m: 10:08.62	51.26	1000m: 16:57.64	50.48	1400m: 23:26.67	47.68
250m: 4:07.78	52.31	650m: 10:59.80	51.18	1050m: 17:46.97	49.33	1450m: 24:15.27	48.60
300m: 5:00.28	52.50	700m: 11:51.33	51.53	1100m: 18:37.50	50.53	1500m: 24:59.53	44.26
350m: 5:53.23	52.95	750m: 12:42.67	51.34	1150m: 19:27.30	49.80		
400m: 6:44.51	51.28	800m: 13:34.15	51.48	1200m: 20:16.25	48.95		
6. SANTORO, Alessandro	87	C.D. Jerez Natacion Master		25:38.33	11,00		
50m: 43.12	43.12	450m: 7:29.30	52.67	850m: 14:30.78	52.92	1250m: 21:28.86	51.37
100m: 1:29.90	46.78	500m: 8:22.77	53.47	900m: 15:23.60	52.82	1300m: 22:20.61	51.75
150m: 2:19.43	49.53	550m: 9:15.21	52.44	950m: 16:15.17	51.57	1350m: 23:11.52	50.91
200m: 3:10.09	50.66	600m: 10:08.25	53.04	1000m: 17:07.97	52.80	1400m: 24:01.12	49.60
250m: 4:00.44	50.35	650m: 11:00.61	52.36	1050m: 18:00.06	52.09	1450m: 24:51.64	50.52
300m: 4:52.22	51.78	700m: 11:51.92	51.31	1100m: 18:51.72	51.66	1500m: 25:38.33	46.69
350m: 5:44.56	52.34	750m: 12:44.55	52.63	1150m: 19:45.85	54.13		
400m: 6:36.63	52.07	800m: 13:37.86	53.31	1200m: 20:37.49	51.64		

Prueba 2, Masc., 1500m Libre, 35+

Clasificación	AN		Tiempo		Puntos
7. MARQUEZ SEVILLA, Luis Maria	88	C.N. Dos Hermanas	25:41.17	10,00	
50m: 43.36	43.36	450m: 7:29.95	52.16	850m: 14:26.39	50.96
100m: 1:30.32	46.96	500m: 8:22.85	52.90	900m: 15:19.14	52.75
150m: 2:19.68	49.36	550m: 9:15.40	52.55	950m: 16:11.51	52.37
200m: 3:10.14	50.46	600m: 10:06.52	51.12	1000m: 17:03.89	52.38
250m: 4:01.10	50.96	650m: 10:59.84	53.32	1050m: 17:55.82	51.93
300m: 4:53.66	52.56	700m: 11:52.35	52.51	1100m: 18:48.07	52.25
350m: 5:45.86	52.20	750m: 12:44.05	51.70	1150m: 19:41.83	53.76
400m: 6:37.79	51.93	800m: 13:35.43	51.38	1200m: 20:34.63	52.80
8. PULIDO CASAS, Carlos Manuel	91	C.D. Jerez Natacion Master	26:12.49	9,00	
50m: 42.31	42.31	450m: 7:32.94	53.19	850m: 14:44.13	54.69
100m: 1:29.74	47.43	500m: 8:26.40	53.46	900m: 15:36.24	52.11
150m: 2:20.44	50.70	550m: 9:20.55	54.15	950m: 16:30.56	54.32
200m: 3:11.01	50.57	600m: 10:14.62	54.07	1000m: 17:23.45	52.89
250m: 4:02.27	51.26	650m: 11:08.39	53.77	1050m: 18:16.39	52.94
300m: 4:54.28	52.01	700m: 12:01.33	52.94	1100m: 19:09.21	52.82
350m: 5:47.05	52.77	750m: 12:55.74	54.41	1150m: 20:03.38	54.17
400m: 6:39.75	52.70	800m: 13:49.44	53.70	1200m: 20:56.50	53.12

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Resultados

Clasificación	AN		Tiempo		Puntos
1. SERRANO VAZQUEZ, Pedro	84	C.D.N. Cordoba	17:15.15	19,00	
50m: 30.89	30.89	450m: 5:00.46	34.17	850m: 9:37.52	35.01
100m: 1:04.04	33.15	500m: 5:34.51	34.05	900m: 10:13.16	35.64
150m: 1:37.26	33.22	550m: 6:08.98	34.47	950m: 10:48.13	34.97
200m: 2:10.94	33.68	600m: 6:43.41	34.43	1000m: 11:23.78	35.65
250m: 2:44.71	33.77	650m: 7:18.02	34.61	1050m: 11:58.64	34.86
300m: 3:18.47	33.76	700m: 7:52.65	34.63	1100m: 12:33.82	35.18
350m: 3:52.50	34.03	750m: 8:27.17	34.52	1150m: 13:08.93	35.11
400m: 4:26.29	33.79	800m: 9:02.51	35.34	1200m: 13:44.45	35.52
2. MAESTRA GARCIA, Cecilio	82	C.D. Jerez Natacion Master	19:13.98	16,00	
50m: 34.61	34.61	450m: 5:38.53	38.91	850m: 10:48.75	38.87
100m: 1:10.89	36.28	500m: 6:17.11	38.58	900m: 11:27.73	38.98
150m: 1:48.03	37.14	550m: 6:55.86	38.75	950m: 12:06.63	38.90
200m: 2:25.60	37.57	600m: 7:34.43	38.57	1000m: 12:45.50	38.87
250m: 3:03.76	38.16	650m: 8:13.38	38.95	1050m: 13:24.67	39.17
300m: 3:42.35	38.59	700m: 8:52.11	38.73	1100m: 14:03.61	38.94
350m: 4:20.67	38.32	750m: 9:30.97	38.86	1150m: 14:42.54	38.93
400m: 4:59.62	38.95	800m: 10:09.88	38.91	1200m: 15:21.40	38.86
3. ARAGON VELA, Jeronimo	82	C.N. Armilla	19:42.90	14,00	
50m: 34.58	34.58	450m: 5:43.89	39.22	850m: 11:02.61	39.88
100m: 1:11.59	37.01	500m: 6:23.06	39.17	900m: 11:42.53	39.92
150m: 1:49.83	38.24	550m: 7:02.75	39.69	950m: 12:22.51	39.98
200m: 2:28.28	38.45	600m: 7:42.52	39.77	1000m: 13:02.29	39.78
250m: 3:07.26	38.98	650m: 8:22.52	40.00	1050m: 13:41.98	39.69
300m: 3:46.33	39.07	700m: 9:02.51	39.99	1100m: 14:22.17	40.19
350m: 4:25.60	39.27	750m: 9:42.52	40.01	1150m: 15:02.20	40.03
400m: 5:04.67	39.07	800m: 10:22.73	40.21	1200m: 15:42.45	40.25
4. FERNANDEZ CAÑETE, Aldir	84	C.D. Indea	20:08.39	13,00	
50m: 31.12	31.12	450m: 5:42.57	40.29	850m: 11:10.72	41.40
100m: 1:07.37	36.25	500m: 6:23.37	40.80	900m: 11:52.28	41.56
150m: 1:45.26	37.89	550m: 7:04.08	40.71	950m: 12:33.91	41.63
200m: 2:23.78	38.52	600m: 7:44.82	40.74	1000m: 13:15.57	41.66
250m: 3:02.53	38.75	650m: 8:25.95	41.13	1050m: 13:57.26	41.69
300m: 3:42.08	39.55	700m: 9:06.94	40.99	1100m: 14:38.87	41.61
350m: 4:22.15	40.07	750m: 9:48.16	41.22	1150m: 15:20.15	41.28
400m: 5:02.28	40.13	800m: 10:29.32	41.16	1200m: 16:01.75	41.60

Prueba 2, Masc., 1500m Libre, 40+

Clasificación	AN		Tiempo		Puntos
5. MORENTE HIDALGO, Alvaro	85	Club Natacion Las Gabias	20:10.69	12,00	
50m: 35.37	35.37	450m: 5:50.90	40.24	850m: 11:17.48	41.18
100m: 1:13.06	37.69	500m: 6:31.18	40.28	900m: 11:58.46	40.98
150m: 1:52.33	39.27	550m: 7:11.54	40.36	950m: 12:39.80	41.34
200m: 2:31.50	39.17	600m: 7:52.20	40.66	1000m: 13:21.25	41.45
250m: 3:10.93	39.43	650m: 8:33.23	41.03	1050m: 14:02.64	41.39
300m: 3:50.57	39.64	700m: 9:14.39	41.16	1100m: 14:44.40	41.76
350m: 4:30.33	39.76	750m: 9:55.36	40.97	1150m: 15:25.82	41.42
400m: 5:10.66	40.33	800m: 10:36.30	40.94	1200m: 16:08.31	42.49
				1250m: 16:49.80	41.49
				1300m: 17:31.52	41.72
				1350m: 18:12.94	41.42
				1400m: 18:54.06	41.12
				1450m: 19:34.39	40.33
				1500m: 20:10.69	36.30

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Resultados

Clasificación	AN		Tiempo		Puntos
1. LARA COBANO, Jose Joaquin	79	C.D.N.Arahal	21:15.63	19,00	
50m: 36.69	36.69	450m: 6:14.89	43.68	850m: 11:58.70	42.92
100m: 1:17.11	40.42	500m: 6:57.27	42.38	900m: 12:41.72	43.02
150m: 1:59.21	42.10	550m: 7:39.45	42.18	950m: 13:24.45	42.73
200m: 2:41.19	41.98	600m: 8:22.52	43.07	1000m: 14:07.32	42.87
250m: 3:23.57	42.38	650m: 9:06.22	43.70	1050m: 14:51.20	43.88
300m: 4:05.65	42.08	700m: 9:49.58	43.36	1100m: 15:34.48	43.28
350m: 4:48.35	42.70	750m: 10:32.39	42.81	1150m: 16:17.51	43.03
400m: 5:31.21	42.86	800m: 11:15.78	43.39	1200m: 17:01.02	43.51
				1250m: 17:43.20	42.18
				1300m: 18:26.40	43.20
				1350m: 19:08.86	42.46
				1400m: 19:51.84	42.98
				1450m: 20:35.07	43.23
				1500m: 21:15.63	40.56
2. MORENO SANCHEZ, Ruben	77	Natacion Sevilla Master, C.D.	23:01.90	16,00	
50m: 38.30	38.30	450m: 6:38.74	46.14	850m: 12:51.96	47.16
100m: 1:20.98	42.68	500m: 7:25.22	46.48	900m: 13:39.26	47.30
150m: 2:05.19	44.21	550m: 8:11.24	46.02	950m: 14:26.71	47.45
200m: 2:49.63	44.44	600m: 8:57.78	46.54	1000m: 15:15.18	48.47
250m: 3:34.61	44.98	650m: 9:44.41	46.63	1050m: 16:02.06	46.88
300m: 4:20.55	45.94	700m: 10:31.03	46.62	1100m: 16:48.73	46.67
350m: 5:06.28	45.73	750m: 11:17.73	46.70	1150m: 17:35.61	46.88
400m: 5:52.60	46.32	800m: 12:04.80	47.07	1200m: 18:22.47	46.86
				1250m: 19:09.60	47.13
				1300m: 19:56.56	46.96
				1350m: 20:43.92	47.36
				1400m: 21:31.01	47.09
				1450m: 22:17.06	46.05
				1500m: 23:01.90	44.84
3. MARTINEZ NOSEA, Rafael	77	Natacion Sevilla Master, C.D.	23:59.55	14,00	
50m: 42.92	42.92	450m: 7:10.00	47.82	850m: 13:34.77	47.17
100m: 1:30.01	47.09	500m: 7:58.71	48.71	900m: 14:23.27	48.50
150m: 2:17.39	47.38	550m: 8:46.82	48.11	950m: 15:11.31	48.04
200m: 3:06.17	48.78	600m: 9:36.84	50.02	1000m: 15:59.79	48.48
250m: 3:55.42	49.25	650m: 10:24.24	47.40	1050m: 16:47.96	48.17
300m: 4:45.14	49.72	700m: 11:11.99	47.75	1100m: 17:37.23	49.27
350m: 5:33.93	48.79	750m: 11:59.05	47.06	1150m: 18:25.19	47.96
400m: 6:22.18	48.25	800m: 12:47.60	48.55	1200m: 19:14.20	49.01
				1250m: 20:01.81	47.61
				1300m: 20:50.71	48.90
				1350m: 21:38.18	47.47
				1400m: 22:26.39	48.21
				1450m: 23:13.18	46.79
				1500m: 23:59.55	46.37
4. SANCHEZ GUTIERREZ, Luis Miguel	77	C.D. Jerez Natacion Master	25:08.28	13,00	
50m: 43.19	43.19	450m: 7:28.65	50.62	850m: 14:16.40	50.94
100m: 1:31.61	48.42	500m: 8:18.14	49.49	900m: 15:07.74	51.34
150m: 2:22.10	50.49	550m: 9:10.01	51.87	950m: 15:57.43	49.69
200m: 3:12.93	50.83	600m: 10:00.51	50.50	1000m: 16:47.85	50.42
250m: 4:04.42	51.49	650m: 10:50.76	50.25	1050m: 17:38.26	50.41
300m: 4:57.36	52.94	700m: 11:42.64	51.88	1100m: 18:28.84	50.58
350m: 5:47.73	50.37	750m: 12:33.96	51.32	1150m: 19:19.37	50.53
400m: 6:38.03	50.30	800m: 13:25.46	51.50	1200m: 20:10.31	50.94
				1250m: 21:00.84	50.53
				1300m: 21:51.42	50.58
				1350m: 22:41.96	50.54
				1400m: 23:32.67	50.71
				1450m: 24:21.71	49.04
				1500m: 25:08.28	46.57
5. GALA GONZALEZ, Luis Manuel	78	C.D. Indea	26:03.65	12,00	
50m: 46.63	46.63	450m: 7:49.80	52.36	850m: 14:51.03	52.39
100m: 1:39.67	53.04	500m: 8:41.47	51.67	900m: 15:43.00	51.97
150m: 2:32.39	52.72	550m: 9:33.96	52.49	950m: 16:36.19	53.19
200m: 3:25.57	53.18	600m: 10:27.37	53.41	1000m: 17:29.16	52.97
250m: 4:18.71	53.14	650m: 11:19.35	51.98	1050m: 18:21.02	51.86
300m: 5:10.82	52.11	700m: 12:12.90	53.55	1100m: 19:12.79	51.77
350m: 6:04.15	53.33	750m: 13:05.77	52.87	1150m: 20:04.94	52.15
400m: 6:57.44	53.29	800m: 13:58.64	52.87	1200m: 20:57.33	52.39
				1250m: 21:49.30	51.97
				1300m: 22:41.06	51.76
				1350m: 23:32.90	51.84
				1400m: 24:24.14	51.24
				1450m: 25:15.64	51.50
				1500m: 26:03.65	48.01

Prueba 2, Masc., 1500m Libre, 45+

Clasificación	AN	Equipo	Tiempo	Puntos
6.	PALLARES GALLEGO, Alfredo	78 Natacion Sevilla Master, C.D.	29:39.57	11,00
	50m: 46.20 46.20	450m: 8:31.27 59.13	850m: 16:25.94 1:01.08	1250m: 24:29.99 1:04.32
	100m: 1:40.58 54.38	500m: 9:30.09 58.82	900m: 17:25.90 59.96	1300m: 25:33.77 1:03.78
	150m: 2:37.09 56.51	550m: 10:29.10 59.01	950m: 18:27.82 1:01.92	1350m: 26:38.74 1:04.97
	200m: 3:33.66 56.57	600m: 11:26.74 57.64	1000m: 19:28.56 1:00.74	1400m: 27:39.90 1:01.16
	250m: 4:31.93 58.27	650m: 12:24.74 58.00	1050m: 20:26.78 58.22	1450m: 28:44.56 1:04.66
	300m: 5:31.06 59.13	700m: 13:25.86 1:01.12	1100m: 21:25.23 58.45	1500m: 29:39.57 55.01
	350m: 6:32.54 1:01.48	750m: 14:25.33 59.47	1150m: 22:25.07 59.84	
	400m: 7:32.14 59.60	800m: 15:24.86 59.53	1200m: 23:25.67 1:00.60	
Baja	MATEO VIAÑA, Rafael	80 C.D. Jerez Natacion Master		-

Prueba 2 Masc., 1500m Libre 50+
21/03/2026 - 11:18 Resultados

Clasificación	AN	Equipo	Tiempo	Puntos
1.	GARACH GOMEZ, Manuel	74 Universidad De Granada	19:44.78	19,00
	50m: 33.82 33.82	450m: 5:38.83 38.75	850m: 10:53.90 39.76	1250m: 16:24.90 40.82
	100m: 1:10.44 36.62	500m: 6:17.77 38.94	900m: 11:34.01 40.11	1300m: 17:05.71 40.81
	150m: 1:47.86 37.42	550m: 6:56.75 38.98	950m: 12:14.01 40.00	1350m: 17:46.62 40.91
	200m: 2:25.94 38.08	600m: 7:35.84 39.09	1000m: 12:54.20 40.19	1400m: 18:27.15 40.53
	250m: 3:04.24 38.30	650m: 8:15.62 39.78	1050m: 13:34.55 40.35	1450m: 19:06.85 39.70
	300m: 3:42.71 38.47	700m: 8:54.78 39.16	1100m: 14:18.87 44.32	1500m: 19:44.78 37.93
	350m: 4:21.17 38.46	750m: 9:34.44 39.66	1150m: 14:59.32 40.45	
	400m: 5:00.08 38.91	800m: 10:14.14 39.70	1200m: 15:44.08 44.76	
2.	PASTOR RODRIGUEZ, Manuel	76 C.N. Caballa - Ciudad De Ceuta	20:49.41	16,00
	50m: 35.43 35.43	450m: 5:58.49 41.86	850m: 11:35.72 42.76	1250m: 17:18.49 42.15
	100m: 1:13.82 38.39	500m: 6:40.54 42.05	900m: 12:18.71 42.99	1300m: 18:01.22 42.73
	150m: 1:53.13 39.31	550m: 7:22.80 42.26	950m: 13:02.05 43.34	1350m: 18:43.89 42.67
	200m: 2:34.07 40.94	600m: 8:03.69 40.89	1000m: 13:45.21 43.16	1400m: 19:27.04 43.15
	250m: 3:14.12 40.05	650m: 8:46.14 42.45	1050m: 14:28.08 42.87	1450m: 20:09.73 42.69
	300m: 3:54.45 40.33	700m: 9:28.39 42.25	1100m: 15:10.92 42.84	1500m: 20:49.41 39.68
	350m: 4:35.32 40.87	750m: 10:10.66 42.27	1150m: 15:54.39 43.47	
	400m: 5:16.63 41.31	800m: 10:52.96 42.30	1200m: 16:36.34 41.95	
3.	MOLINA CAMPANO, Eduardo Manuel	76 C.N. Utrera	20:58.83	14,00
	50m: 36.02 36.02	450m: 6:00.43 40.97	850m: 11:39.52 43.09	1250m: 17:26.30 43.41
	100m: 1:15.11 39.09	500m: 6:41.61 41.18	900m: 12:22.96 43.44	1300m: 18:08.46 42.16
	150m: 1:55.30 40.19	550m: 7:23.05 41.44	950m: 13:06.64 43.68	1350m: 18:50.99 42.53
	200m: 2:35.58 40.28	600m: 8:04.99 41.94	1000m: 13:49.80 43.16	1400m: 19:34.05 43.06
	250m: 3:16.43 40.85	650m: 8:47.33 42.34	1050m: 14:32.83 43.03	1450m: 20:17.53 43.48
	300m: 3:57.55 41.12	700m: 9:30.24 42.91	1100m: 15:16.49 43.66	1500m: 20:58.83 41.30
	350m: 4:38.21 40.66	750m: 10:13.11 42.87	1150m: 15:59.77 43.28	
	400m: 5:19.46 41.25	800m: 10:56.43 43.32	1200m: 16:42.89 43.12	
4.	RUIZ GUTIERREZ, Mariano	74 Universidad De Granada	21:01.54	13,00
	50m: 36.43 36.43	450m: 6:05.39 41.79	850m: 11:46.01 43.44	1250m: 17:28.26 43.28
	100m: 1:15.13 38.70	500m: 6:47.35 41.96	900m: 12:28.89 42.88	1300m: 18:11.30 43.04
	150m: 1:55.37 40.24	550m: 7:29.39 42.04	950m: 13:11.43 42.54	1350m: 18:54.82 43.52
	200m: 2:36.44 41.07	600m: 8:11.93 42.54	1000m: 13:54.44 43.01	1400m: 19:37.70 42.88
	250m: 3:18.16 41.72	650m: 8:54.81 42.88	1050m: 14:37.11 42.67	1450m: 20:20.52 42.82
	300m: 4:00.11 41.95	700m: 9:37.44 42.63	1100m: 15:19.44 42.33	1500m: 21:01.54 41.02
	350m: 4:41.70 41.59	750m: 10:19.99 42.55	1150m: 16:02.38 42.94	
	400m: 5:23.60 41.90	800m: 11:02.57 42.58	1200m: 16:44.98 42.60	

Prueba 2, Masc., 1500m Libre, 50+

Clasificación	AN		Tiempo		Puntos
5. OLMEDO ROBLEDO, Eduardo	73	Natacion Sevilla Master, C.D.		21:08.06	12,00
50m: 34.66	34.66	450m: 6:04.40	42.31	850m: 11:47.25	43.68
100m: 1:14.24	39.58	500m: 6:46.84	42.44	900m: 12:30.67	43.42
150m: 1:54.98	40.74	550m: 7:29.03	42.19	950m: 13:13.99	43.32
200m: 2:35.70	40.72	600m: 8:11.70	42.67	1000m: 13:57.46	43.47
250m: 3:16.95	41.25	650m: 8:53.92	42.22	1050m: 14:41.34	43.88
300m: 3:58.34	41.39	700m: 9:36.13	42.21	1100m: 15:24.93	43.59
350m: 4:40.03	41.69	750m: 10:19.67	43.54	1150m: 16:08.02	43.09
400m: 5:22.09	42.06	800m: 11:03.57	43.90	1200m: 16:50.93	42.91
6. GARCIA HERMOSO, Bernabe	74	C.N.Master Jaen		21:18.21	11,00
50m: 36.53	36.53	450m: 6:08.90	42.50	850m: 11:52.35	43.27
100m: 1:15.53	39.00	500m: 6:51.72	42.82	900m: 12:36.33	43.98
150m: 1:57.42	41.89	550m: 7:34.11	42.39	950m: 13:20.23	43.90
200m: 2:38.67	41.25	600m: 8:16.75	42.64	1000m: 14:03.96	43.73
250m: 3:20.34	41.67	650m: 8:59.86	43.11	1050m: 14:47.70	43.74
300m: 4:01.85	41.51	700m: 9:42.83	42.97	1100m: 15:30.99	43.29
350m: 4:43.89	42.04	750m: 10:25.95	43.12	1150m: 16:14.67	43.68
400m: 5:26.40	42.51	800m: 11:09.08	43.13	1200m: 16:58.33	43.66
7. CASTILLA GOMEZ, Marco Antonio	73	C.D.N. Cordoba		21:18.34	10,00
50m: 33.57	33.57	450m: 6:06.59	42.19	850m: 11:52.84	44.83
100m: 1:11.72	38.15	500m: 6:49.32	42.73	900m: 12:36.59	43.75
150m: 1:52.95	41.23	550m: 7:32.47	43.15	950m: 13:19.72	43.13
200m: 2:35.18	42.23	600m: 8:15.39	42.92	1000m: 14:03.57	43.85
250m: 3:16.62	41.44	650m: 8:58.45	43.06	1050m: 14:47.43	43.86
300m: 3:59.10	42.48	700m: 9:41.26	42.81	1100m: 15:30.72	43.29
350m: 4:41.50	42.40	750m: 10:24.51	43.25	1150m: 16:14.62	43.90
400m: 5:24.40	42.90	800m: 11:08.01	43.50	1200m: 16:58.51	43.89
8. GARCIA MAESTRE, David	72	C.N. Cadiz		22:01.01	9,00
50m: 38.43	38.43	450m: 6:35.55	46.04	850m: 12:33.47	45.83
100m: 1:21.70	43.27	500m: 7:20.25	44.70	900m: 13:18.31	44.84
150m: 2:05.78	44.08	550m: 8:04.95	44.70	950m: 14:02.11	43.80
200m: 2:49.72	43.94	600m: 8:50.45	45.50	1000m: 14:46.26	44.15
250m: 3:34.81	45.09	650m: 9:34.30	43.85	1050m: 15:30.08	43.82
300m: 4:20.28	45.47	700m: 10:19.09	44.79	1100m: 16:14.20	44.12
350m: 5:04.74	44.46	750m: 11:02.99	43.90	1150m: 16:59.15	44.95
400m: 5:49.51	44.77	800m: 11:47.64	44.65	1200m: 17:43.16	44.01
9. SANCHEZ MONTES, Francisco Jose	74	C.D. Jerez Natacion Master		25:21.94	8,00
50m: 42.18	42.18	450m: 7:23.25	51.63	850m: 14:14.82	51.91
100m: 1:28.41	46.23	500m: 8:14.42	51.17	900m: 15:06.11	51.29
150m: 2:16.89	48.48	550m: 9:05.54	51.12	950m: 15:57.61	51.50
200m: 3:06.01	49.12	600m: 9:57.40	51.86	1000m: 16:49.23	51.62
250m: 3:56.98	50.97	650m: 10:48.66	51.26	1050m: 17:41.58	52.35
300m: 4:48.57	51.59	700m: 11:39.98	51.32	1100m: 18:31.86	50.28
350m: 5:39.19	50.62	750m: 12:31.52	51.54	1150m: 19:23.75	51.89
400m: 6:31.62	52.43	800m: 13:22.91	51.39	1200m: 20:15.91	52.16
10. FAJARDO GOMEZ DE SALAZAR, Anto74)	74	Universidad De Granada		32:21.94	7,00
50m: 55.46	55.46	450m: 9:19.54	1:05.78	850m: 18:09.51	1:05.35
100m: 1:55.98	1:00.52	500m: 10:25.00	1:05.46	900m: 19:15.24	1:05.73
150m: 2:56.41	1:00.43	550m: 11:30.69	1:05.69	950m: 20:21.29	1:06.05
200m: 3:58.45	1:02.04	600m: 12:36.60	1:05.91	1000m: 21:26.97	1:05.68
250m: 5:00.76	1:02.31	650m: 13:42.81	1:06.21	1050m: 22:33.78	1:06.81
300m: 6:05.58	1:04.82	700m: 14:48.97	1:06.16	1100m: 23:41.85	1:08.07
350m: 7:09.39	1:03.81	750m: 15:56.50	1:07.53	1150m: 24:48.26	1:06.41
400m: 8:13.76	1:04.37	800m: 17:04.16	1:07.66	1200m: 25:55.07	1:06.81

Prueba 2, Masc., 1500m Libre, 50+

Clasificación	AN		Tiempo		Puntos						
11. REDONDO OCAÑA, Antonio J.	72	C.D. Natacion Ciudad De Algeciras	33:22.73	6,00							
50m:	56.70	450m:	9:51.24	1:07.00	850m:	18:55.22	1:06.97	1250m:	28:02.52	1:06.54	
100m:	2:01.54	1:04.84	500m:	10:59.89	1:08.65	900m:	20:05.46	1:10.24	1300m:	29:08.08	1:05.56
150m:	3:08.75	1:07.21	550m:	12:08.50	1:08.61	950m:	21:13.47	1:08.01	1350m:	30:12.82	1:04.74
200m:	4:13.28	1:04.53	600m:	13:18.69	1:10.19	1000m:	22:22.35	1:08.88	1400m:	31:20.05	1:07.23
250m:	5:20.09	1:06.81	650m:	14:26.84	1:08.15	1050m:	23:32.77	1:10.42	1450m:	32:26.49	1:06.44
300m:	6:28.94	1:08.85	700m:	15:33.76	1:06.92	1100m:	24:40.20	1:07.43	1500m:	33:22.73	56.24
350m:	7:37.23	1:08.29	750m:	16:40.24	1:06.48	1150m:	25:48.56	1:08.36			
400m:	8:44.24	1:07.01	800m:	17:48.25	1:08.01	1200m:	26:55.98	1:07.42			

Prueba 2
21/03/2026 - 11:18

Masc., 1500m Libre

55+

Resultados

Clasificación	AN		Tiempo		Puntos						
1. ZAFRA BARBERO, David	71	C.N.Master Jaen	19:14.33	24,00	RA						
50m:	33.19	33.19	450m:	5:37.32	38.57	850m:	10:46.25	38.98	1250m:	15:57.92	39.56
100m:	1:09.88	36.69	500m:	6:15.96	38.64	900m:	11:24.84	38.59	1300m:	16:37.68	39.76
150m:	1:47.29	37.41	550m:	6:54.32	38.36	950m:	12:03.55	38.71	1350m:	17:17.02	39.34
200m:	2:25.45	38.16	600m:	7:32.42	38.10	1000m:	12:42.45	38.90	1400m:	17:56.45	39.43
250m:	3:03.68	38.23	650m:	8:10.79	38.37	1050m:	13:21.12	38.67	1450m:	18:36.32	39.87
300m:	3:41.95	38.27	700m:	8:49.89	39.10	1100m:	14:00.02	38.90	1500m:	19:14.33	38.01
350m:	4:20.19	38.24	750m:	9:28.31	38.42	1150m:	14:39.22	39.20			
400m:	4:58.75	38.56	800m:	10:07.27	38.96	1200m:	15:18.36	39.14			
2. GONZALEZ SABIO, Ricardo	71	C.D. Jerez Natacion Master	20:20.34	16,00							
50m:	37.79	37.79	450m:	6:07.97	41.32	850m:	11:34.66	40.16	1250m:	16:59.69	40.70
100m:	1:18.57	40.78	500m:	6:48.67	40.70	900m:	12:15.17	40.51	1300m:	17:39.60	39.91
150m:	1:59.76	41.19	550m:	7:29.57	40.90	950m:	12:55.17	40.00	1350m:	18:20.52	40.92
200m:	2:41.39	41.63	600m:	8:10.57	41.00	1000m:	13:35.96	40.79	1400m:	19:01.57	41.05
250m:	3:22.74	41.35	650m:	8:51.88	41.31	1050m:	14:16.31	40.35	1450m:	19:41.64	40.07
300m:	4:04.03	41.29	700m:	9:32.71	40.83	1100m:	14:57.67	41.36	1500m:	20:20.34	38.70
350m:	4:45.25	41.22	750m:	10:13.77	41.06	1150m:	15:38.51	40.84			
400m:	5:26.65	41.40	800m:	10:54.50	40.73	1200m:	16:18.99	40.48			
3. POLONIO CRUZ, Emilio	68	C.N. Montilla	25:36.37	14,00							
50m:	43.02	43.02	450m:	7:31.46	51.85	850m:	14:27.40	52.21	1250m:	21:22.39	51.61
100m:	1:31.20	48.18	500m:	8:22.04	50.58	900m:	15:19.28	51.88	1300m:	22:14.26	51.87
150m:	2:21.54	50.34	550m:	9:14.77	52.73	950m:	16:11.08	51.80	1350m:	23:06.37	52.11
200m:	3:13.42	51.88	600m:	10:07.38	52.61	1000m:	17:02.84	51.76	1400m:	23:58.43	52.06
250m:	4:05.38	51.96	650m:	10:59.44	52.06	1050m:	17:53.79	50.95	1450m:	24:49.02	50.59
300m:	4:56.49	51.11	700m:	11:50.31	50.87	1100m:	18:46.19	52.40	1500m:	25:36.37	47.35
350m:	5:47.99	51.50	750m:	12:43.28	52.97	1150m:	19:38.64	52.45			
400m:	6:39.61	51.62	800m:	13:35.19	51.91	1200m:	20:30.78	52.14			
4. GARCIA MACIAS, Jose Angel	70	C.D. Jerez Natacion Master	26:57.92	13,00							
50m:	44.40	44.40	450m:	7:46.30	54.54	850m:	15:09.29	56.18	1250m:	22:30.81	56.15
100m:	1:33.18	48.78	500m:	8:40.98	54.68	900m:	16:03.67	54.38	1300m:	23:26.49	55.68
150m:	2:24.58	51.40	550m:	9:36.11	55.13	950m:	16:58.20	54.53	1350m:	24:21.23	54.74
200m:	3:17.22	52.64	600m:	10:31.27	55.16	1000m:	17:53.10	54.90	1400m:	25:15.38	54.15
250m:	4:09.77	52.55	650m:	11:26.94	55.67	1050m:	18:48.51	55.41	1450m:	26:07.99	52.61
300m:	5:02.87	53.10	700m:	12:22.25	55.31	1100m:	19:44.70	56.19	1500m:	26:57.92	49.93
350m:	5:56.81	53.94	750m:	13:17.23	54.98	1150m:	20:39.70	55.00			
400m:	6:51.76	54.95	800m:	14:13.11	55.88	1200m:	21:34.66	54.96			
5. IBAÑEZ ALMENDRO, Carlos	67	Natacion Sevilla Master, C.D.	27:07.30	12,00							
50m:	46.43	46.43	450m:	7:45.27	52.77	850m:	15:04.07	54.93	1250m:	22:28.20	55.96
100m:	1:36.00	49.57	500m:	8:39.84	54.57	900m:	15:59.72	55.65	1300m:	23:23.69	55.49
150m:	2:27.66	51.66	550m:	9:33.70	53.86	950m:	16:55.38	55.66	1350m:	24:19.81	56.12
200m:	3:19.13	51.47	600m:	10:28.11	54.41	1000m:	17:49.77	54.39	1400m:	25:15.24	55.43
250m:	4:12.30	53.17	650m:	11:22.62	54.51	1050m:	18:44.26	54.49	1450m:	26:11.51	56.27
300m:	5:05.70	53.40	700m:	12:18.35	55.73	1100m:	19:39.57	55.31	1500m:	27:07.30	55.79
350m:	5:58.97	53.27	750m:	13:13.29	54.94	1150m:	20:35.22	55.65			
400m:	6:52.50	53.53	800m:	14:09.14	55.85	1200m:	21:32.24	57.02			

Prueba 2, Masc., 1500m Libre, 55+

Clasificación	AN		Tiempo		Puntos
6. GARCIA CUEVAS, Rafael	70	C.D. Jerez Natacion Master	31:23.67	11,00	
50m: 55.46	55.46	450m: 9:03.13	1:01.72	850m: 17:28.81	1:04.30
100m: 1:54.89	59.43	500m: 10:05.17	1:02.04	900m: 18:33.76	1:04.95
150m: 2:55.14	1:00.25	550m: 11:07.44	1:02.27	950m: 19:37.44	1:03.68
200m: 3:55.76	1:00.62	600m: 12:09.72	1:02.28	1000m: 20:42.12	1:04.68
250m: 4:56.05	1:00.29	650m: 13:13.16	1:03.44	1050m: 21:46.21	1:04.09
300m: 5:58.24	1:02.19	700m: 14:16.51	1:03.35	1100m: 22:50.98	1:04.77
350m: 6:59.81	1:01.57	750m: 15:20.30	1:03.79	1150m: 23:54.89	1:03.91
400m: 8:01.41	1:01.60	800m: 16:24.51	1:04.21	1200m: 24:59.03	1:04.14

Prueba 2
21/03/2026 - 11:18

Masc., 1500m Libre

60+

Resultados

Clasificación	AN		Tiempo		Puntos
1. ARMENDIA MARTINEZ, Joseba Inaki	64	C.D.Resist4	21:14.75	19,00	
50m: 40.20	40.20	450m: 6:17.45	42.35	850m: 11:56.99	42.91
100m: 1:22.23	42.03	500m: 7:00.04	42.59	900m: 12:40.00	43.01
150m: 2:04.41	42.18	550m: 7:42.18	42.14	950m: 13:22.79	42.79
200m: 2:46.53	42.12	600m: 8:24.22	42.04	1000m: 14:05.56	42.77
250m: 3:28.71	42.18	650m: 9:06.49	42.27	1050m: 14:48.77	43.21
300m: 4:10.99	42.28	700m: 9:48.92	42.43	1100m: 15:31.54	42.77
350m: 4:52.97	41.98	750m: 10:31.32	42.40	1150m: 16:14.67	43.13
400m: 5:35.10	42.13	800m: 11:14.08	42.76	1200m: 16:57.52	42.85
2. QUEROL FERNANDEZ, Carlos	66	C.D.N. Cordoba	23:07.47	16,00	
50m: 38.95	38.95	450m: 6:43.54	47.19	850m: 13:01.11	47.97
100m: 1:20.49	41.54	500m: 7:30.18	46.64	900m: 13:47.77	46.66
150m: 2:05.22	44.73	550m: 8:17.10	46.92	950m: 14:34.77	47.00
200m: 2:50.59	45.37	600m: 9:04.35	47.25	1000m: 15:21.60	46.83
250m: 3:35.86	45.27	650m: 9:51.51	47.16	1050m: 16:09.25	47.65
300m: 4:21.85	45.99	700m: 10:38.42	46.91	1100m: 16:57.06	47.81
350m: 5:08.67	46.82	750m: 11:25.63	47.21	1150m: 17:43.94	46.88
400m: 5:56.35	47.68	800m: 12:13.14	47.51	1200m: 18:31.64	47.70
3. CLAUDIN MORALES, Victor	63	R.C. Mediterraneo	24:17.61	14,00	
50m: 43.30	43.30	450m: 7:16.76	50.09	850m: 13:48.53	49.13
100m: 1:31.61	48.31	500m: 8:05.70	48.94	900m: 14:37.12	48.59
150m: 2:19.58	47.97	550m: 8:55.34	49.64	950m: 15:25.16	48.04
200m: 3:08.59	49.01	600m: 9:43.92	48.58	1000m: 16:13.41	48.25
250m: 3:57.87	49.28	650m: 10:32.67	48.75	1050m: 17:02.03	48.62
300m: 4:47.16	49.29	700m: 11:21.67	49.00	1100m: 17:50.70	48.67
350m: 5:36.83	49.67	750m: 12:10.35	48.68	1150m: 18:39.75	49.05
400m: 6:26.67	49.84	800m: 12:59.40	49.05	1200m: 19:28.65	48.90
4. MALPICA RUIZ, Ismael	65	C.D. Jerez Natacion Master	24:24.59	13,00	
50m: 43.93	43.93	450m: 7:16.88	50.02	850m: 13:49.86	49.40
100m: 1:32.41	48.48	500m: 8:06.45	49.57	900m: 14:39.05	49.19
150m: 2:21.14	48.73	550m: 8:55.66	49.21	950m: 15:28.08	49.03
200m: 3:10.31	49.17	600m: 9:45.51	49.85	1000m: 16:16.61	48.53
250m: 3:58.72	48.41	650m: 10:34.27	48.76	1050m: 17:06.62	50.01
300m: 4:47.68	48.96	700m: 11:22.47	48.20	1100m: 17:55.33	48.71
350m: 5:36.94	49.26	750m: 12:11.47	49.00	1150m: 18:44.08	48.75
400m: 6:26.86	49.92	800m: 13:00.46	48.99	1200m: 19:32.51	48.43
5. CASTRO AGUILAR, Custodio	63	Universidad De Granada	25:39.65	12,00	
50m: 44.87	44.87	450m: 7:24.71	50.17	850m: 14:10.12	51.23
100m: 1:33.21	48.34	500m: 8:14.69	49.98	900m: 15:02.37	52.25
150m: 2:23.74	50.53	550m: 9:04.71	50.02	950m: 15:53.25	50.88
200m: 3:14.05	50.31	600m: 9:54.48	49.77	1000m: 16:45.73	52.48
250m: 4:04.35	50.30	650m: 10:45.91	51.43	1050m: 17:37.50	51.77
300m: 4:54.62	50.27	700m: 11:37.08	51.17	1100m: 18:29.28	51.78
350m: 5:44.95	50.33	750m: 12:28.51	51.43	1150m: 19:21.34	52.06
400m: 6:34.54	49.59	800m: 13:18.89	50.38	1200m: 20:14.51	53.17

Prueba 2, Masc., 1500m Libre, 60+

Clasificación	AN								Tiempo	Puntos		
6.	RODRIGUEZ GESTOSO, Antonio		62	C.N. Bahia De Cadiz						28:30.87	11,00	
	50m:	46.31	46.31	450m:	8:15.72	58.39	850m:	15:55.69	57.38	1250m:	23:43.36	58.70
	100m:	1:38.10	51.79	500m:	9:13.70	57.98	900m:	16:53.68	57.99	1300m:	24:42.90	59.54
	150m:	2:32.90	54.80	550m:	10:11.07	57.37	950m:	17:51.72	58.04	1350m:	25:41.07	58.17
	200m:	3:29.69	56.79	600m:	11:08.98	57.91	1000m:	18:50.43	58.71	1400m:	26:39.17	58.10
	250m:	4:26.09	56.40	650m:	12:06.28	57.30	1050m:	19:49.06	58.63	1450m:	27:36.51	57.34
	300m:	5:23.18	57.09	700m:	13:03.58	57.30	1100m:	20:47.91	58.85	1500m:	28:30.87	54.36
	350m:	6:20.26	57.08	750m:	14:01.59	58.01	1150m:	21:45.71	57.80			
	400m:	7:17.33	57.07	800m:	14:58.31	56.72	1200m:	22:44.66	58.95			

Prueba 2
21/03/2026 - 11:18

Masc., 1500m Libre

65+

Resultados

Clasificación	AN								Tiempo	Puntos		
1.	RIGUAL DE HEREDIA, Carlos		57	C.D. Jerez Natacion Master						25:11.81	19,00	
	50m:	47.89	47.89	450m:	7:34.19	50.79	850m:	14:23.84	50.55	1250m:	21:07.20	48.63
	100m:	1:37.64	49.75	500m:	8:25.60	51.41	900m:	15:14.74	50.90	1300m:	21:58.33	51.13
	150m:	2:27.49	49.85	550m:	9:16.10	50.50	950m:	16:05.58	50.84	1350m:	22:47.62	49.29
	200m:	3:18.68	51.19	600m:	10:07.78	51.68	1000m:	16:57.14	51.56	1400m:	23:36.96	49.34
	250m:	4:09.73	51.05	650m:	10:59.15	51.37	1050m:	17:46.30	49.16	1450m:	24:25.19	48.23
	300m:	5:00.94	51.21	700m:	11:50.77	51.62	1100m:	18:37.35	51.05	1500m:	25:11.81	46.62
	350m:	5:52.09	51.15	750m:	12:42.34	51.57	1150m:	19:26.72	49.37			
	400m:	6:43.40	51.31	800m:	13:33.29	50.95	1200m:	20:18.57	51.85			
2.	HEBRERO CUEVAS, Constantino		61	C.N. Cadiz						25:21.69	16,00	
	50m:	45.12	45.12	450m:	7:29.38	50.91	850m:	14:17.29	50.44	1250m:	21:07.77	51.10
	100m:	1:34.31	49.19	500m:	8:20.72	51.34	900m:	15:08.81	51.52	1300m:	21:59.42	51.65
	150m:	2:24.38	50.07	550m:	9:12.02	51.30	950m:	15:59.39	50.58	1350m:	22:50.94	51.52
	200m:	3:14.67	50.29	600m:	10:03.16	51.14	1000m:	16:51.20	51.81	1400m:	23:41.72	50.78
	250m:	4:05.43	50.76	650m:	10:54.40	51.24	1050m:	17:41.55	50.35	1450m:	24:33.18	51.46
	300m:	4:56.83	51.40	700m:	11:45.58	51.18	1100m:	18:32.60	51.05	1500m:	25:21.69	48.51
	350m:	5:47.34	50.51	750m:	12:36.17	50.59	1150m:	19:24.65	52.05			
	400m:	6:38.47	51.13	800m:	13:26.85	50.68	1200m:	20:16.67	52.02			
3.	DIAZ RIVERA, Javier		58	C.D. Jerez Natacion Master						25:34.99	14,00	
	50m:	45.54	45.54	450m:	7:38.16	51.59	850m:	14:33.15	51.63	1250m:	21:22.94	50.64
	100m:	1:34.80	49.26	500m:	8:30.10	51.94	900m:	15:25.22	52.07	1300m:	22:14.30	51.36
	150m:	2:25.63	50.83	550m:	9:22.30	52.20	950m:	16:17.04	51.82	1350m:	23:06.26	51.96
	200m:	3:18.33	52.70	600m:	10:13.57	51.27	1000m:	17:08.01	50.97	1400m:	23:57.44	51.18
	250m:	4:10.30	51.97	650m:	11:05.16	51.59	1050m:	17:59.54	51.53	1450m:	24:48.09	50.65
	300m:	5:02.58	52.28	700m:	11:57.23	52.07	1100m:	18:50.17	50.63	1500m:	25:34.99	46.90
	350m:	5:54.61	52.03	750m:	12:49.38	52.15	1150m:	19:40.72	50.55			
	400m:	6:46.57	51.96	800m:	13:41.52	52.14	1200m:	20:32.30	51.58			
4.	COBO REDONDO, Manuel		60	C.N. Dos Hermanas						32:18.74	13,00	
	50m:	57.50	57.50	450m:	9:46.56	1:06.03	850m:	18:28.65	1:04.30	1250m:	27:11.19	1:02.58
	100m:	2:03.67	1:06.17	500m:	10:52.88	1:06.32	900m:	19:34.15	1:05.50	1300m:	28:15.10	1:03.91
	150m:	3:09.79	1:06.12	550m:	11:58.65	1:05.77	950m:	20:40.64	1:06.49	1350m:	29:17.49	1:02.39
	200m:	4:15.72	1:05.93	600m:	13:03.93	1:05.28	1000m:	21:45.94	1:05.30	1400m:	30:20.03	1:02.54
	250m:	5:21.75	1:06.03	650m:	14:08.90	1:04.97	1050m:	22:52.04	1:06.10	1450m:	31:22.27	1:02.24
	300m:	6:28.20	1:06.45	700m:	15:13.87	1:04.97	1100m:	23:57.57	1:05.53	1500m:	32:18.74	56.47
	350m:	7:34.74	1:06.54	750m:	16:19.09	1:05.22	1150m:	25:03.16	1:05.59			
	400m:	8:40.53	1:05.79	800m:	17:24.35	1:05.26	1200m:	26:08.61	1:05.45			

Prueba 2, Masc., 1500m Libre

Prueba 2
21/03/2026 - 11:18

Masc., 1500m Libre

70+
Resultados

Clasificación	AN				Tempo	Puntos
1. BILBAO GARAY, Pedro	55	C.N. Los Barrios			24:52.26	19,00
50m: 44.91 44.91	450m: 7:28.12	50.42	850m: 14:07.33	49.53	1250m: 20:47.00	50.32
100m: 1:33.67 48.76	500m: 8:17.97	49.85	900m: 14:56.51	49.18	1300m: 21:36.97	49.97
150m: 2:23.82 50.15	550m: 9:07.84	49.87	950m: 15:46.44	49.93	1350m: 22:26.90	49.93
200m: 3:14.33 50.51	600m: 9:58.12	50.28	1000m: 16:36.50	50.06	1400m: 23:16.27	49.37
250m: 4:05.45 51.12	650m: 10:47.70	49.58	1050m: 17:26.61	50.11	1450m: 24:05.50	49.23
300m: 4:56.21 50.76	700m: 11:37.97	50.27	1100m: 18:16.28	49.67	1500m: 24:52.26	46.76
350m: 5:47.36 51.15	750m: 12:27.37	49.40	1150m: 19:05.93	49.65		
400m: 6:37.70 50.34	800m: 13:17.80	50.43	1200m: 19:56.68	50.75		
2. PARRADO RAMOS, Antonio	56	C.N. Bahia De Cadiz			26:35.79	16,00
50m: 44.94 44.94	450m: 7:44.35	53.19	850m: 14:52.80	53.21	1250m: 22:11.29	54.87
100m: 1:35.22 50.28	500m: 8:37.21	52.86	900m: 15:47.64	54.84	1300m: 23:05.92	54.63
150m: 2:27.05 51.83	550m: 9:30.63	53.42	950m: 16:42.97	55.33	1350m: 23:58.21	52.29
200m: 3:19.69 52.64	600m: 10:25.31	54.68	1000m: 17:36.73	53.76	1400m: 24:51.97	53.76
250m: 4:11.85 52.16	650m: 11:19.14	53.83	1050m: 18:32.34	55.61	1450m: 25:44.92	52.95
300m: 5:04.87 53.02	700m: 12:12.43	53.29	1100m: 19:27.01	54.67	1500m: 26:35.79	50.87
350m: 5:58.01 53.14	750m: 13:06.14	53.71	1150m: 20:21.50	54.49		
400m: 6:51.16 53.15	800m: 13:59.59	53.45	1200m: 21:16.42	54.92		
3. RIVERO CAMACHO, Jose Maria	52	Natacion Sevilla Master, C.D.			26:44.29	14,00
50m: 48.79 48.79	450m: 7:55.85	54.32	850m: 15:05.48	54.22	1250m: 22:15.04	54.08
100m: 1:40.44 51.65	500m: 8:48.93	53.08	900m: 16:02.04	56.56	1300m: 23:08.78	53.74
150m: 2:34.72 54.28	550m: 9:41.77	52.84	950m: 16:54.08	52.04	1350m: 24:03.48	54.70
200m: 3:27.55 52.83	600m: 10:35.10	53.33	1000m: 17:46.96	52.88	1400m: 24:58.34	54.86
250m: 4:20.67 53.12	650m: 11:29.06	53.96	1050m: 18:40.20	53.24	1450m: 25:51.87	53.53
300m: 5:14.54 53.87	700m: 12:23.13	54.07	1100m: 19:33.17	52.97	1500m: 26:44.29	52.42
350m: 6:07.96 53.42	750m: 13:17.44	54.31	1150m: 20:27.18	54.01		
400m: 7:01.53 53.57	800m: 14:11.26	53.82	1200m: 21:20.96	53.78		

Prueba 2
21/03/2026 - 11:18

Masc., 1500m Libre

75+
Resultados

Clasificación	AN				Tempo	Puntos
1. GARCIA PEREZ, Tomas	51	C.D. Jerez Natacion Master			33:13.54	19,00
50m: 1:01.56 1:01.56	450m: 9:51.41	1:06.68	850m: 18:50.49	1:07.79	1250m: 27:46.49	1:06.00
100m: 2:06.65 1:05.09	500m: 10:58.15	1:06.74	900m: 19:59.74	1:09.25	1300m: 28:53.14	1:06.65
150m: 3:14.17 1:07.52	550m: 12:05.06	1:06.91	950m: 21:05.93	1:06.19	1350m: 29:59.45	1:06.31
200m: 4:19.44 1:05.27	600m: 13:11.27	1:06.21	1000m: 22:13.05	1:07.12	1400m: 31:06.04	1:06.59
250m: 5:26.84 1:07.40	650m: 14:18.39	1:07.12	1050m: 23:20.35	1:07.30	1450m: 32:12.15	1:06.11
300m: 6:32.11 1:05.27	700m: 15:27.63	1:09.24	1100m: 24:26.24	1:05.89	1500m: 33:13.54	1:01.39
350m: 7:37.25 1:05.14	750m: 16:35.59	1:07.96	1150m: 25:33.94	1:07.70		
400m: 8:44.73 1:07.48	800m: 17:42.70	1:07.11	1200m: 26:40.49	1:06.55		

Prueba 2
21/03/2026 - 11:18

Masc., 1500m Libre

85+
Resultados

Clasificación	AN				Tempo	Puntos
Baja	CANALES DE MENDOZA, Joaquin M ^a	40	R.C. Mediterraneo			-

2 - 1ª Jornada - 2ª Sesión

21/03/2026

Prueba 3 Fem., 800m Libre 20+
21/03/2026 - 16:15 Resultados

Clasificación	AN							Tiempo	Puntos		
1. FALCES MENA, Mar	04	C.N. Los Barrios						11:25.68	19,00		
50m:	38.29	38.29	250m:	3:28.08	43.04	450m:	6:21.12	43.23	650m:	9:16.30	43.90
100m:	1:19.46	41.17	300m:	4:11.34	43.26	500m:	7:04.66	43.54	700m:	10:00.10	43.80
150m:	2:02.04	42.58	350m:	4:54.71	43.37	550m:	7:48.36	43.70	750m:	10:43.69	43.59
200m:	2:45.04	43.00	400m:	5:37.89	43.18	600m:	8:32.40	44.04	800m:	11:25.68	41.99

Prueba 3 Fem., 800m Libre 25+
21/03/2026 - 16:15 Resultados

Clasificación	AN							Tiempo	Puntos		
1. RIOS GUERRERO, Ariadna	01	C.D. Jerez Natacion Master						11:15.65	19,00		
50m:	38.37	38.37	250m:	3:25.01	42.30	450m:	6:17.16	43.06	650m:	9:08.54	42.81
100m:	1:18.96	40.59	300m:	4:08.24	43.23	500m:	7:00.32	43.16	700m:	9:52.01	43.47
150m:	2:00.55	41.59	350m:	4:51.01	42.77	550m:	7:43.03	42.71	750m:	10:34.40	42.39
200m:	2:42.71	42.16	400m:	5:34.10	43.09	600m:	8:25.73	42.70	800m:	11:15.65	41.25

Prueba 3 Fem., 800m Libre 30+
21/03/2026 - 16:15 Resultados

Clasificación	AN							Tiempo	Puntos		
1. CUENCA JIMENEZ, Elia Maria	96	C.D.N. Cordoba						10:51.94	19,00		
50m:	34.96	34.96	250m:	3:14.65	41.13	450m:	6:00.51	41.32	650m:	8:48.16	42.27
100m:	1:13.61	38.65	300m:	3:55.81	41.16	500m:	6:41.98	41.47	700m:	9:30.46	42.30
150m:	1:53.30	39.69	350m:	4:37.65	41.84	550m:	7:24.13	42.15	750m:	10:12.66	42.20
200m:	2:33.52	40.22	400m:	5:19.19	41.54	600m:	8:05.89	41.76	800m:	10:51.94	39.28

Prueba 3 Fem., 800m Libre 35+
21/03/2026 - 16:15 Resultados

Clasificación	AN							Tiempo	Puntos		
1. MEJIAS PEREZ, Elena	90	Natacion Sevilla Master, C.D.						12:30.51	19,00		
50m:	40.84	40.84	250m:	3:45.00	47.19	450m:	6:55.57	47.64	650m:	10:09.56	49.26
100m:	1:25.14	44.30	300m:	4:32.16	47.16	500m:	7:43.99	48.42	700m:	10:58.17	48.61
150m:	2:10.81	45.67	350m:	5:19.99	47.83	550m:	8:32.36	48.37	750m:	11:46.27	48.10
200m:	2:57.81	47.00	400m:	6:07.93	47.94	600m:	9:20.30	47.94	800m:	12:30.51	44.24

Prueba 3 Fem., 800m Libre 40+
21/03/2026 - 16:15 Resultados

Clasificación	AN							Tiempo	Puntos		
1. MORIANA MARTIN, Fatima	82	C.D. Jerez Natacion Master						11:11.86	19,00		
50m:	37.40	37.40	250m:	3:24.74	42.81	450m:	6:16.49	42.77	650m:	9:07.23	42.56
100m:	1:17.94	40.54	300m:	4:07.86	43.12	500m:	6:59.49	43.00	700m:	9:49.62	42.39
150m:	1:59.64	41.70	350m:	4:50.72	42.86	550m:	7:42.08	42.59	750m:	10:31.75	42.13
200m:	2:41.93	42.29	400m:	5:33.72	43.00	600m:	8:24.67	42.59	800m:	11:11.86	40.11

Prueba 3, Fem., 800m Libre, 40+

Clasificación	AN		Tiempo Puntos								
2. PADILLA GARCIA, Carmen Maria	85	Universidad De Granada	14:23.88 16,00								
50m:	46.63	46.63	250m:	4:21.56	54.81	450m:	8:01.98	55.75	650m:	11:44.36	54.58
100m:	1:38.23	51.60	300m:	5:15.78	54.22	500m:	8:57.02	55.04	700m:	12:40.95	56.59
150m:	2:31.90	53.67	350m:	6:10.56	54.78	550m:	9:53.25	56.23	750m:	13:34.22	53.27
200m:	3:26.75	54.85	400m:	7:06.23	55.67	600m:	10:49.78	56.53	800m:	14:23.88	49.66

Prueba 3 Fem., 800m Libre 45+
21/03/2026 - 16:15 Resultados

Clasificación	AN		Tiempo Puntos								
1. CAÑADAS LOPEZ, Maria Isabel	78	C.D. Jerez Natacion Master	11:10.39 19,00								
50m:	39.07	39.07	250m:	3:26.88	42.46	450m:	6:16.11	42.51	650m:	9:05.60	41.93
100m:	1:20.63	41.56	300m:	4:08.92	42.04	500m:	6:59.14	43.03	700m:	9:47.70	42.10
150m:	2:02.52	41.89	350m:	4:51.40	42.48	550m:	7:41.32	42.18	750m:	10:29.53	41.83
200m:	2:44.42	41.90	400m:	5:33.60	42.20	600m:	8:23.67	42.35	800m:	11:10.39	40.86
2. BURON FERNANDEZ, Lola	81	C.D.N. Cordoba	12:41.73 16,00								
50m:	41.05	41.05	250m:	3:51.08	48.44	450m:	7:07.11	49.68	650m:	10:23.59	48.53
100m:	1:26.97	45.92	300m:	4:40.07	48.99	500m:	7:56.11	49.00	700m:	11:11.17	47.58
150m:	2:14.77	47.80	350m:	5:29.01	48.94	550m:	8:45.07	48.96	750m:	11:57.77	46.60
200m:	3:02.64	47.87	400m:	6:17.43	48.42	600m:	9:35.06	49.99	800m:	12:41.73	43.96

Prueba 3 Fem., 800m Libre 50+
21/03/2026 - 16:15 Resultados

Clasificación	AN		Tiempo Puntos								
1. CALVENTE NINATSAKI, Lidia	74	Natacion Sevilla Master, C.D.	12:57.96 19,00								
50m:	42.77	42.77	250m:	3:55.17	49.21	450m:	7:14.11	48.88	650m:	10:30.40	48.74
100m:	1:29.22	46.45	300m:	4:44.66	49.49	500m:	8:03.09	48.98	700m:	11:20.29	49.89
150m:	2:17.02	47.80	350m:	5:34.76	50.10	550m:	8:52.42	49.33	750m:	12:09.98	49.69
200m:	3:05.96	48.94	400m:	6:25.23	50.47	600m:	9:41.66	49.24	800m:	12:57.96	47.98
2. LORITE COBO, Amelia	75	C.N.Master Jaen	13:06.85 16,00								
50m:	43.84	43.84	250m:	3:58.54	49.44	450m:	7:20.02	50.69	650m:	10:40.08	49.72
100m:	1:31.21	47.37	300m:	4:48.76	50.22	500m:	8:10.34	50.32	700m:	11:29.81	49.73
150m:	2:19.95	48.74	350m:	5:39.08	50.32	550m:	9:00.40	50.06	750m:	12:19.16	49.35
200m:	3:09.10	49.15	400m:	6:29.33	50.25	600m:	9:50.36	49.96	800m:	13:06.85	47.69
3. AGUILERA DIAZ, Natalia	74	C.N. Cadiz	15:43.76 14,00								
50m:	50.58	50.58	250m:	4:46.69	59.27	450m:	8:50.25	1:00.55	650m:	12:50.33	59.95
100m:	1:48.90	58.32	300m:	5:46.49	59.80	500m:	9:50.86	1:00.61	700m:	13:49.65	59.32
150m:	2:48.32	59.42	350m:	6:48.32	1:01.83	550m:	10:50.85	59.99	750m:	14:49.22	59.57
200m:	3:47.42	59.10	400m:	7:49.70	1:01.38	600m:	11:50.38	59.53	800m:	15:43.76	54.54

Prueba 3 Fem., 800m Libre 55+
21/03/2026 - 16:15 Resultados

Clasificación	AN		Tiempo Puntos								
1. OLMEDO ROBLEDO, Isabel	69	Natacion Sevilla Master, C.D.	11:51.16 24,00 RA								
50m:	39.33	39.33	250m:	3:35.29	44.36	450m:	6:34.06	45.10	650m:	9:34.85	45.78
100m:	1:22.36	43.03	300m:	4:20.07	44.78	500m:	7:18.73	44.67	700m:	10:20.98	46.13
150m:	2:06.60	44.24	350m:	5:04.56	44.49	550m:	8:03.55	44.82	750m:	11:07.10	46.12
200m:	2:50.93	44.33	400m:	5:48.96	44.40	600m:	8:49.07	45.52	800m:	11:51.16	44.06

Prueba 3, Fem., 800m Libre, 55+

Clasificación	AN		Tiempo								Puntos	
2. GAY MICHAEL, Angela	70		C.D.Resist4								13:49.52	16,00
50m:	43.66	43.66	250m:	4:06.43	51.94	450m:	7:39.13	53.56	650m:	11:12.28	53.19	
100m:	1:31.64	47.98	300m:	4:58.96	52.53	500m:	8:31.76	52.63	700m:	12:06.40	54.12	
150m:	2:23.19	51.55	350m:	5:51.82	52.86	550m:	9:25.08	53.32	750m:	13:00.01	53.61	
200m:	3:14.49	51.30	400m:	6:45.57	53.75	600m:	10:19.09	54.01	800m:	13:49.52	49.51	
3. ARROYO ARBOLEDA, Carmen	67		C.D. Jerez Natacion Master								15:13.38	14,00
50m:	51.44	51.44	250m:	4:44.09	59.25	450m:	8:36.30	58.39	650m:	12:27.04	57.71	
100m:	1:48.16	56.72	300m:	5:42.48	58.39	500m:	9:34.06	57.76	700m:	13:24.15	57.11	
150m:	2:46.96	58.80	350m:	6:40.54	58.06	550m:	10:32.04	57.98	750m:	14:21.76	57.61	
200m:	3:44.84	57.88	400m:	7:37.91	57.37	600m:	11:29.33	57.29	800m:	15:13.38	51.62	
4. SANTIAGO JUAN, Esther	68		C.D. Jerez Natacion Master								15:41.45	13,00
50m:	49.30	49.30	250m:	4:35.73	57.42	450m:	8:24.59	58.38	650m:	12:40.27	1:02.13	
100m:	1:44.37	55.07	300m:	5:32.85	57.12	500m:	9:33.54	1:08.95	700m:	13:42.32	1:02.05	
150m:	2:41.68	57.31	350m:	6:29.70	56.85	550m:	10:35.75	1:02.21	750m:	14:45.02	1:02.70	
200m:	3:38.31	56.63	400m:	7:26.21	56.51	600m:	11:38.14	1:02.39	800m:	15:41.45	56.43	

Prueba 3

Fem., 800m Libre

60+

21/03/2026 - 16:15

Resultados

Clasificación	AN		Tiempo								Puntos	
1. ASTORGA MOYA DE LA TORRE, Mari64	az C.D.N. Cordoba										13:31.32	19,00
50m:	46.44	46.44	250m:	4:08.84	51.50	450m:	7:35.98	51.56	650m:	11:00.76	50.85	
100m:	1:35.37	48.93	300m:	5:00.91	52.07	500m:	8:26.81	50.83	700m:	11:51.63	50.87	
150m:	2:25.95	50.58	350m:	5:52.71	51.80	550m:	9:18.43	51.62	750m:	12:42.43	50.80	
200m:	3:17.34	51.39	400m:	6:44.42	51.71	600m:	10:09.91	51.48	800m:	13:31.32	48.89	
2. CORDAL CASTRO, Ma Angeles	66		Natacion Sevilla Master, C.D.								14:14.02	16,00
50m:	47.64	47.64	250m:	4:20.67	53.69	450m:	7:55.87	54.11	650m:	11:33.69	53.97	
100m:	1:39.45	51.81	300m:	5:14.26	53.59	500m:	8:50.31	54.44	700m:	12:27.64	53.95	
150m:	2:33.04	53.59	350m:	6:08.39	54.13	550m:	9:44.83	54.52	750m:	13:22.11	54.47	
200m:	3:26.98	53.94	400m:	7:01.76	53.37	600m:	10:39.72	54.89	800m:	14:14.02	51.91	

Prueba 3

Fem., 800m Libre

65+

21/03/2026 - 16:15

Resultados

Clasificación	AN		Tiempo								Puntos	
1. OCHOA SANCHEZ, Carmen	61		Natacion Sevilla Master, C.D.								13:47.51	19,00
50m:	44.75	44.75	250m:	4:07.55	51.37	450m:	7:35.22	52.40	650m:	11:08.75	53.45	
100m:	1:33.05	48.30	300m:	4:59.26	51.71	500m:	8:29.02	53.80	700m:	12:01.16	52.41	
150m:	2:24.61	51.56	350m:	5:51.05	51.79	550m:	9:22.10	53.08	750m:	12:55.49	54.33	
200m:	3:16.18	51.57	400m:	6:42.82	51.77	600m:	10:15.30	53.20	800m:	13:47.51	52.02	
2. JARQUE MULERO, Elena	61		Natacion Sevilla Master, C.D.								15:57.21	16,00
50m:	52.52	52.52	250m:	4:49.14	1:00.64	450m:	8:53.53	1:01.45	650m:	12:59.69	1:00.57	
100m:	1:50.15	57.63	300m:	5:49.81	1:00.67	500m:	9:54.40	1:00.87	700m:	13:59.11	59.42	
150m:	2:49.70	59.55	350m:	6:50.51	1:00.70	550m:	10:56.92	1:02.52	750m:	14:59.88	1:00.77	
200m:	3:48.50	58.80	400m:	7:52.08	1:01.57	600m:	11:59.12	1:02.20	800m:	15:57.21	57.33	

Prueba 3, Fem., 800m Libre

Prueba 3 Fem., 800m Libre 70+
21/03/2026 - 16:15 Resultados

Clasificación	AN						Tiempo	Puntos
1. SMYTH, Anne	53		C.D.Resist4				19:21.93	19,00
50m: 1:03.22	1:03.22	250m: 5:57.87	1:14.61	450m: 10:52.43	1:13.04	650m: 15:47.25	1:14.22	
100m: 2:15.97	1:12.75	300m: 7:12.09	1:14.22	500m: 12:04.86	1:12.43	700m: 16:59.89	1:12.64	
150m: 3:29.63	1:13.66	350m: 8:25.58	1:13.49	550m: 13:19.61	1:14.75	750m: 18:11.68	1:11.79	
200m: 4:43.26	1:13.63	400m: 9:39.39	1:13.81	600m: 14:33.03	1:13.42	800m: 19:21.93	1:10.25	

Prueba 4 Masc., 800m Libre 20+
21/03/2026 - 17:19 Resultados

Clasificación	AN						Tiempo	Puntos
1. PAYAN PINTOR, Julio	06		C.N. Utrera				9:30.39	19,00
50m: 30.78	30.78	250m: 2:47.39	35.24	450m: 5:11.89	36.36	650m: 7:40.45	37.76	
100m: 1:03.73	32.95	300m: 3:23.30	35.91	500m: 5:48.66	36.77	700m: 8:17.25	36.80	
150m: 1:37.38	33.65	350m: 3:59.32	36.02	550m: 6:25.33	36.67	750m: 8:53.91	36.66	
200m: 2:12.15	34.77	400m: 4:35.53	36.21	600m: 7:02.69	37.36	800m: 9:30.39	36.48	
2. ORDOÑEZ GALAN, Eduardo	06		C.D.N.Arahal				11:42.92	16,00
50m: 34.00	34.00	250m: 3:20.21	43.79	450m: 6:24.60	46.98	650m: 9:29.91	45.69	
100m: 1:12.23	38.23	300m: 4:05.72	45.51	500m: 7:11.23	46.63	700m: 10:15.76	45.85	
150m: 1:53.31	41.08	350m: 4:51.44	45.72	550m: 7:57.94	46.71	750m: 10:59.88	44.12	
200m: 2:36.42	43.11	400m: 5:37.62	46.18	600m: 8:44.22	46.28	800m: 11:42.92	43.04	

Baja CASTRO GARCIA, Juan Carlos 02 C.N. Utrera -

Prueba 4 Masc., 800m Libre 25+
21/03/2026 - 17:19 Resultados

Clasificación	AN						Tiempo	Puntos
1. RIOS LUQUE, Alberto	99		C.N. Montilla				9:56.55	19,00
50m: 32.58	32.58	250m: 2:58.73	37.05	450m: 5:29.63	37.85	650m: 8:02.85	38.10	
100m: 1:08.01	35.43	300m: 3:36.39	37.66	500m: 6:08.00	38.37	700m: 8:41.46	38.61	
150m: 1:44.76	36.75	350m: 4:14.10	37.71	550m: 6:46.33	38.33	750m: 9:20.23	38.77	
200m: 2:21.68	36.92	400m: 4:51.78	37.68	600m: 7:24.75	38.42	800m: 9:56.55	36.32	

Prueba 4 Masc., 800m Libre 30+
21/03/2026 - 17:19 Resultados

Clasificación	AN						Tiempo	Puntos
1. ARROYO MARTINEZ, Felipe	93		C.N. Dos Hermanas				9:47.29	19,00
50m: 32.05	32.05	250m: 2:58.88	37.37	450m: 5:29.89	37.40	650m: 8:00.76	37.16	
100m: 1:07.90	35.85	300m: 3:36.71	37.83	500m: 6:07.23	37.34	700m: 8:37.60	36.84	
150m: 1:44.44	36.54	350m: 4:14.76	38.05	550m: 6:45.37	38.14	750m: 9:13.72	36.12	
200m: 2:21.51	37.07	400m: 4:52.49	37.73	600m: 7:23.60	38.23	800m: 9:47.29	33.57	
2. CÁCERES PINTOR, Sergio	94		C.N. Almeria				9:59.42	-
50m: 32.28	32.28	250m: 2:57.10	37.46	450m: 5:29.69	38.42	650m: 8:04.82	39.10	
100m: 1:07.10	34.82	300m: 3:34.72	37.62	500m: 6:08.05	38.36	700m: 8:43.85	39.03	
150m: 1:43.14	36.04	350m: 4:12.83	38.11	550m: 6:46.79	38.74	750m: 9:22.60	38.75	
200m: 2:19.64	36.50	400m: 4:51.27	38.44	600m: 7:25.72	38.93	800m: 9:59.42	36.82	

Prueba 4, Masc., 800m Libre, 30+

Clasificación	AN										Tiempo	Puntos		
3.	PANEQUE CARMONA, Jaime		95		Natacion Sevilla Master, C.D.								11:23.47	16,00
	50m:	36.46	36.46	250m:	3:23.54	42.29	450m:	6:16.57	43.97	650m:	9:13.90	45.02		
	100m:	1:16.89	40.43	300m:	4:06.03	42.49	500m:	7:00.60	44.03	700m:	9:58.32	44.42		
	150m:	1:58.77	41.88	350m:	4:48.61	42.58	550m:	7:44.20	43.60	750m:	10:42.70	44.38		
	200m:	2:41.25	42.48	400m:	5:32.60	43.99	600m:	8:28.88	44.68	800m:	11:23.47	40.77		

Prueba 4 Masc., 800m Libre 35+
21/03/2026 - 17:19 Resultados

Clasificación	AN										Tiempo	Puntos		
1.	SANCHEZ AVELLANO, Rafael		89		C.D.N. Cordoba								9:54.96	19,00
	50m:	32.48	32.48	250m:	2:59.38	37.91	450m:	5:31.47	38.18	650m:	8:04.61	38.14		
	100m:	1:07.65	35.17	300m:	3:37.13	37.75	500m:	6:09.88	38.41	700m:	8:42.69	38.08		
	150m:	1:44.33	36.68	350m:	4:15.30	38.17	550m:	6:48.48	38.60	750m:	9:19.96	37.27		
	200m:	2:21.47	37.14	400m:	4:53.29	37.99	600m:	7:26.47	37.99	800m:	9:54.96	35.00		
2.	MORENO PONTES, Pedro Jose		89		Natacion Sevilla Master, C.D.								10:06.61	16,00
	50m:	32.00	32.00	250m:	3:00.58	38.15	450m:	5:35.25	39.04	650m:	8:10.62	38.78		
	100m:	1:07.71	35.71	300m:	3:38.78	38.20	500m:	6:14.31	39.06	700m:	8:49.67	39.05		
	150m:	1:44.86	37.15	350m:	4:17.81	39.03	550m:	6:53.20	38.89	750m:	9:28.25	38.58		
	200m:	2:22.43	37.57	400m:	4:56.21	38.40	600m:	7:31.84	38.64	800m:	10:06.61	38.36		
3.	LLOPIS ORTIZ, Antonio		87		Natacion Sevilla Master, C.D.								10:16.97	14,00
	50m:	32.80	32.80	250m:	2:59.54	37.52	450m:	5:33.05	38.95	650m:	8:16.14	41.06		
	100m:	1:08.18	35.38	300m:	3:37.54	38.00	500m:	6:13.23	40.18	700m:	8:58.24	42.10		
	150m:	1:44.68	36.50	350m:	4:15.37	37.83	550m:	6:54.15	40.92	750m:	9:39.46	41.22		
	200m:	2:22.02	37.34	400m:	4:54.10	38.73	600m:	7:35.08	40.93	800m:	10:16.97	37.51		
4.	LEAL VALERA, Daniel		90		C.D. Jerez Natacion Master								10:21.24	13,00
	50m:	34.16	34.16	250m:	3:06.08	38.75	450m:	5:43.75	39.85	650m:	8:24.09	40.31		
	100m:	1:11.05	36.89	300m:	3:45.15	39.07	500m:	6:23.78	40.03	700m:	9:03.65	39.56		
	150m:	1:48.89	37.84	350m:	4:24.15	39.00	550m:	7:03.60	39.82	750m:	9:42.97	39.32		
	200m:	2:27.33	38.44	400m:	5:03.90	39.75	600m:	7:43.78	40.18	800m:	10:21.24	38.27		
5.	SUAREZ MARTIN, Adrian		91		C.D.N.Arahal								12:07.66	12,00
	50m:	34.88	34.88	250m:	3:21.52	43.43	450m:	6:28.18	47.47	650m:	9:42.51	48.60		
	100m:	1:14.36	39.48	300m:	4:06.82	45.30	500m:	7:16.83	48.65	700m:	10:32.21	49.70		
	150m:	1:56.18	41.82	350m:	4:53.44	46.62	550m:	8:05.00	48.17	750m:	11:20.17	47.96		
	200m:	2:38.09	41.91	400m:	5:40.71	47.27	600m:	8:53.91	48.91	800m:	12:07.66	47.49		

Prueba 4 Masc., 800m Libre 40+
21/03/2026 - 17:19 Resultados

Clasificación	AN										Tiempo	Puntos		
1.	SERRANO VAZQUEZ, Pedro		84		C.D.N. Cordoba								8:57.10	24,00 RA
	50m:	30.47	30.47	250m:	2:42.48	33.32	450m:	4:57.30	33.80	650m:	7:15.00	34.45		
	100m:	1:02.80	32.33	300m:	3:15.69	33.21	500m:	5:31.52	34.22	700m:	7:49.66	34.66		
	150m:	1:35.75	32.95	350m:	3:49.61	33.92	550m:	6:06.04	34.52	750m:	8:23.87	34.21		
	200m:	2:09.16	33.41	400m:	4:23.50	33.89	600m:	6:40.55	34.51	800m:	8:57.10	33.23		
2.	MARTIN NAVARRO, Andres		82		C.N. Utrera								9:57.73	16,00
	50m:	31.85	31.85	250m:	2:58.55	37.44	450m:	5:28.87	37.36	650m:	8:02.39	38.62		
	100m:	1:07.26	35.41	300m:	3:36.35	37.80	500m:	6:06.86	37.99	700m:	8:41.47	39.08		
	150m:	1:43.74	36.48	350m:	4:13.93	37.58	550m:	6:45.10	38.24	750m:	9:21.03	39.56		
	200m:	2:21.11	37.37	400m:	4:51.51	37.58	600m:	7:23.77	38.67	800m:	9:57.73	36.70		

Prueba 4, Masc., 800m Libre, 40+

Clasificación	AN								Tiempo	Puntos		
3.	FERNANDEZ CAÑETE, Aldir		84	C.D. Indea						10:07.64	14,00	
	50m:	32.01	32.01	250m:	3:01.86	38.61	450m:	5:38.11	38.99	650m:	8:14.84	39.20
	100m:	1:07.68	35.67	300m:	3:40.46	38.60	500m:	6:16.97	38.86	700m:	8:53.34	38.50
	150m:	1:45.00	37.32	350m:	4:19.92	39.46	550m:	6:56.59	39.62	750m:	9:31.74	38.40
	200m:	2:23.25	38.25	400m:	4:59.12	39.20	600m:	7:35.64	39.05	800m:	10:07.64	35.90
4.	MORENTE HIDALGO, Alvaro		85	Club Natacion Las Gabias						10:16.68	13,00	
	50m:	34.86	34.86	250m:	3:10.25	39.08	450m:	5:48.23	39.15	650m:	8:24.38	39.39
	100m:	1:12.61	37.75	300m:	3:50.19	39.94	500m:	6:27.05	38.82	700m:	9:02.87	38.49
	150m:	1:51.86	39.25	350m:	4:29.84	39.65	550m:	7:06.25	39.20	750m:	9:41.05	38.18
	200m:	2:31.17	39.31	400m:	5:09.08	39.24	600m:	7:44.99	38.74	800m:	10:16.68	35.63
5.	LAGARES GONZALEZ, Juan Manuel		83	C.D.N. Cordoba						10:56.71	12,00	
	50m:	38.31	38.31	250m:	3:21.97	40.93	450m:	6:07.95	41.81	650m:	8:55.99	42.12
	100m:	1:19.02	40.71	300m:	4:03.26	41.29	500m:	6:49.71	41.76	700m:	9:37.45	41.46
	150m:	2:00.21	41.19	350m:	4:44.66	41.40	550m:	7:32.09	42.38	750m:	10:18.65	41.20
	200m:	2:41.04	40.83	400m:	5:26.14	41.48	600m:	8:13.87	41.78	800m:	10:56.71	38.06
6.	FOSAS DE PANDO, Miguel Angel		86	C.N. Cadiz						16:23.79	11,00	
	50m:	56.86	56.86	250m:	5:02.16	1:01.96	450m:	9:13.22	1:01.69	650m:	13:22.43	1:03.17
	100m:	1:57.71	1:00.85	300m:	6:05.34	1:03.18	500m:	10:15.76	1:02.54	700m:	14:24.28	1:01.85
	150m:	2:57.86	1:00.15	350m:	7:08.02	1:02.68	550m:	11:16.89	1:01.13	750m:	15:26.86	1:02.58
	200m:	4:00.20	1:02.34	400m:	8:11.53	1:03.51	600m:	12:19.26	1:02.37	800m:	16:23.79	56.93

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Masc., 800m Libre

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Resultados

Clasificación	AN								Tiempo	Puntos		
1.	LARA COBANO, Jose Joaquin		79	C.D.N.Arahal						10:59.17	19,00	
	50m:	37.05	37.05	250m:	3:22.72	41.58	450m:	6:09.74	41.92	650m:	8:57.95	41.69
	100m:	1:17.47	40.42	300m:	4:04.45	41.73	500m:	6:51.94	42.20	700m:	9:39.21	41.26
	150m:	1:59.16	41.69	350m:	4:46.11	41.66	550m:	7:33.64	41.70	750m:	10:19.73	40.52
	200m:	2:41.14	41.98	400m:	5:27.82	41.71	600m:	8:16.26	42.62	800m:	10:59.17	39.44
2.	EXPOSITO LABELLA, Juan Rafael		77	C.D. Indea						11:09.96	16,00	
	50m:	38.50	38.50	250m:	3:25.37	42.69	450m:	6:16.90	42.75	650m:	9:05.46	41.51
	100m:	1:19.24	40.74	300m:	4:08.39	43.02	500m:	6:59.54	42.64	700m:	9:47.88	42.42
	150m:	2:00.90	41.66	350m:	4:51.60	43.21	550m:	7:41.84	42.30	750m:	10:30.28	42.40
	200m:	2:42.68	41.78	400m:	5:34.15	42.55	600m:	8:23.95	42.11	800m:	11:09.96	39.68
3.	AROCA HENARES, Antonio		79	Bahia De Almeria N.C						11:33.84	14,00	
	50m:	38.03	38.03	250m:	3:24.39	42.90	450m:	6:21.17	45.03	650m:	9:20.56	44.99
	100m:	1:18.05	40.02	300m:	4:08.01	43.62	500m:	7:05.83	44.66	700m:	10:05.72	45.16
	150m:	1:59.42	41.37	350m:	4:52.01	44.00	550m:	7:50.83	45.00	750m:	10:50.06	44.34
	200m:	2:41.49	42.07	400m:	5:36.14	44.13	600m:	8:35.57	44.74	800m:	11:33.84	43.78
4.	CARRERA ARMARIO, Jorge		80	C.N. Dos Hermanas						11:41.33	13,00	
	50m:	37.29	37.29	250m:	3:26.37	44.05	450m:	6:25.05	45.42	650m:	9:27.25	45.16
	100m:	1:17.42	40.13	300m:	4:10.69	44.32	500m:	7:10.58	45.53	700m:	10:12.51	45.26
	150m:	1:59.17	41.75	350m:	4:55.31	44.62	550m:	7:56.15	45.57	750m:	10:58.60	46.09
	200m:	2:42.32	43.15	400m:	5:39.63	44.32	600m:	8:42.09	45.94	800m:	11:41.33	42.73
5.	MORENO SANCHEZ, Ruben		77	Natacion Sevilla Master, C.D.						11:53.15	12,00	
	50m:	38.40	38.40	250m:	3:33.60	45.10	450m:	6:36.79	46.24	650m:	9:40.00	45.57
	100m:	1:20.75	42.35	300m:	4:18.64	45.04	500m:	7:22.62	45.83	700m:	10:25.75	45.75
	150m:	2:04.30	43.55	350m:	5:04.44	45.80	550m:	8:08.53	45.91	750m:	11:11.12	45.37
	200m:	2:48.50	44.20	400m:	5:50.55	46.11	600m:	8:54.43	45.90	800m:	11:53.15	42.03
6.	PALLARES GALLEGU, Alfredo		78	Natacion Sevilla Master, C.D.						14:59.99	11,00	
	50m:	44.48	44.48	250m:	4:24.96	57.14	450m:	8:20.49	59.53	650m:	12:12.67	56.91
	100m:	1:36.40	51.92	300m:	5:23.86	58.90	500m:	9:18.45	57.96	700m:	13:10.63	57.96
	150m:	2:30.57	54.17	350m:	6:22.30	58.44	550m:	10:17.97	59.52	750m:	14:07.41	56.78
	200m:	3:27.82	57.25	400m:	7:20.96	58.66	600m:	11:15.76	57.79	800m:	14:59.99	52.58

Prueba 4, Masc., 800m Libre

Prueba 4
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Masc., 800m Libre

50+
Resultados

Clasificación	AN		Tiempo		Puntos
1. GARACH GOMEZ, Manuel	74	Universidad De Granada	9:57.62	19,00	
50m: 32.91 32.91	250m: 3:01.26	38.23 450m: 5:35.36 38.66	650m: 8:09.14	37.91	
100m: 1:08.61 35.70	300m: 3:39.70	38.44 500m: 6:13.94 38.58	700m: 8:46.78	37.64	
150m: 1:45.62 37.01	350m: 4:18.06	38.36 550m: 6:52.58 38.64	750m: 9:23.40	36.62	
200m: 2:23.03 37.41	400m: 4:56.70	38.64 600m: 7:31.23 38.65	800m: 9:57.62	34.22	
2. MACARRO SANCHO, Jesus	74	Natacion Sevilla Master, C.D.	10:31.88	16,00	
50m: 33.76 33.76	250m: 3:09.03	40.16 450m: 5:49.96 39.85	650m: 8:32.47	40.26	
100m: 1:10.63 36.87	300m: 3:49.55	40.52 500m: 6:30.67 40.71	700m: 9:13.00	40.53	
150m: 1:49.16 38.53	350m: 4:30.09	40.54 550m: 7:11.61 40.94	750m: 9:53.14	40.14	
200m: 2:28.87 39.71	400m: 5:10.11	40.02 600m: 7:52.21 40.60	800m: 10:31.88	38.74	
3. RUIZ GUTIERREZ, Mariano	74	Universidad De Granada	10:41.71	14,00	
50m: 35.94 35.94	250m: 3:16.43	40.97 450m: 6:00.05 41.25	650m: 8:45.14	40.69	
100m: 1:14.99 39.05	300m: 3:57.57	41.14 500m: 6:41.47 41.42	700m: 9:25.31	40.17	
150m: 1:54.96 39.97	350m: 4:38.31	40.74 550m: 7:23.18 41.71	750m: 10:04.14	38.83	
200m: 2:35.46 40.50	400m: 5:18.80	40.49 600m: 8:04.45 41.27	800m: 10:41.71	37.57	
4. OLMEDO ROBLEDO, Eduardo	73	Natacion Sevilla Master, C.D.	10:48.31	13,00	
50m: 35.72 35.72	250m: 3:15.89	40.51 450m: 5:59.44 41.32	650m: 8:45.60	41.58	
100m: 1:14.96 39.24	300m: 3:56.71	40.82 500m: 6:40.52 41.08	700m: 9:27.44	41.84	
150m: 1:54.90 39.94	350m: 4:37.35	40.64 550m: 7:22.35 41.83	750m: 10:08.56	41.12	
200m: 2:35.38 40.48	400m: 5:18.12	40.77 600m: 8:04.02 41.67	800m: 10:48.31	39.75	
5. GARCIA HERMOSO, Bernabe	74	C.N.Master Jaen	10:52.61	12,00	
50m: 38.06 38.06	250m: 3:20.85	41.23 450m: 6:04.98 40.80	650m: 8:49.76	41.12	
100m: 1:18.39 40.33	300m: 4:02.00	41.15 500m: 6:46.38 41.40	700m: 9:31.12	41.36	
150m: 1:59.28 40.89	350m: 4:43.40	41.40 550m: 7:27.55 41.17	750m: 10:12.16	41.04	
200m: 2:39.62 40.34	400m: 5:24.18	40.78 600m: 8:08.64 41.09	800m: 10:52.61	40.45	
6. CASTILLA GOMEZ, Marco Antonio	73	C.D.N. Cordoba	11:13.90	11,00	
50m: 36.41 36.41	250m: 3:21.49	42.00 450m: 6:14.84 44.90	650m: 9:09.14	43.20	
100m: 1:16.20 39.79	300m: 4:03.86	42.37 500m: 6:58.83 43.99	700m: 9:51.46	42.32	
150m: 1:57.65 41.45	350m: 4:46.62	42.76 550m: 7:42.31 43.48	750m: 10:33.65	42.19	
200m: 2:39.49 41.84	400m: 5:29.94	43.32 600m: 8:25.94 43.63	800m: 11:13.90	40.25	
7. GARCIA MAESTRE, David	72	C.N. Cadiz	11:18.00	10,00	
50m: 37.78 37.78	250m: 3:27.36	42.93 450m: 6:19.93 42.89	650m: 9:13.08	43.75	
100m: 1:19.13 41.35	300m: 4:09.84	42.48 500m: 7:02.88 42.95	700m: 9:56.35	43.27	
150m: 2:01.50 42.37	350m: 4:53.29	43.45 550m: 7:45.79 42.91	750m: 10:39.52	43.17	
200m: 2:44.43 42.93	400m: 5:37.04	43.75 600m: 8:29.33 43.54	800m: 11:18.00	38.48	
8. PEÑA JIMENEZ, Javier	74	C.N. Cadiz	12:05.39	9,00	
50m: 39.45 39.45	250m: 3:39.23	45.99 450m: 6:46.38 46.29	650m: 9:50.23	45.77	
100m: 1:22.82 43.37	300m: 4:26.16	46.93 500m: 7:32.60 46.22	700m: 10:36.25	46.02	
150m: 2:07.84 45.02	350m: 5:12.81	46.65 550m: 8:18.28 45.68	750m: 11:21.32	45.07	
200m: 2:53.24 45.40	400m: 6:00.09	47.28 600m: 9:04.46 46.18	800m: 12:05.39	44.07	
9. PEREZ CRUZ, Jose Carlos	74	C.N. Montilla	12:37.51	8,00	
50m: 42.25 42.25	250m: 3:51.06	48.53 450m: 7:05.44 48.31	650m: 10:19.28	48.45	
100m: 1:27.48 45.23	300m: 4:39.44	48.38 500m: 7:54.34 48.90	700m: 11:07.33	48.05	
150m: 2:14.75 47.27	350m: 5:28.20	48.76 550m: 8:43.17 48.83	750m: 11:54.66	47.33	
200m: 3:02.53 47.78	400m: 6:17.13	48.93 600m: 9:30.83 47.66	800m: 12:37.51	42.85	
10. FAJARDO GOMEZ DE SALAZAR, Anto	74	Universidad De Granada	15:53.54	7,00	
50m: 51.18 51.18	250m: 4:46.19	1:01.35 450m: 8:50.08 1:00.49	650m: 12:52.20	59.68	
100m: 1:47.40 56.22	300m: 5:46.94	1:00.75 500m: 9:50.92 1:00.84	700m: 13:52.87	1:00.67	
150m: 2:45.03 57.63	350m: 6:48.65	1:01.71 550m: 10:52.46 1:01.54	750m: 14:55.08	1:02.21	
200m: 3:44.84 59.81	400m: 7:49.59	1:00.94 600m: 11:52.52 1:00.06	800m: 15:53.54	58.46	

Prueba 4, Masc., 800m Libre

Prueba 4
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Masc., 800m Libre

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Resultados

Clasificación	AN	Equipo	Tiempo	Puntos
1.	FERNANDEZ PASTOR, Joaquin	68 Natacion Sevilla Master, C.D.	10:42.85	19,00
	50m: 37.03 37.03	250m: 3:18.35 40.86	450m: 6:01.48 40.78	650m: 8:44.58 40.98
	100m: 1:16.70 39.67	300m: 3:59.20 40.85	500m: 6:41.93 40.45	700m: 9:25.29 40.71
	150m: 1:57.01 40.31	350m: 4:39.74 40.54	550m: 7:22.62 40.69	750m: 10:05.92 40.63
	200m: 2:37.49 40.48	400m: 5:20.70 40.96	600m: 8:03.60 40.98	800m: 10:42.85 36.93
2.	BARQUERO SERRANO, Antonio Manu	68 C.D. Indea	11:16.81	16,00
	50m: 37.57 37.57	250m: 3:24.36 42.45	450m: 6:17.42 43.49	650m: 9:09.84 42.83
	100m: 1:18.00 40.43	300m: 4:07.13 42.77	500m: 7:00.54 43.12	700m: 9:53.13 43.29
	150m: 1:59.53 41.53	350m: 4:50.26 43.13	550m: 7:43.73 43.19	750m: 10:35.71 42.58
	200m: 2:41.91 42.38	400m: 5:33.93 43.67	600m: 8:27.01 43.28	800m: 11:16.81 41.10
3.	POLONIO CRUZ, Emilio	68 C.N. Montilla	13:17.48	14,00
	50m: 43.33 43.33	250m: 4:02.36 50.37	450m: 7:26.00 51.46	650m: 10:48.97 50.41
	100m: 1:31.65 48.32	300m: 4:52.60 50.24	500m: 8:16.99 50.99	700m: 11:39.88 50.91
	150m: 2:21.84 50.19	350m: 5:43.85 51.25	550m: 9:07.43 50.44	750m: 12:30.49 50.61
	200m: 3:11.99 50.15	400m: 6:34.54 50.69	600m: 9:58.56 51.13	800m: 13:17.48 46.99

Prueba 4
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Masc., 800m Libre

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Resultados

Clasificación	AN	Equipo	Tiempo	Puntos
1.	ARMENDIA MARTINEZ, Joseba Inaki	64 C.D.Resist4	10:59.81	19,00
	50m: 39.18 39.18	250m: 3:23.92 41.66	450m: 6:10.10 41.57	650m: 8:55.69 41.49
	100m: 1:19.87 40.69	300m: 4:05.32 41.40	500m: 6:51.66 41.56	700m: 9:37.33 41.64
	150m: 2:01.13 41.26	350m: 4:46.60 41.28	550m: 7:32.69 41.03	750m: 10:19.07 41.74
	200m: 2:42.26 41.13	400m: 5:28.53 41.93	600m: 8:14.20 41.51	800m: 10:59.81 40.74
2.	QUEROL FERNANDEZ, Carlos	66 C.D.N. Cordoba	11:55.61	16,00
	50m: 37.65 37.65	250m: 3:30.30 45.14	450m: 6:33.73 45.87	650m: 9:37.98 45.86
	100m: 1:18.52 40.87	300m: 4:15.92 45.62	500m: 7:20.27 46.54	700m: 10:24.62 46.64
	150m: 2:01.68 43.16	350m: 5:01.78 45.86	550m: 8:06.03 45.76	750m: 11:11.16 46.54
	200m: 2:45.16 43.48	400m: 5:47.86 46.08	600m: 8:52.12 46.09	800m: 11:55.61 44.45
3.	ALCALA AGUILAR, Andres	65 C.D.N.Arahal	12:18.92	14,00
	50m: 39.83 39.83	250m: 3:39.75 46.87	450m: 6:48.74 47.25	650m: 9:58.80 48.04
	100m: 1:22.67 42.84	300m: 4:27.08 47.33	500m: 7:36.52 47.78	700m: 10:47.11 48.31
	150m: 2:07.20 44.53	350m: 5:14.25 47.17	550m: 8:23.86 47.34	750m: 11:34.79 47.68
	200m: 2:52.88 45.68	400m: 6:01.49 47.24	600m: 9:10.76 46.90	800m: 12:18.92 44.13
4.	CLAUDIN MORALES, Victor	63 R.C. Mediterraneo	12:53.52	13,00
	50m: 43.29 43.29	250m: 3:58.58 49.11	450m: 7:14.91 49.10	650m: 10:30.65 49.05
	100m: 1:31.18 47.89	300m: 4:47.53 48.95	500m: 8:03.94 49.03	700m: 11:19.61 48.96
	150m: 2:20.16 48.98	350m: 5:37.05 49.52	550m: 8:52.54 48.60	750m: 12:07.92 48.31
	200m: 3:09.47 49.31	400m: 6:25.81 48.76	600m: 9:41.60 49.06	800m: 12:53.52 45.60
5.	CASTRO AGUILAR, Custodio	63 Universidad De Granada	13:16.42	12,00
	50m: 44.22 44.22	250m: 4:04.91 51.05	450m: 7:29.34 50.40	650m: 10:47.98 50.23
	100m: 1:33.06 48.84	300m: 4:56.27 51.36	500m: 8:19.18 49.84	700m: 11:38.56 50.58
	150m: 2:22.60 49.54	350m: 5:47.85 51.58	550m: 9:08.87 49.69	750m: 12:28.51 49.95
	200m: 3:13.86 51.26	400m: 6:38.94 51.09	600m: 9:57.75 48.88	800m: 13:16.42 47.91
Baja	RODRIGUEZ GESTOSO, Antonio	62 C.N. Bahia De Cadiz	-	-

Prueba 4, Masc., 800m Libre

Prueba 4 Masc., 800m Libre 65+
21/03/2026 - 17:19 Resultados

Clasificación	AN	Tempo	Puntos
1. QUIROS GIL, Ricardo	60	C.N. Master Murcia	12:45.65 19,00
50m: 42.14 42.14	250m: 3:54.23	49.12 450m: 7:11.68 50.37	650m: 10:25.81 48.24
100m: 1:28.21 46.07	300m: 4:42.86	48.63 500m: 8:00.71 49.03	700m: 11:13.71 47.90
150m: 2:16.23 48.02	350m: 5:31.73	48.87 550m: 8:49.65 48.94	750m: 12:00.84 47.13
200m: 3:05.11 48.88	400m: 6:21.31	49.58 600m: 9:37.57 47.92	800m: 12:45.65 44.81
2. FERNANDEZ CANO, Mario	60	Natacion Sevilla Master, C.D.	14:08.08 16,00
50m: 44.46 44.46	250m: 4:10.72	52.50 450m: 7:41.69 53.65	650m: 11:22.88 56.46
100m: 1:34.37 49.91	300m: 5:02.58	51.86 500m: 8:35.89 54.20	700m: 12:19.19 56.31
150m: 2:25.70 51.33	350m: 5:55.19	52.61 550m: 9:30.57 54.68	750m: 13:14.77 55.58
200m: 3:18.22 52.52	400m: 6:48.04	52.85 600m: 10:26.42 55.85	800m: 14:08.08 53.31

Baja NAVARRO MAYORGA, Francisco Carl57 C.N. Caballa - Ciudad De Ceuta -

Prueba 4 Masc., 800m Libre 70+
21/03/2026 - 17:19 Resultados

Clasificación	AN	Tempo	Puntos
1. MARTIN FENANDEZ, Manuel	55	C.D. Indea	19:27.55 19,00
50m: 1:07.58 1:07.58	250m: 6:06.10	1:15.99 450m: 11:04.84 1:15.06	650m: 15:54.97 1:10.95
100m: 2:20.87 1:13.29	300m: 7:20.88	1:14.78 500m: 12:16.84 1:12.00	700m: 17:07.11 1:12.14
150m: 3:34.41 1:13.54	350m: 8:35.77	1:14.89 550m: 13:31.22 1:14.38	750m: 18:18.33 1:11.22
200m: 4:50.11 1:15.70	400m: 9:49.78	1:14.01 600m: 14:44.02 1:12.80	800m: 19:27.55 1:09.22

Prueba 4 Masc., 800m Libre 75+
21/03/2026 - 17:19 Resultados

Clasificación	AN	Tempo	Puntos
1. GARCIA PEREZ, Tomas	51	C.D. Jerez Natacion Master	17:09.62 19,00
50m: 59.52 59.52	250m: 5:20.14	1:04.71 450m: 9:39.67 1:03.98	650m: 13:56.86 1:04.82
100m: 2:05.39 1:05.87	300m: 6:25.63	1:05.49 500m: 10:43.24 1:03.57	700m: 15:02.30 1:05.44
150m: 3:10.33 1:04.94	350m: 7:31.41	1:05.78 550m: 11:47.66 1:04.42	750m: 16:07.65 1:05.35
200m: 4:15.43 1:05.10	400m: 8:35.69	1:04.28 600m: 12:52.04 1:04.38	800m: 17:09.62 1:01.97

Prueba 4 Masc., 800m Libre 85+
21/03/2026 - 17:19 Resultados

Clasificación	AN	Tempo	Puntos
Baja CANALES DE MENDOZA, Joaquin M ^a	40	R.C. Mediterraneo	-
EXH BENITEZ PEREZ, Pedro	77	C.D.N.Alhaurin de la Torre	11:56.36 -
50m: 37.60 37.60	250m: 3:28.51	44.50 450m: 6:33.27 45.95	650m: 9:38.88 46.26
100m: 1:18.43 40.83	300m: 4:13.68	45.17 500m: 7:20.27 47.00	700m: 10:25.12 46.24
150m: 2:00.85 42.42	350m: 5:02.13	48.45 550m: 8:06.61 46.34	750m: 11:12.52 47.40
200m: 2:44.01 43.16	400m: 5:47.32	45.19 600m: 8:52.62 46.01	800m: 11:56.36 43.84

Prueba 5, Masc., 3000m Libre

3 - 2ª Jornada - 3ª Sesión

22/03/2026

Prueba 5

Masc., 3000m Libre

25+

22/03/2026 - 9:15

Resultados

Clasificación	AN		Tiempo		Puntos
1. GAITAN CANTOS, Ignacio	99	Natacion Sevilla Master, C.D.		38:59.27	19,00
50m: 36.95	36.95	800m: 10:09.23	38.61	1550m: 19:57.93	39.66
100m: 1:13.79	36.84	850m: 10:48.30	39.07	1600m: 20:37.46	39.53
150m: 1:51.26	37.47	900m: 11:27.16	38.86	1650m: 21:17.20	39.74
200m: 2:28.78	37.52	950m: 12:06.41	39.25	1700m: 21:56.75	39.55
250m: 3:06.85	38.07	1000m: 12:45.50	39.09	1750m: 22:36.58	39.83
300m: 3:44.80	37.95	1050m: 13:24.84	39.34	1800m: 23:16.18	39.60
350m: 4:22.29	37.49	1100m: 14:04.04	39.20	1850m: 23:55.54	39.36
400m: 5:00.56	38.27	1150m: 14:43.29	39.25	1900m: 24:35.33	39.79
450m: 5:38.71	38.15	1200m: 15:22.61	39.32	1950m: 25:15.13	39.80
500m: 6:17.49	38.78	1250m: 16:01.35	38.74	2000m: 25:54.34	39.21
550m: 6:56.08	38.59	1300m: 16:41.17	39.82	2050m: 26:33.37	39.03
600m: 7:34.66	38.58	1350m: 17:20.55	39.38	2100m: 27:13.17	39.80
650m: 8:13.42	38.76	1400m: 17:58.73	38.18	2150m: 27:52.16	38.99
700m: 8:52.41	38.99	1450m: 18:37.96	39.23	2200m: 28:31.43	39.27
750m: 9:30.62	38.21	1500m: 19:18.27	40.31	2250m: 29:09.90	38.47
				2300m: 29:49.49	39.59
				2350m: 30:28.17	38.68
				2400m: 31:08.93	40.76
				2450m: 31:47.73	38.80
				2500m: 32:28.31	40.58
				2550m: 33:07.95	39.64
				2600m: 33:47.62	39.67
				2650m: 34:26.75	39.13
				2700m: 35:06.84	40.09
				2750m: 35:45.95	39.11
				2800m: 36:25.42	39.47
				2850m: 37:04.75	39.33
				2900m: 37:43.66	38.91
				2950m: 38:20.89	37.23
				3000m: 38:59.27	38.38
2. CARMONA SANCHEZ, Javier	99	C.N. Armilla		39:21.87	16,00
50m: 37.43	37.43	800m: 10:28.40	39.81	1550m: 20:21.99	39.70
100m: 1:15.19	37.76	850m: 11:08.29	39.89	1600m: 21:02.25	40.26
150m: 1:54.17	38.98	900m: 11:47.90	39.61	1650m: 21:42.07	39.82
200m: 2:33.37	39.20	950m: 12:27.48	39.58	1700m: 22:21.63	39.56
250m: 3:12.43	39.06	1000m: 13:07.08	39.60	1750m: 23:01.36	39.73
300m: 3:51.56	39.13	1050m: 13:46.74	39.66	1800m: 23:41.06	39.70
350m: 4:30.92	39.36	1100m: 14:26.32	39.58	1850m: 24:20.74	39.68
400m: 5:10.31	39.39	1150m: 15:06.10	39.78	1900m: 25:00.27	39.53
450m: 5:50.08	39.77	1200m: 15:45.49	39.39	1950m: 25:40.16	39.89
500m: 6:29.77	39.69	1250m: 16:24.94	39.45	2000m: 26:19.45	39.29
550m: 7:09.77	40.00	1300m: 17:04.38	39.44	2050m: 26:59.37	39.92
600m: 7:49.38	39.61	1350m: 17:44.21	39.83	2100m: 27:38.71	39.34
650m: 8:29.04	39.66	1400m: 18:23.27	39.06	2150m: 28:18.02	39.31
700m: 9:08.49	39.45	1450m: 19:02.55	39.28	2200m: 28:57.95	39.93
750m: 9:48.59	40.10	1500m: 19:42.29	39.74	2250m: 29:37.59	39.64
				2300m: 30:16.83	39.24
				2350m: 30:56.40	39.57
				2400m: 31:35.87	39.47
				2450m: 32:14.93	39.06
				2500m: 32:54.69	39.76
				2550m: 33:33.96	39.27
				2600m: 34:13.10	39.14
				2650m: 34:52.53	39.43
				2700m: 35:31.92	39.39
				2750m: 36:10.04	38.12
				2800m: 36:48.84	38.80
				2850m: 37:28.30	39.46
				2900m: 38:07.62	39.32
				2950m: 38:44.54	36.92
				3000m: 39:21.87	37.33

Prueba 5

Masc., 3000m Libre

30+

22/03/2026 - 9:15

Resultados

Clasificación	AN		Tiempo		Puntos
1. CÁCERES PINTOR, Sergio	94	C.N. Almeria		40:14.16	-
50m: 37.06	37.06	800m: 10:29.91	39.91	1550m: 20:35.07	40.46
100m: 1:15.03	37.97	850m: 11:09.58	39.67	1600m: 21:15.54	40.47
150m: 1:53.44	38.41	900m: 11:50.09	40.51	1650m: 21:56.09	40.55
200m: 2:32.59	39.15	950m: 12:30.41	40.32	1700m: 22:36.23	40.14
250m: 3:12.13	39.54	1000m: 13:11.14	40.73	1750m: 23:16.73	40.50
300m: 3:51.37	39.24	1050m: 13:51.40	40.26	1800m: 23:57.52	40.79
350m: 4:31.16	39.79	1100m: 14:31.91	40.51	1850m: 24:38.47	40.95
400m: 5:10.75	39.59	1150m: 15:12.10	40.19	1900m: 25:19.22	40.75
450m: 5:50.49	39.74	1200m: 15:52.48	40.38	1950m: 26:00.20	40.98
500m: 6:30.47	39.98	1250m: 16:33.08	40.60	2000m: 26:40.98	40.78
550m: 7:10.28	39.81	1300m: 17:13.20	40.12	2050m: 27:22.50	41.52
600m: 7:50.36	40.08	1350m: 17:53.53	40.33	2100m: 28:03.20	40.70
650m: 8:29.99	39.63	1400m: 18:33.47	39.94	2150m: 28:44.08	40.88
700m: 9:10.08	40.09	1450m: 19:13.76	40.29	2200m: 29:24.79	40.71
750m: 9:50.00	39.92	1500m: 19:54.61	40.85	2250m: 30:05.72	40.93
				2300m: 30:46.86	41.14
				2350m: 31:27.78	40.92
				2400m: 32:08.67	40.89
				2450m: 32:50.06	41.39
				2500m: 33:31.38	41.32
				2550m: 34:12.56	41.18
				2600m: 34:53.63	41.07
				2650m: 35:34.60	40.97
				2700m: 36:15.96	41.36
				2750m: 36:57.39	41.43
				2800m: 37:38.56	41.17
				2850m: 38:19.99	41.43
				2900m: 39:00.09	40.10
				2950m: 39:38.92	38.83
				3000m: 40:14.16	35.24

Prueba 5, Masc., 3000m Libre, 30+

Clasificación	AN		Tiempo						Puntos		
2. VIA HEREDIA, Victoriano	96		C.N. Cadiz						46:09.23	19,00	
50m:	38.01	38.01	800m:	11:38.47	44.47	1550m:	23:17.49	47.92	2300m:	35:11.84	47.02
100m:	1:17.76	39.75	850m:	12:23.58	45.11	1600m:	24:01.82	44.33	2350m:	35:59.56	47.72
150m:	1:59.65	41.89	900m:	13:09.03	45.45	1650m:	24:50.15	48.33	2400m:	36:46.05	46.49
200m:	2:42.90	43.25	950m:	13:54.43	45.40	1700m:	25:38.52	48.37	2450m:	37:33.94	47.89
250m:	3:27.12	44.22	1000m:	14:40.26	45.83	1750m:	26:25.12	46.60	2500m:	38:22.19	48.25
300m:	4:10.69	43.57	1050m:	15:26.69	46.43	1800m:	27:12.63	47.51	2550m:	39:11.14	48.95
350m:	4:55.03	44.34	1100m:	16:13.31	46.62	1850m:	28:00.62	47.99	2600m:	39:58.73	47.59
400m:	5:39.33	44.30	1150m:	16:59.09	45.78	1900m:	28:48.06	47.44	2650m:	40:44.62	45.89
450m:	6:24.59	45.26	1200m:	17:45.08	45.99	1950m:	29:35.66	47.60	2700m:	41:31.41	46.79
500m:	7:09.46	44.87	1250m:	18:31.97	46.89	2000m:	30:23.10	47.44	2750m:	42:18.95	47.54
550m:	7:54.14	44.68	1300m:	19:19.61	47.64	2050m:	31:11.98	48.88	2800m:	43:04.91	45.96
600m:	8:38.81	44.67	1350m:	20:07.92	48.31	2100m:	32:00.13	48.15	2850m:	43:52.12	47.21
650m:	9:23.79	44.98	1400m:	20:54.89	46.97	2150m:	32:48.67	48.54	2900m:	44:39.18	47.06
700m:	10:08.92	45.13	1450m:	21:41.78	46.89	2200m:	33:36.77	48.10	2950m:	45:26.18	47.00
750m:	10:54.00	45.08	1500m:	22:29.57	47.79	2250m:	34:24.82	48.05	3000m:	46:09.23	43.05
3. MONTERO LOPEZ, Pedro	93		C.N. Portuense						53:19.95	16,00	
50m:	45.04	45.04	800m:	13:32.45	53.91	1550m:	27:09.14	55.06	2300m:	40:56.55	56.32
100m:	1:32.05	47.01	850m:	14:25.60	53.15	1600m:	28:05.06	55.92	2350m:	41:51.69	55.14
150m:	2:20.62	48.57	900m:	15:18.91	53.31	1650m:	28:58.64	53.58	2400m:	42:47.61	55.92
200m:	3:10.43	49.81	950m:	16:14.31	55.40	1700m:	29:53.44	54.80	2450m:	43:41.78	54.17
250m:	3:59.62	49.19	1000m:	17:08.98	54.67	1750m:	30:47.74	54.30	2500m:	44:34.06	52.28
300m:	4:49.01	49.39	1050m:	18:03.15	54.17	1800m:	31:42.65	54.91	2550m:	45:28.01	53.95
350m:	5:40.18	51.17	1100m:	18:57.56	54.41	1850m:	32:38.03	55.38	2600m:	46:19.91	51.90
400m:	6:31.90	51.72	1150m:	19:51.52	53.96	1900m:	33:32.92	54.89	2650m:	47:14.88	54.97
450m:	7:23.40	51.50	1200m:	20:45.43	53.91	1950m:	34:27.55	54.63	2700m:	48:11.16	56.28
500m:	8:14.91	51.51	1250m:	21:39.90	54.47	2000m:	35:21.52	53.97	2750m:	49:04.92	53.76
550m:	9:07.03	52.12	1300m:	22:34.81	54.91	2050m:	36:16.96	55.44	2800m:	49:59.47	54.55
600m:	9:59.22	52.19	1350m:	23:29.28	54.47	2100m:	37:13.48	56.52	2850m:	50:52.75	53.28
650m:	10:51.84	52.62	1400m:	24:23.89	54.61	2150m:	38:08.69	55.21	2900m:	51:44.23	51.48
700m:	11:44.22	52.38	1450m:	25:19.16	55.27	2200m:	39:04.66	55.97	2950m:	52:37.67	53.44
750m:	12:38.54	54.32	1500m:	26:14.08	54.92	2250m:	40:00.23	55.57	3000m:	53:19.95	42.28
NP PALACIOS PEREZ, Enrique	95		Club Natacion Pedrera						-	-	

Prueba 5

Masc., 3000m Libre

35+

22/03/2026 - 9:15

Resultados

Clasificación	AN		Tiempo						Puntos		
1. LLOPIS ORTIZ, Antonio	87		Natacion Sevilla Master, C.D.						40:57.45	19,00	
50m:	39.40	39.40	800m:	10:56.00	45.40	1550m:	21:18.88	41.60	2300m:	31:37.03	40.89
100m:	1:21.31	41.91	850m:	11:38.88	42.88	1600m:	21:59.77	40.89	2350m:	32:18.09	41.06
150m:	2:01.67	40.36	900m:	12:28.25	49.37	1650m:	22:41.06	41.29	2400m:	32:59.42	41.33
200m:	2:42.38	40.71	950m:	13:08.15	39.90	1700m:	23:21.23	40.17	2450m:	33:40.73	41.31
250m:	3:25.82	43.44	1000m:	13:48.74	40.59	1750m:	24:01.94	40.71	2500m:	34:20.73	40.00
300m:	4:06.93	41.11	1050m:	14:29.28	40.54	1800m:	24:42.97	41.03	2550m:	35:01.47	40.74
350m:	4:46.63	39.70	1100m:	15:10.45	41.17	1850m:	25:23.96	40.99	2600m:	35:42.65	41.18
400m:	5:26.27	39.64	1150m:	15:51.42	40.97	1900m:	26:05.51	41.55	2650m:	36:23.48	40.83
450m:	6:06.78	40.51	1200m:	16:31.91	40.49	1950m:	26:49.83	44.32	2700m:	37:03.55	40.07
500m:	6:47.59	40.81	1250m:	17:13.04	41.13	2000m:	27:30.38	40.55	2750m:	37:43.97	40.42
550m:	7:28.26	40.67	1300m:	17:53.60	40.56	2050m:	28:11.43	41.05	2800m:	38:24.46	40.49
600m:	8:08.45	40.19	1350m:	18:34.32	40.72	2100m:	28:52.36	40.93	2850m:	39:04.35	39.89
650m:	8:48.68	40.23	1400m:	19:15.79	41.47	2150m:	29:33.33	40.97	2900m:	39:43.88	39.53
700m:	9:29.51	40.83	1450m:	19:56.39	40.60	2200m:	30:14.78	41.45	2950m:	40:21.67	37.79
750m:	10:10.60	41.09	1500m:	20:37.28	40.89	2250m:	30:56.14	41.36	3000m:	40:57.45	35.78

Prueba 5, Masc., 3000m Libre, 35+

Clasificación	AN		Tiempo		Puntos
2. LEAL VALERA, Daniel	90		C.D. Jerez Natacion Master		41:47.33 16,00
50m: 36.80	36.80	800m: 10:44.49	41.47	1550m: 21:14.50	42.52
100m: 1:14.67	37.87	850m: 11:26.16	41.67	1600m: 21:56.25	41.75
150m: 1:54.48	39.81	900m: 12:08.09	41.93	1650m: 22:37.67	41.42
200m: 2:34.41	39.93	950m: 12:49.90	41.81	1700m: 23:20.14	42.47
250m: 3:14.61	40.20	1000m: 13:32.34	42.44	1750m: 24:01.88	41.74
300m: 3:55.06	40.45	1050m: 14:14.47	42.13	1800m: 24:44.77	42.89
350m: 4:36.07	41.01	1100m: 14:56.37	41.90	1850m: 25:27.94	43.17
400m: 5:16.41	40.34	1150m: 15:38.35	41.98	1900m: 26:10.11	42.17
450m: 5:57.36	40.95	1200m: 16:20.63	42.28	1950m: 26:52.46	42.35
500m: 6:38.01	40.65	1250m: 17:02.63	42.00	2000m: 27:34.67	42.21
550m: 7:18.89	40.88	1300m: 17:44.29	41.66	2050m: 28:17.38	42.71
600m: 8:00.00	41.11	1350m: 18:25.97	41.68	2100m: 29:00.07	42.69
650m: 8:40.24	40.24	1400m: 19:08.19	42.22	2150m: 29:42.43	42.36
700m: 9:21.53	41.29	1450m: 19:50.05	41.86	2200m: 30:24.52	42.09
750m: 10:03.02	41.49	1500m: 20:31.98	41.93	2250m: 31:07.68	43.16
				2300m: 31:50.97	43.29
				2350m: 32:33.77	42.80
				2400m: 33:16.38	42.61
				2450m: 33:59.32	42.94
				2500m: 34:42.25	42.93
				2550m: 35:25.19	42.94
				2600m: 36:08.28	43.09
				2650m: 36:51.26	42.98
				2700m: 37:34.20	42.94
				2750m: 38:17.41	43.21
				2800m: 39:00.13	42.72
				2850m: 39:42.75	42.62
				2900m: 40:24.82	42.07
				2950m: 41:06.84	42.02
				3000m: 41:47.33	40.49
3. GONZALEZ ALCAIDE, Manuel	88		C.N. Montilla		50:26.87 14,00
50m: 46.69	46.69	800m: 13:24.04	51.09	1550m: 26:05.07	50.46
100m: 1:35.86	49.17	850m: 14:14.75	50.71	1600m: 26:55.64	50.57
150m: 2:26.21	50.35	900m: 15:05.05	50.30	1650m: 27:45.69	50.05
200m: 3:17.85	51.64	950m: 15:55.82	50.77	1700m: 28:37.12	51.43
250m: 4:08.96	51.11	1000m: 16:45.78	49.96	1750m: 29:28.68	51.56
300m: 4:59.33	50.37	1050m: 17:35.91	50.13	1800m: 30:19.97	51.29
350m: 5:50.42	51.09	1100m: 18:26.16	50.25	1850m: 31:11.66	51.69
400m: 6:40.99	50.57	1150m: 19:16.34	50.18	1900m: 32:02.52	50.86
450m: 7:31.49	50.50	1200m: 20:07.57	51.23	1950m: 32:53.56	51.04
500m: 8:21.53	50.04	1250m: 20:58.21	50.64	2000m: 33:43.92	50.36
550m: 9:12.12	50.59	1300m: 21:49.68	51.47	2050m: 34:34.07	50.15
600m: 10:01.91	49.79	1350m: 22:40.84	51.16	2100m: 35:25.85	51.78
650m: 10:51.52	49.61	1400m: 23:31.80	50.96	2150m: 36:15.98	50.13
700m: 11:42.21	50.69	1450m: 24:24.24	52.44	2200m: 37:06.16	50.18
750m: 12:32.95	50.74	1500m: 25:14.61	50.37	2250m: 37:57.20	51.04
				2300m: 38:48.41	51.21
				2350m: 39:38.65	50.24
				2400m: 40:29.82	51.17
				2450m: 41:21.29	51.47
				2500m: 42:12.38	51.09
				2550m: 43:02.60	50.22
				2600m: 43:53.04	50.44
				2650m: 44:43.46	50.42
				2700m: 45:33.75	50.29
				2750m: 46:23.76	50.01
				2800m: 47:13.94	50.18
				2850m: 48:04.13	50.19
				2900m: 48:53.91	49.78
				2950m: 49:43.55	49.64
				3000m: 50:26.87	43.32
4. SANTORO, Alessandro	87		C.D. Jerez Natacion Master		52:38.89 13,00
50m: 43.04	43.04	800m: 13:33.93	52.14	1550m: 26:56.48	53.55
100m: 1:29.49	46.45	850m: 14:26.02	52.09	1600m: 27:50.59	54.11
150m: 2:18.35	48.86	900m: 15:18.83	52.81	1650m: 28:46.26	55.67
200m: 3:10.13	51.78	950m: 16:12.11	53.28	1700m: 29:40.48	54.22
250m: 4:01.16	51.03	1000m: 17:05.43	53.32	1750m: 30:33.39	52.91
300m: 4:53.22	52.06	1050m: 17:56.58	51.15	1800m: 31:27.95	54.56
350m: 5:44.47	51.25	1100m: 18:50.10	53.52	1850m: 32:23.84	55.89
400m: 6:37.03	52.56	1150m: 19:44.35	54.25	1900m: 33:17.16	53.32
450m: 7:30.42	53.39	1200m: 20:36.95	52.60	1950m: 34:09.93	52.77
500m: 8:22.69	52.27	1250m: 21:32.39	55.44	2000m: 35:05.07	55.14
550m: 9:14.96	52.27	1300m: 22:24.69	52.30	2050m: 35:58.34	53.27
600m: 10:06.32	51.36	1350m: 23:18.72	54.03	2100m: 36:52.59	54.25
650m: 10:58.63	52.31	1400m: 24:12.75	54.03	2150m: 37:46.56	53.97
700m: 11:50.52	51.89	1450m: 25:07.88	55.13	2200m: 38:40.91	54.35
750m: 12:41.79	51.27	1500m: 26:02.93	55.05	2250m: 39:34.70	53.79
				2300m: 40:29.71	55.01
				2350m: 41:22.93	53.22
				2400m: 42:15.83	52.90
				2450m: 43:08.83	53.00
				2500m: 44:02.54	53.71
				2550m: 44:55.47	52.93
				2600m: 45:48.08	52.61
				2650m: 46:40.79	52.71
				2700m: 47:32.82	52.03
				2750m: 48:24.70	51.88
				2800m: 49:16.45	51.75
				2850m: 50:08.26	51.81
				2900m: 51:00.94	52.68
				2950m: 51:53.02	52.08
				3000m: 52:38.89	45.87

Prueba 5, Masc., 3000m Libre

Prueba 5
22/03/2026 - 9:15

Masc., 3000m Libre

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Resultados

Clasificación			AN			Tempo	Puntos	
1.	MAESTRA GARCIA, Cecilio		82	C.D. Jerez Natacion Master		39:30.33	19,00	
	50m: 36.69	36.69	800m: 10:21.62	39.64	1550m: 20:20.01	39.95	2300m: 30:17.72	39.40
	100m: 1:14.38	37.69	850m: 11:01.02	39.40	1600m: 21:00.38	40.37	2350m: 30:57.63	39.91
	150m: 1:52.40	38.02	900m: 11:40.56	39.54	1650m: 21:40.22	39.84	2400m: 31:37.25	39.62
	200m: 2:30.94	38.54	950m: 12:20.65	40.09	1700m: 22:20.46	40.24	2450m: 32:17.01	39.76
	250m: 3:09.62	38.68	1000m: 13:00.39	39.74	1750m: 23:00.13	39.67	2500m: 32:57.06	40.05
	300m: 3:48.80	39.18	1050m: 13:40.37	39.98	1800m: 23:40.03	39.90	2550m: 33:37.14	40.08
	350m: 4:28.17	39.37	1100m: 14:20.10	39.73	1850m: 24:19.61	39.58	2600m: 34:16.95	39.81
	400m: 5:07.42	39.25	1150m: 14:59.59	39.49	1900m: 24:59.97	40.36	2650m: 34:56.36	39.41
	450m: 5:46.95	39.53	1200m: 15:39.82	40.23	1950m: 25:40.70	40.73	2700m: 35:36.37	40.01
	500m: 6:25.74	38.79	1250m: 16:20.38	40.56	2000m: 26:20.62	39.92	2750m: 36:15.95	39.58
	550m: 7:05.46	39.72	1300m: 17:00.41	40.03	2050m: 27:00.45	39.83	2800m: 36:55.55	39.60
	600m: 7:44.44	38.98	1350m: 17:40.26	39.85	2100m: 27:40.28	39.83	2850m: 37:34.49	38.94
	650m: 8:23.92	39.48	1400m: 18:20.07	39.81	2150m: 28:19.99	39.71	2900m: 38:13.54	39.05
	700m: 9:02.82	38.90	1450m: 18:59.98	39.91	2200m: 28:59.41	39.42	2950m: 38:52.36	38.82
	750m: 9:41.98	39.16	1500m: 19:40.06	40.08	2250m: 29:38.32	38.91	3000m: 39:30.33	37.97
2.	ARAGON VELA, Jeronimo		82	C.N. Armilla		41:16.73	16,00	
	50m: 38.74	38.74	800m: 11:02.51	41.82	1550m: 21:25.58	41.07	2300m: 31:49.72	41.37
	100m: 1:18.86	40.12	850m: 11:43.92	41.41	1600m: 22:07.12	41.54	2350m: 32:30.82	41.10
	150m: 1:59.73	40.87	900m: 12:25.18	41.26	1650m: 22:48.52	41.40	2400m: 33:12.13	41.31
	200m: 2:40.78	41.05	950m: 13:07.62	42.44	1700m: 23:29.85	41.33	2450m: 33:52.89	40.76
	250m: 3:22.29	41.51	1000m: 13:49.36	41.74	1750m: 24:11.12	41.27	2500m: 34:33.98	41.09
	300m: 4:04.24	41.95	1050m: 14:31.14	41.78	1800m: 24:52.62	41.50	2550m: 35:14.65	40.67
	350m: 4:46.32	42.08	1100m: 15:12.60	41.46	1850m: 25:37.32	44.70	2600m: 35:55.20	40.55
	400m: 5:28.25	41.93	1150m: 15:54.31	41.71	1900m: 26:18.92	41.60	2650m: 36:35.92	40.72
	450m: 6:10.31	42.06	1200m: 16:35.89	41.58	1950m: 27:00.29	41.37	2700m: 37:16.62	40.70
	500m: 6:52.26	41.95	1250m: 17:17.43	41.54	2000m: 27:41.53	41.24	2750m: 37:56.91	40.29
	550m: 7:34.04	41.78	1300m: 17:58.78	41.35	2050m: 28:22.48	40.95	2800m: 38:37.28	40.37
	600m: 8:15.59	41.55	1350m: 18:40.45	41.67	2100m: 29:03.87	41.39	2850m: 39:17.66	40.38
	650m: 8:57.27	41.68	1400m: 19:21.92	41.47	2150m: 29:45.44	41.57	2900m: 39:58.16	40.50
	700m: 9:39.18	41.91	1450m: 20:03.50	41.58	2200m: 30:27.05	41.61	2950m: 40:38.37	40.21
	750m: 10:20.69	41.51	1500m: 20:44.51	41.01	2250m: 31:08.35	41.30	3000m: 41:16.73	38.36
3.	LAGARES GONZALEZ, Juan Manuel		83	C.D.N. Cordoba		42:42.41	14,00	
	50m: 40.33	40.33	800m: 11:19.46	42.06	1550m: 21:58.24	42.82	2300m: 32:40.32	43.07
	100m: 1:22.14	41.81	850m: 12:02.70	43.24	1600m: 22:40.27	42.03	2350m: 33:23.73	43.41
	150m: 2:04.23	42.09	900m: 12:45.35	42.65	1650m: 23:22.18	41.91	2400m: 34:06.92	43.19
	200m: 2:46.44	42.21	950m: 13:28.09	42.74	1700m: 24:04.54	42.36	2450m: 34:50.54	43.62
	250m: 3:28.70	42.26	1000m: 14:10.49	42.40	1750m: 24:47.35	42.81	2500m: 35:33.54	43.00
	300m: 4:11.47	42.77	1050m: 14:53.18	42.69	1800m: 25:30.30	42.95	2550m: 36:16.65	43.11
	350m: 4:53.83	42.36	1100m: 15:35.94	42.76	1850m: 26:12.90	42.60	2600m: 37:00.21	43.56
	400m: 5:36.77	42.94	1150m: 16:18.69	42.75	1900m: 26:55.28	42.38	2650m: 37:43.58	43.37
	450m: 6:19.30	42.53	1200m: 17:01.38	42.69	1950m: 27:38.74	43.46	2700m: 38:26.65	43.07
	500m: 7:02.06	42.76	1250m: 17:43.97	42.59	2000m: 28:22.80	44.06	2750m: 39:09.71	43.06
	550m: 7:44.98	42.92	1300m: 18:26.60	42.63	2050m: 29:05.74	42.94	2800m: 39:52.91	43.20
	600m: 8:28.06	43.08	1350m: 19:08.99	42.39	2100m: 29:48.59	42.85	2850m: 40:36.23	43.32
	650m: 9:11.14	43.08	1400m: 19:50.85	41.86	2150m: 30:31.46	42.87	2900m: 41:19.20	42.97
	700m: 9:54.34	43.20	1450m: 20:33.26	42.41	2200m: 31:14.67	43.21	2950m: 42:01.90	42.70
	750m: 10:37.40	43.06	1500m: 21:15.42	42.16	2250m: 31:57.25	42.58	3000m: 42:42.41	40.51

Prueba 5, Masc., 3000m Libre, 40+

Clasificación	AN								Tiempo	Puntos	
4.	ALAMINOS FERRES, Samuel		82	C.N. Fuengirola						42:54.88	13,00
	50m: 39.41	39.41	800m: 11:15.05	43.02	1550m: 22:07.60	43.87	2300m: 33:01.76	42.87			
	100m: 1:20.40	40.99	850m: 11:58.23	43.18	1600m: 22:51.51	43.91	2350m: 33:44.80	43.04			
	150m: 2:01.67	41.27	900m: 12:41.06	42.83	1650m: 23:34.82	43.31	2400m: 34:27.87	43.07			
	200m: 2:43.09	41.42	950m: 13:23.77	42.71	1700m: 24:18.99	44.17	2450m: 35:10.97	43.10			
	250m: 3:24.74	41.65	1000m: 14:06.44	42.67	1750m: 25:02.75	43.76	2500m: 35:54.32	43.35			
	300m: 4:07.20	42.46	1050m: 14:49.61	43.17	1800m: 25:46.42	43.67	2550m: 36:37.92	43.60			
	350m: 4:49.18	41.98	1100m: 15:33.09	43.48	1850m: 26:30.07	43.65	2600m: 37:21.09	43.17			
	400m: 5:32.23	43.05	1150m: 16:16.98	43.89	1900m: 27:14.19	44.12	2650m: 38:04.33	43.24			
	450m: 6:14.53	42.30	1200m: 17:00.55	43.57	1950m: 27:57.51	43.32	2700m: 38:47.95	43.62			
	500m: 6:57.21	42.68	1250m: 17:44.27	43.72	2000m: 28:41.85	44.34	2750m: 39:30.89	42.94			
	550m: 7:40.40	43.19	1300m: 18:28.22	43.95	2050m: 29:25.45	43.60	2800m: 40:13.52	42.63			
	600m: 8:23.03	42.63	1350m: 19:12.06	43.84	2100m: 30:08.60	43.15	2850m: 40:55.97	42.45			
	650m: 9:06.08	43.05	1400m: 19:55.93	43.87	2150m: 30:51.77	43.17	2900m: 41:37.88	41.91			
	700m: 9:49.03	42.95	1450m: 20:39.87	43.94	2200m: 31:36.23	44.46	2950m: 42:16.64	38.76			
	750m: 10:32.03	43.00	1500m: 21:23.73	43.86	2250m: 32:18.89	42.66	3000m: 42:54.88	38.24			

Prueba 5
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Masc., 3000m Libre

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Resultados

Clasificación	AN								Tiempo	Puntos	
1.	DAVIES, Hywel		78	C.D.Resist4						36:05.11	19,00
	50m: 33.22	33.22	800m: 9:27.60	36.13	1550m: 18:30.04	35.89	2300m: 27:35.15	36.47			
	100m: 1:07.66	34.44	850m: 10:03.68	36.08	1600m: 19:06.11	36.07	2350m: 28:11.78	36.63			
	150m: 1:42.76	35.10	900m: 10:39.53	35.85	1650m: 19:42.26	36.15	2400m: 28:48.29	36.51			
	200m: 2:18.05	35.29	950m: 11:15.78	36.25	1700m: 20:18.37	36.11	2450m: 29:25.30	37.01			
	250m: 2:53.60	35.55	1000m: 11:52.26	36.48	1750m: 20:54.46	36.09	2500m: 30:01.72	36.42			
	300m: 3:29.37	35.77	1050m: 12:28.33	36.07	1800m: 21:30.80	36.34	2550m: 30:38.15	36.43			
	350m: 4:04.84	35.47	1100m: 13:04.43	36.10	1850m: 22:07.43	36.63	2600m: 31:14.64	36.49			
	400m: 4:40.36	35.52	1150m: 13:40.82	36.39	1900m: 22:43.89	36.46	2650m: 31:51.26	36.62			
	450m: 5:16.41	36.05	1200m: 14:16.93	36.11	1950m: 23:20.23	36.34	2700m: 32:27.75	36.49			
	500m: 5:52.33	35.92	1250m: 14:52.83	35.90	2000m: 23:56.47	36.24	2750m: 33:04.51	36.76			
	550m: 6:27.90	35.57	1300m: 15:29.23	36.40	2050m: 24:32.99	36.52	2800m: 33:41.12	36.61			
	600m: 7:03.61	35.71	1350m: 16:05.45	36.22	2100m: 25:09.29	36.30	2850m: 34:17.94	36.82			
	650m: 7:39.68	36.07	1400m: 16:41.42	35.97	2150m: 25:45.54	36.25	2900m: 34:54.52	36.58			
	700m: 8:15.76	36.08	1450m: 17:17.91	36.49	2200m: 26:22.33	36.79	2950m: 35:30.75	36.23			
	750m: 8:51.47	35.71	1500m: 17:54.15	36.24	2250m: 26:58.68	36.35	3000m: 36:05.11	34.36			
2.	EXPOSITO LABELLA, Juan Rafael		77	C.D. Indea						43:44.17	16,00
	50m: 41.01	41.01	800m: 11:34.61	43.92	1550m: 22:33.79	43.58	2300m: 33:33.31	43.79			
	100m: 1:22.93	41.92	850m: 12:18.77	44.16	1600m: 23:18.01	44.22	2350m: 34:17.46	44.15			
	150m: 2:06.35	43.42	900m: 13:02.48	43.71	1650m: 24:02.15	44.14	2400m: 35:01.12	43.66			
	200m: 2:49.80	43.45	950m: 13:46.75	44.27	1700m: 24:46.11	43.96	2450m: 35:45.41	44.29			
	250m: 3:34.20	44.40	1000m: 14:30.88	44.13	1750m: 25:29.93	43.82	2500m: 36:29.42	44.01			
	300m: 4:18.65	44.45	1050m: 15:15.36	44.48	1800m: 26:13.63	43.70	2550m: 37:12.99	43.57			
	350m: 5:02.55	43.90	1100m: 15:58.83	43.47	1850m: 26:58.24	44.61	2600m: 37:56.69	43.70			
	400m: 5:46.23	43.68	1150m: 16:43.10	44.27	1900m: 27:42.03	43.79	2650m: 38:40.69	44.00			
	450m: 6:30.11	43.88	1200m: 17:27.11	44.01	1950m: 28:25.97	43.94	2700m: 39:25.03	44.34			
	500m: 7:14.27	44.16	1250m: 18:10.66	43.55	2000m: 29:10.13	44.16	2750m: 40:08.18	43.15			
	550m: 7:57.84	43.57	1300m: 18:53.78	43.12	2050m: 29:53.32	43.19	2800m: 40:52.32	44.14			
	600m: 8:40.65	42.81	1350m: 19:37.71	43.93	2100m: 30:37.40	44.08	2850m: 41:35.75	43.43			
	650m: 9:23.93	43.28	1400m: 20:21.48	43.77	2150m: 31:21.27	43.87	2900m: 42:19.74	43.99			
	700m: 10:07.39	43.46	1450m: 21:05.73	44.25	2200m: 32:05.83	44.56	2950m: 43:02.99	43.25			
	750m: 10:50.69	43.30	1500m: 21:50.21	44.48	2250m: 32:49.52	43.69	3000m: 43:44.17	41.18			

Prueba 5, Masc., 3000m Libre, 45+

Clasificación	AN		Tiempo		Puntos
3. AROCA HENARES, Antonio	79	Bahia De Almeria N.C	47:50.09	14,00	
50m: 39.37	39.37	800m: 12:06.22	47.02	1550m: 24:03.23	48.18
100m: 1:20.69	41.32	850m: 12:53.29	47.07	1600m: 24:52.54	49.31
150m: 2:05.04	44.35	900m: 13:40.28	46.99	1650m: 25:41.20	48.66
200m: 2:50.19	45.15	950m: 14:27.46	47.18	1700m: 26:29.51	48.31
250m: 3:35.64	45.45	1000m: 15:15.59	48.13	1750m: 27:17.79	48.28
300m: 4:21.77	46.13	1050m: 16:04.18	48.59	1800m: 28:05.92	48.13
350m: 5:07.84	46.07	1100m: 16:51.49	47.31	1850m: 28:54.52	48.60
400m: 5:53.73	45.89	1150m: 17:38.87	47.38	1900m: 29:43.54	49.02
450m: 6:39.60	45.87	1200m: 18:25.98	47.11	1950m: 30:32.92	49.38
500m: 7:26.46	46.86	1250m: 19:13.56	47.58	2000m: 31:21.95	49.03
550m: 8:13.05	46.59	1300m: 20:00.93	47.37	2050m: 32:12.06	50.11
600m: 8:59.74	46.69	1350m: 20:49.09	48.16	2100m: 33:02.18	50.12
650m: 9:46.72	46.98	1400m: 21:37.06	47.97	2150m: 33:52.57	50.39
700m: 10:33.28	46.56	1450m: 22:25.59	48.53	2200m: 34:43.36	50.79
750m: 11:19.20	45.92	1500m: 23:15.05	49.46	2250m: 35:34.09	50.73
				2300m: 36:24.12	50.83
				2350m: 37:14.43	50.31
				2400m: 38:03.90	49.47
				2450m: 38:53.68	49.78
				2500m: 39:43.53	49.85
				2550m: 40:33.17	49.64
				2600m: 41:22.94	49.77
				2650m: 42:11.83	48.89
				2700m: 43:01.57	49.74
				2750m: 43:50.57	49.00
				2800m: 44:39.25	48.68
				2850m: 45:27.83	48.58
				2900m: 46:16.28	48.45
				2950m: 47:04.46	48.18
				3000m: 47:50.09	45.63
4. PAÑOS ADILLO, Unai	78	Natacion Sevilla Master, C.D.	49:39.04	13,00	
50m: 43.66	43.66	800m: 12:57.43	49.97	1550m: 25:34.00	50.41
100m: 1:30.11	46.45	850m: 13:47.27	49.84	1600m: 26:24.86	50.86
150m: 2:17.28	47.17	900m: 14:37.38	50.11	1650m: 27:15.67	50.81
200m: 3:05.56	48.28	950m: 15:27.50	50.12	1700m: 28:06.34	50.67
250m: 3:54.25	48.69	1000m: 16:18.07	50.57	1750m: 28:56.70	50.36
300m: 4:42.87	48.62	1050m: 17:08.88	50.81	1800m: 29:47.14	50.44
350m: 5:31.79	48.92	1100m: 17:59.37	50.49	1850m: 30:37.60	50.46
400m: 6:20.30	48.51	1150m: 18:49.58	50.21	1900m: 31:28.03	50.43
450m: 7:09.28	48.98	1200m: 19:40.23	50.65	1950m: 32:19.15	51.12
500m: 7:58.44	49.16	1250m: 20:30.91	50.68	2000m: 33:09.23	50.08
550m: 8:47.83	49.39	1300m: 21:21.69	50.78	2050m: 34:00.14	50.91
600m: 9:37.43	49.60	1350m: 22:12.22	50.53	2100m: 34:51.17	51.03
650m: 10:27.06	49.63	1400m: 23:02.51	50.29	2150m: 35:41.81	50.64
700m: 11:17.42	50.36	1450m: 23:52.80	50.29	2200m: 36:32.89	51.08
750m: 12:07.46	50.04	1500m: 24:43.59	50.79	2250m: 37:24.36	51.47
				2300m: 38:15.97	51.61
				2350m: 39:07.21	51.24
				2400m: 39:58.56	51.35
				2450m: 40:49.81	51.25
				2500m: 41:41.11	51.30
				2550m: 42:30.43	49.32
				2600m: 43:18.65	48.22
				2650m: 44:06.16	47.51
				2700m: 44:53.79	47.63
				2750m: 45:41.53	47.74
				2800m: 46:29.93	48.40
				2850m: 47:18.04	48.11
				2900m: 48:06.38	48.34
				2950m: 48:54.75	48.37
				3000m: 49:39.04	44.29
5. GALA GONZALEZ, Luis Manuel	78	C.D. Indea	54:02.65	12,00	
50m: 46.76	46.76	800m: 14:18.51	54.09	1550m: 27:53.98	54.32
100m: 1:40.68	53.92	850m: 15:12.15	53.64	1600m: 28:47.77	53.79
150m: 2:35.38	54.70	900m: 16:06.03	53.88	1650m: 29:41.35	53.58
200m: 3:29.78	54.40	950m: 16:59.83	53.80	1700m: 30:35.56	54.21
250m: 4:23.55	53.77	1000m: 17:54.28	54.45	1750m: 31:28.45	52.89
300m: 5:17.73	54.18	1050m: 18:48.00	53.72	1800m: 32:23.02	54.57
350m: 6:11.61	53.88	1100m: 19:43.07	55.07	1850m: 33:17.95	54.93
400m: 7:04.71	53.10	1150m: 20:38.00	54.93	1900m: 34:13.17	55.22
450m: 7:58.73	54.02	1200m: 21:33.53	55.53	1950m: 35:08.26	55.09
500m: 8:53.04	54.31	1250m: 22:27.97	54.44	2000m: 36:02.04	53.78
550m: 9:47.05	54.01	1300m: 23:22.56	54.59	2050m: 36:56.36	54.32
600m: 10:41.63	54.58	1350m: 24:17.47	54.91	2100m: 37:51.83	55.47
650m: 11:36.28	54.65	1400m: 25:12.13	54.66	2150m: 38:46.04	54.21
700m: 12:30.06	53.78	1450m: 26:06.17	54.04	2200m: 39:41.48	55.44
750m: 13:24.42	54.36	1500m: 26:59.66	53.49	2250m: 40:36.16	54.68
				2300m: 41:30.38	54.22
				2350m: 42:25.93	55.55
				2400m: 43:20.99	55.06
				2450m: 44:14.35	53.36
				2500m: 45:08.14	53.79
				2550m: 46:01.85	53.71
				2600m: 46:56.29	54.44
				2650m: 47:50.80	54.51
				2700m: 48:45.11	54.31
				2750m: 49:39.25	54.14
				2800m: 50:32.81	53.56
				2850m: 51:26.29	53.48
				2900m: 52:20.05	53.76
				2950m: 53:13.45	53.40
				3000m: 54:02.65	49.20

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Resultados

Clasificación	AN		Tiempo		Puntos
1. PASTOR RODRIGUEZ, Manuel	76	C.N. Caballa - Ciudad De Ceuta	41:23.99	19,00	
50m: 37.85	37.85	800m: 10:38.24	40.41	1550m: 21:02.83	41.00
100m: 1:15.45	37.60	850m: 11:19.01	40.77	1600m: 21:45.14	42.31
150m: 1:54.39	38.94	900m: 12:00.47	41.46	1650m: 22:27.41	42.27
200m: 2:33.68	39.29	950m: 12:42.00	41.53	1700m: 23:09.80	42.39
250m: 3:13.30	39.62	1000m: 13:22.96	40.96	1750m: 23:52.49	42.69
300m: 3:53.61	40.31	1050m: 14:04.60	41.64	1800m: 24:35.11	42.62
350m: 4:33.82	40.21	1100m: 14:46.24	41.64	1850m: 25:17.89	42.78
400m: 5:14.38	40.56	1150m: 15:27.64	41.40	1900m: 26:00.24	42.35
450m: 5:54.45	40.07	1200m: 16:08.92	41.28	1950m: 26:43.11	42.87
500m: 6:34.60	40.15	1250m: 16:50.87	41.95	2000m: 27:25.77	42.66
550m: 7:15.43	40.83	1300m: 17:33.06	42.19	2050m: 28:08.14	42.37
600m: 7:55.84	40.41	1350m: 18:15.48	42.42	2100m: 28:51.25	43.11
650m: 8:36.00	40.16	1400m: 18:57.14	41.66	2150m: 29:33.83	42.58
700m: 9:16.64	40.64	1450m: 19:39.69	42.55	2200m: 30:15.84	42.01
750m: 9:57.83	41.19	1500m: 20:21.83	42.14	2250m: 30:57.34	41.50
				2300m: 31:39.49	42.15
				2350m: 32:22.23	42.74
				2400m: 33:04.83	42.60
				2450m: 33:47.44	42.61
				2500m: 34:29.98	42.54
				2550m: 35:12.71	42.73
				2600m: 35:54.87	42.16
				2650m: 36:37.01	42.14
				2700m: 37:19.51	42.50
				2750m: 38:02.22	42.71
				2800m: 38:44.41	42.19
				2850m: 39:26.46	42.05
				2900m: 40:07.30	40.84
				2950m: 40:47.59	40.29
				3000m: 41:23.99	36.40
2. MACARRO SANCHO, Jesus	74	Natacion Sevilla Master, C.D.	41:26.75	16,00	
50m: 35.72	35.72	800m: 10:41.75	41.85	1550m: 21:11.80	41.73
100m: 1:14.19	38.47	850m: 11:22.80	41.05	1600m: 21:53.75	41.95
150m: 1:52.97	38.78	900m: 12:04.65	41.85	1650m: 22:36.05	42.30
200m: 2:31.83	38.86	950m: 12:45.75	41.10	1700m: 23:18.88	42.83
250m: 3:12.12	40.29	1000m: 13:26.61	40.86	1750m: 24:01.55	42.67
300m: 3:52.20	40.08	1050m: 14:08.07	41.46	1800m: 24:44.33	42.78
350m: 4:32.95	40.75	1100m: 14:50.29	42.22	1850m: 25:26.76	42.43
400m: 5:14.15	41.20	1150m: 15:32.54	42.25	1900m: 26:08.75	41.99
450m: 5:54.86	40.71	1200m: 16:14.87	42.33	1950m: 26:50.89	42.14
500m: 6:35.67	40.81	1250m: 16:56.94	42.07	2000m: 27:32.49	41.60
550m: 7:16.18	40.51	1300m: 17:40.96	44.02	2050m: 28:14.04	41.55
600m: 7:57.21	41.03	1350m: 18:23.11	42.15	2100m: 28:55.56	41.52
650m: 8:37.38	40.17	1400m: 19:05.34	42.23	2150m: 29:37.23	41.67
700m: 9:18.43	41.05	1450m: 19:47.27	41.93	2200m: 30:19.10	41.87
750m: 9:59.90	41.47	1500m: 20:30.07	42.80	2250m: 31:01.27	42.17
				2300m: 31:43.56	42.29
				2350m: 32:25.55	41.99
				2400m: 33:08.08	42.53
				2450m: 33:50.76	42.68
				2500m: 34:32.99	42.23
				2550m: 35:15.19	42.20
				2600m: 35:57.99	42.80
				2650m: 36:40.27	42.28
				2700m: 37:22.80	42.53
				2750m: 38:05.37	42.57
				2800m: 38:47.02	41.65
				2850m: 39:28.06	41.04
				2900m: 40:09.09	41.03
				2950m: 40:49.75	40.66
				3000m: 41:26.75	37.00
3. REPISO PEREZ, Jose Antonio	76	Universidad De Granada	42:55.82	14,00	
50m: 39.03	39.03	800m: 11:11.20	42.53	1550m: 21:54.57	43.43
100m: 1:19.87	40.84	850m: 11:53.81	42.61	1600m: 22:37.48	42.91
150m: 2:01.69	41.82	900m: 12:36.25	42.44	1650m: 23:20.88	43.40
200m: 2:44.04	42.35	950m: 13:18.87	42.62	1700m: 24:04.50	43.62
250m: 3:25.90	41.86	1000m: 14:01.03	42.16	1750m: 24:48.49	43.99
300m: 4:07.82	41.92	1050m: 14:43.67	42.64	1800m: 25:32.66	44.17
350m: 4:49.70	41.88	1100m: 15:25.56	41.89	1850m: 26:16.30	43.64
400m: 5:31.59	41.89	1150m: 16:08.18	42.62	1900m: 26:59.95	43.65
450m: 6:14.06	42.47	1200m: 16:51.03	42.85	1950m: 27:43.34	43.39
500m: 6:56.89	42.83	1250m: 17:32.53	41.50	2000m: 28:27.13	43.79
550m: 7:39.22	42.33	1300m: 18:16.46	43.93	2050m: 29:10.30	43.17
600m: 8:21.50	42.28	1350m: 19:00.16	43.70	2100m: 29:54.33	44.03
650m: 9:03.94	42.44	1400m: 19:44.07	43.91	2150m: 30:37.58	43.25
700m: 9:46.60	42.66	1450m: 20:27.56	43.49	2200m: 31:21.04	43.46
750m: 10:28.67	42.07	1500m: 21:11.14	43.58	2250m: 32:05.35	44.31
				2300m: 32:48.99	43.64
				2350m: 33:33.00	44.01
				2400m: 34:16.30	43.30
				2450m: 35:00.12	43.82
				2500m: 35:43.61	43.49
				2550m: 36:27.78	44.17
				2600m: 37:11.93	44.15
				2650m: 37:56.04	44.11
				2700m: 38:39.93	43.89
				2750m: 39:23.31	43.38
				2800m: 40:07.75	44.44
				2850m: 40:51.69	43.94
				2900m: 41:34.93	43.24
				2950m: 42:17.30	42.37
				3000m: 42:55.82	38.52

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Clasificación	AN		Tiempo		Puntos			
2.	FERNANDEZ PASTOR, Joaquin		68	Natacion Sevilla Master, C.D.	42:13.77 21,00			
	50m: 42.44	42.44	800m: 11:16.47	42.25	1550m: 21:51.58	42.47	2300m: 32:30.23	42.40
	100m: 1:24.74	42.30	850m: 11:58.66	42.19	1600m: 22:34.44	42.86	2350m: 33:12.59	42.36
	150m: 2:06.99	42.25	900m: 12:41.28	42.62	1650m: 23:17.05	42.61	2400m: 33:54.96	42.37
	200m: 2:49.30	42.31	950m: 13:23.57	42.29	1700m: 23:59.59	42.54	2450m: 34:37.73	42.77
	250m: 3:31.80	42.50	1000m: 14:06.28	42.71	1750m: 24:42.12	42.53	2500m: 35:20.47	42.74
	300m: 4:14.21	42.41	1050m: 14:48.81	42.53	1800m: 25:24.64	42.52	2550m: 36:02.86	42.39
	350m: 4:56.45	42.24	1100m: 15:31.14	42.33	1850m: 26:07.41	42.77	2600m: 36:44.90	42.04
	400m: 5:38.89	42.44	1150m: 16:13.18	42.04	1900m: 26:50.17	42.76	2650m: 37:27.25	42.35
	450m: 6:20.92	42.03	1200m: 16:55.39	42.21	1950m: 27:32.53	42.36	2700m: 38:09.50	42.25
	500m: 7:03.04	42.12	1250m: 17:37.77	42.38	2000m: 28:15.45	42.92	2750m: 38:51.93	42.43
	550m: 7:44.82	41.78	1300m: 18:20.16	42.39	2050m: 28:57.93	42.48	2800m: 39:34.21	42.28
	600m: 8:27.04	42.22	1350m: 19:02.33	42.17	2100m: 29:40.46	42.53	2850m: 40:16.13	41.92
	650m: 9:09.15	42.11	1400m: 19:44.70	42.37	2150m: 30:22.59	42.13	2900m: 40:57.98	41.85
	700m: 9:51.68	42.53	1450m: 20:26.77	42.07	2200m: 31:05.28	42.69	2950m: 41:38.05	40.07
	750m: 10:34.22	42.54	1500m: 21:09.11	42.34	2250m: 31:47.83	42.55	3000m: 42:13.77	35.72
3.	BARQUERO SERRANO, Antonio Manu		68	C.D. Indea	45:40.53 19,00			
	50m: 42.47	42.47	800m: 12:10.66	46.13	1550m: 23:36.80	46.22	2300m: 35:05.60	45.68
	100m: 1:26.63	44.16	850m: 12:56.65	45.99	1600m: 24:22.50	45.70	2350m: 35:51.79	46.19
	150m: 2:11.42	44.79	900m: 13:41.45	44.80	1650m: 25:07.49	44.99	2400m: 36:38.49	46.70
	200m: 2:56.37	44.95	950m: 14:27.00	45.55	1700m: 25:53.75	46.26	2450m: 37:24.67	46.18
	250m: 3:42.16	45.79	1000m: 15:12.64	45.64	1750m: 26:39.89	46.14	2500m: 38:10.21	45.54
	300m: 4:28.00	45.84	1050m: 15:57.99	45.35	1800m: 27:25.77	45.88	2550m: 38:56.65	46.44
	350m: 5:13.99	45.99	1100m: 16:43.73	45.74	1850m: 28:11.12	45.35	2600m: 39:41.92	45.27
	400m: 6:00.24	46.25	1150m: 17:28.77	45.04	1900m: 28:57.21	46.09	2650m: 40:27.28	45.36
	450m: 6:46.77	46.53	1200m: 18:14.88	46.11	1950m: 29:43.32	46.11	2700m: 41:12.96	45.68
	500m: 7:33.13	46.36	1250m: 19:01.04	46.16	2000m: 30:28.91	45.59	2750m: 41:58.67	45.71
	550m: 8:18.67	45.54	1300m: 19:46.81	45.77	2050m: 31:16.23	47.32	2800m: 42:43.95	45.28
	600m: 9:05.66	46.99	1350m: 20:32.93	46.12	2100m: 32:02.27	46.04	2850m: 43:29.09	45.14
	650m: 9:52.40	46.74	1400m: 21:19.01	46.08	2150m: 32:47.80	45.53	2900m: 44:14.29	45.20
	700m: 10:38.40	46.00	1450m: 22:04.57	45.56	2200m: 33:33.64	45.84	2950m: 44:59.10	44.81
	750m: 11:24.53	46.13	1500m: 22:50.58	46.01	2250m: 34:19.92	46.28	3000m: 45:40.53	41.43
4.	PERTIÑEZ GOMEZ, Manuel		69	C.N. Fuengirola	46:40.13 13,00			
	50m: 42.82	42.82	800m: 11:52.38	46.51	1550m: 23:36.14	48.52	2300m: 35:35.71	48.46
	100m: 1:25.34	42.52	850m: 12:38.57	46.19	1600m: 24:24.37	48.23	2350m: 36:24.14	48.43
	150m: 2:08.55	43.21	900m: 13:24.78	46.21	1650m: 25:13.52	49.15	2400m: 37:11.61	47.47
	200m: 2:52.23	43.68	950m: 14:11.77	46.99	1700m: 26:02.54	49.02	2450m: 37:58.79	47.18
	250m: 3:36.32	44.09	1000m: 14:58.25	46.48	1750m: 26:50.21	47.67	2500m: 38:45.82	47.03
	300m: 4:20.31	43.99	1050m: 15:43.99	45.74	1800m: 27:38.61	48.40	2550m: 39:33.37	47.55
	350m: 5:04.73	44.42	1100m: 16:30.00	46.01	1850m: 28:26.15	47.54	2600m: 40:20.87	47.50
	400m: 5:49.90	45.17	1150m: 17:16.27	46.27	1900m: 29:13.68	47.53	2650m: 41:08.24	47.37
	450m: 6:34.11	44.21	1200m: 18:02.46	46.19	1950m: 29:59.67	45.99	2700m: 41:55.67	47.43
	500m: 7:18.66	44.55	1250m: 18:48.45	45.99	2000m: 30:47.31	47.64	2750m: 42:42.25	46.58
	550m: 8:03.46	44.80	1300m: 19:34.27	45.82	2050m: 31:35.35	48.04	2800m: 43:29.31	47.06
	600m: 8:48.38	44.92	1350m: 20:21.36	47.09	2100m: 32:22.68	47.33	2850m: 44:16.63	47.32
	650m: 9:33.93	45.55	1400m: 21:09.31	47.95	2150m: 33:10.74	48.06	2900m: 45:06.07	49.44
	700m: 10:19.95	46.02	1450m: 21:58.09	48.78	2200m: 33:58.34	47.60	2950m: 45:57.00	50.93
	750m: 11:05.87	45.92	1500m: 22:47.62	49.53	2250m: 34:47.25	48.91	3000m: 46:40.13	43.13
5.	IBÁÑEZ ALMENDRO, Carlos		67	Natacion Sevilla Master, C.D.	59:17.21 12,00			
	50m: 49.96	49.96	750m: 14:14.46	58.35	1450m: 27:58.49	1:01.56	2150m: 42:02.72	1:00.60
	100m: 1:42.20	52.24	800m: 15:11.57	57.11	1500m: 28:57.07	58.58	2200m: 43:02.02	59.30
	150m: 2:37.38	55.18	850m: 16:09.36	57.79	1550m: 29:56.08	59.01	2250m: 44:02.89	1:00.87
	200m: 3:33.31	55.93	900m: 17:07.74	58.38	1600m: 31:00.71	1:04.63	2300m: 45:03.07	1:00.18
	250m: 4:32.51	59.20	950m: 18:05.73	57.99	1650m: 32:01.71	1:01.00	2350m: 46:04.94	1:01.87
	300m: 5:29.82	57.31	1000m: 19:04.76	59.03	1700m: 33:01.70	59.99	2400m: 47:06.08	1:01.14
	350m: 6:27.48	57.66	1050m: 20:04.31	59.55	1750m: 34:01.02	59.32	2450m: 48:06.96	1:00.88
	400m: 7:25.41	57.93	1100m: 21:04.51	1:00.20	1800m: 34:59.59	58.57	2500m: 49:07.85	1:00.89
	450m: 8:23.13	57.72	1150m: 22:03.19	58.68	1850m: 36:01.18	1:01.59	2550m: 50:10.27	1:02.42
	500m: 9:23.55	1:00.42	1200m: 23:02.64	59.45	1900m: 37:01.39	1:00.21	2600m: 51:12.94	1:02.67
	550m: 10:21.17	57.62	1250m: 24:00.87	58.23	1950m: 38:01.60	1:00.21	2650m: 52:14.38	1:01.44
	600m: 11:19.27	58.10	1300m: 24:59.27	58.40	2000m: 39:02.27	1:00.67	2700m: 53:15.95	1:01.57
	650m: 12:17.72	58.45	1350m: 25:58.17	58.90	2050m: 40:02.50	1:00.23	2750m: 54:17.45	1:01.50
	700m: 13:16.11	58.39	1400m: 26:56.93	58.76	2100m: 41:02.12	59.62	2800m: 55:17.55	1:00.10

Prueba 5, Masc., 3000m Libre, 55+

Clasificación	AN				Tiempo				Puntos		
	2850m: 56:21.31	1:03.76	2900m: 57:20.87	59.56	2950m: 58:21.63	1:00.76	3000m: 59:17.21	55.58			
6. GARCIA CUEVAS, Rafael	70				C.D. Jerez Natacion Master				1:06:20.44	11,00	
50m:	1:01.28	1:01.28	800m:	17:17.27	1:05.97	1550m:	33:51.18	1:06.62	2300m:	50:40.93	1:07.43
100m:	2:04.11	1:02.83	850m:	18:23.05	1:05.78	1600m:	34:57.27	1:06.09	2350m:	51:48.82	1:07.89
150m:	3:07.52	1:03.41	900m:	19:29.38	1:06.33	1650m:	36:04.31	1:07.04	2400m:	52:55.57	1:06.75
200m:	4:12.39	1:04.87	950m:	20:33.80	1:04.42	1700m:	37:11.92	1:07.61	2450m:	54:01.53	1:05.96
250m:	5:17.20	1:04.81	1000m:	21:39.95	1:06.15	1750m:	38:19.59	1:07.67	2500m:	55:08.12	1:06.59
300m:	6:22.77	1:05.57	1050m:	22:45.51	1:05.56	1800m:	39:27.12	1:07.53	2550m:	56:15.80	1:07.68
350m:	7:27.67	1:04.90	1100m:	23:51.73	1:06.22	1850m:	40:33.92	1:06.80	2600m:	57:23.30	1:07.50
400m:	8:32.98	1:05.31	1150m:	24:57.44	1:05.71	1900m:	41:40.52	1:06.60	2650m:	58:31.08	1:07.78
450m:	9:37.56	1:04.58	1200m:	26:03.40	1:05.96	1950m:	42:47.51	1:06.99	2700m:	59:38.72	1:07.64
500m:	10:42.99	1:05.43	1250m:	27:09.20	1:05.80	2000m:	43:54.03	1:06.52	2750m:	1:00:46.68	1:07.96
550m:	11:48.23	1:05.24	1300m:	28:15.59	1:06.39	2050m:	45:00.60	1:06.57	2800m:	1:01:54.34	1:07.66
600m:	12:53.87	1:05.64	1350m:	29:22.38	1:06.79	2100m:	46:08.52	1:07.92	2850m:	1:03:01.54	1:07.20
650m:	13:59.75	1:05.88	1400m:	30:29.37	1:06.99	2150m:	47:16.06	1:07.54	2900m:	1:04:09.84	1:08.30
700m:	15:05.50	1:05.75	1450m:	31:36.61	1:07.24	2200m:	48:24.80	1:08.74	2950m:	1:05:17.75	1:07.91
750m:	16:11.30	1:05.80	1500m:	32:44.56	1:07.95	2250m:	49:33.50	1:08.70	3000m:	1:06:20.44	1:02.69

Prueba 5 Masc., 3000m Libre 60+
22/03/2026 - 9:15 Resultados

Clasificación	AN				Tiempo				Puntos		
1. CASTAÑO CHACHON, Alejandro	66				C.N. Fuengirola				44:07.35	19,00	
50m:	40.58	40.58	800m:	11:39.95	43.91	1550m:	22:38.66	43.51	2300m:	33:44.90	45.20
100m:	1:23.68	43.10	850m:	12:23.92	43.97	1600m:	23:22.05	43.39	2350m:	34:29.84	44.94
150m:	2:07.37	43.69	900m:	13:08.18	44.26	1650m:	24:06.23	44.18	2400m:	35:15.02	45.18
200m:	2:51.44	44.07	950m:	13:52.43	44.25	1700m:	24:50.18	43.95	2450m:	36:00.27	45.25
250m:	3:35.17	43.73	1000m:	14:36.72	44.29	1750m:	25:34.35	44.17	2500m:	36:45.25	44.98
300m:	4:18.79	43.62	1050m:	15:20.29	43.57	1800m:	26:19.13	44.78	2550m:	37:30.00	44.75
350m:	5:02.97	44.18	1100m:	16:04.46	44.17	1850m:	27:03.10	43.97	2600m:	38:14.68	44.68
400m:	5:47.40	44.43	1150m:	16:48.15	43.69	1900m:	27:47.33	44.23	2650m:	38:59.38	44.70
450m:	6:31.20	43.80	1200m:	17:32.41	44.26	1950m:	28:31.66	44.33	2700m:	39:43.85	44.47
500m:	7:14.80	43.60	1250m:	18:17.16	44.75	2000m:	29:16.16	44.50	2750m:	40:28.13	44.28
550m:	7:59.18	44.38	1300m:	19:00.31	43.15	2050m:	30:00.86	44.70	2800m:	41:12.42	44.29
600m:	8:43.46	44.28	1350m:	19:44.17	43.86	2100m:	30:45.49	44.63	2850m:	41:57.22	44.80
650m:	9:27.79	44.33	1400m:	20:28.11	43.94	2150m:	31:30.60	45.11	2900m:	42:41.29	44.07
700m:	10:11.98	44.19	1450m:	21:11.53	43.42	2200m:	32:15.04	44.44	2950m:	43:25.24	43.95
750m:	10:56.04	44.06	1500m:	21:55.15	43.62	2250m:	32:59.70	44.66	3000m:	44:07.35	42.11
2. FERNANDEZ-PRADA ARIAS, Miguel Ángel	63				Natacion Sevilla Master, C.D.				55:07.54	16,00	
50m:	49.91	49.91	800m:	14:07.56	54.76	1550m:	28:04.24	56.31	2300m:	42:10.71	56.26
100m:	1:39.89	49.98	850m:	15:02.26	54.70	1600m:	28:59.90	55.66	2350m:	43:07.35	56.64
150m:	2:32.11	52.22	900m:	15:57.59	55.33	1650m:	29:56.31	56.41	2400m:	44:03.59	56.24
200m:	3:24.24	52.13	950m:	16:52.99	55.40	1700m:	30:52.80	56.49	2450m:	44:59.58	55.99
250m:	4:16.49	52.25	1000m:	17:48.78	55.79	1750m:	31:49.22	56.42	2500m:	45:54.84	55.26
300m:	5:09.51	53.02	1050m:	18:45.01	56.23	1800m:	32:46.10	56.88	2550m:	46:50.41	55.57
350m:	6:02.03	52.52	1100m:	19:40.87	55.86	1850m:	33:42.67	56.57	2600m:	47:45.71	55.30
400m:	6:54.97	52.94	1150m:	20:36.33	55.46	1900m:	34:38.84	56.17	2650m:	48:41.35	55.64
450m:	7:48.84	53.87	1200m:	21:32.28	55.95	1950m:	35:35.64	56.80	2700m:	49:37.95	56.60
500m:	8:42.07	53.23	1250m:	22:27.56	55.28	2000m:	36:31.55	55.91	2750m:	50:33.08	55.13
550m:	9:35.44	53.37	1300m:	23:24.03	56.47	2050m:	37:27.78	56.23	2800m:	51:28.79	55.71
600m:	10:29.43	53.99	1350m:	24:19.76	55.73	2100m:	38:24.12	56.34	2850m:	52:24.32	55.53
650m:	11:23.62	54.19	1400m:	25:16.12	56.36	2150m:	39:21.51	57.39	2900m:	53:19.47	55.15
700m:	12:17.91	54.29	1450m:	26:12.25	56.13	2200m:	40:17.49	55.98	2950m:	54:13.96	54.49
750m:	13:12.80	54.89	1500m:	27:07.93	55.68	2250m:	41:14.45	56.96	3000m:	55:07.54	53.58

Prueba 5, Masc., 3000m Libre

Prueba 5
22/03/2026 - 9:15

Masc., 3000m Libre

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Resultados

Clasificación	AN		Tiempo		Puntos
1. RIGUAL DE HEREDIA, Carlos	57	C.D. Jerez Natacion Master	51:18.45	19,00	
50m: 51.73	51.73	800m: 13:43.75	50.97	1550m: 26:31.96	51.40
100m: 1:42.69	50.96	850m: 14:34.08	50.33	1600m: 27:22.97	51.01
150m: 2:33.90	51.21	900m: 15:25.15	51.07	1650m: 28:14.64	51.67
200m: 3:26.75	52.85	950m: 16:15.95	50.80	1700m: 29:05.25	50.61
250m: 4:18.86	52.11	1000m: 17:07.48	51.53	1750m: 29:57.59	52.34
300m: 5:12.44	53.58	1050m: 17:58.25	50.77	1800m: 30:48.56	50.97
350m: 6:03.51	51.07	1100m: 18:49.47	51.22	1850m: 31:40.36	51.80
400m: 6:55.48	51.97	1150m: 19:40.80	51.33	1900m: 32:31.56	51.20
450m: 7:46.44	50.96	1200m: 20:31.90	51.10	1950m: 33:23.22	51.66
500m: 8:37.84	51.40	1250m: 21:23.42	51.52	2000m: 34:14.57	51.35
550m: 9:29.03	51.19	1300m: 22:14.89	51.47	2050m: 35:06.16	51.59
600m: 10:20.31	51.28	1350m: 23:05.68	50.79	2100m: 35:57.40	51.24
650m: 11:11.06	50.75	1400m: 23:56.58	50.90	2150m: 36:50.32	52.92
700m: 12:02.08	51.02	1450m: 24:49.15	52.57	2200m: 37:40.20	49.88
750m: 12:52.78	50.70	1500m: 25:40.56	51.41	2250m: 38:32.72	52.52
				2300m: 39:24.39	51.67
				2350m: 40:15.60	51.21
				2400m: 41:06.55	50.95
				2450m: 41:58.64	52.09
				2500m: 42:50.27	51.63
				2550m: 43:42.28	52.01
				2600m: 44:33.07	50.79
				2650m: 45:24.25	51.18
				2700m: 46:15.83	51.58
				2750m: 47:07.39	51.56
				2800m: 47:57.56	50.17
				2850m: 48:47.65	50.09
				2900m: 49:38.57	50.92
				2950m: 50:29.86	51.29
				3000m: 51:18.45	48.59
2. HEBRERO CUEVAS, Constantino	61	C.N. Cadiz	53:18.92	16,00	
50m: 49.54	49.54	800m: 14:08.12	52.63	1550m: 27:26.98	52.90
100m: 1:41.83	52.29	850m: 15:01.35	53.23	1600m: 28:19.76	52.78
150m: 2:35.68	53.85	900m: 15:54.00	52.65	1650m: 29:13.33	53.57
200m: 3:30.16	54.48	950m: 16:47.59	53.59	1700m: 30:06.85	53.52
250m: 4:24.04	53.88	1000m: 17:40.32	52.73	1750m: 30:59.90	53.05
300m: 5:18.08	54.04	1050m: 18:33.47	53.15	1800m: 31:52.94	53.04
350m: 6:11.19	53.11	1100m: 19:27.19	53.72	1850m: 32:45.58	52.64
400m: 7:04.45	53.26	1150m: 20:20.35	53.16	1900m: 33:38.37	52.79
450m: 7:57.60	53.15	1200m: 21:13.26	52.91	1950m: 34:32.07	53.70
500m: 8:50.86	53.26	1250m: 22:06.78	53.52	2000m: 35:26.79	54.72
550m: 9:43.98	53.12	1300m: 23:00.34	53.56	2050m: 36:21.27	54.48
600m: 10:37.22	53.24	1350m: 23:53.33	52.99	2100m: 37:15.34	54.07
650m: 11:29.60	52.38	1400m: 24:47.02	53.69	2150m: 38:09.53	54.19
700m: 12:22.59	52.99	1450m: 25:40.20	53.18	2200m: 39:04.40	54.87
750m: 13:15.49	52.90	1500m: 26:34.08	53.88	2250m: 39:58.74	54.34
				2300m: 40:52.76	54.02
				2350m: 41:47.05	54.29
				2400m: 42:41.14	54.09
				2450m: 43:35.87	54.73
				2500m: 44:30.41	54.54
				2550m: 45:24.54	54.13
				2600m: 46:18.21	53.67
				2650m: 47:11.99	53.78
				2700m: 48:05.42	53.43
				2750m: 48:58.40	52.98
				2800m: 49:51.44	53.04
				2850m: 50:44.11	52.67
				2900m: 51:36.89	52.78
				2950m: 52:30.49	53.60
				3000m: 53:18.92	48.43
3. DIAZ RIVERA, Javier	58	C.D. Jerez Natacion Master	54:16.91	14,00	
50m: 51.06	51.06	800m: 14:40.45	56.02	1550m: 28:19.30	53.58
100m: 1:44.98	53.92	850m: 15:35.81	55.36	1600m: 29:13.52	54.22
150m: 2:40.33	55.35	900m: 16:30.27	54.46	1650m: 30:07.40	53.88
200m: 3:35.92	55.59	950m: 17:24.95	54.68	1700m: 31:00.40	53.00
250m: 4:31.59	55.67	1000m: 18:20.55	55.60	1750m: 31:54.72	54.32
300m: 5:27.10	55.51	1050m: 19:14.59	54.04	1800m: 32:48.49	53.77
350m: 6:22.13	55.03	1100m: 20:10.24	55.65	1850m: 33:41.69	53.20
400m: 7:17.28	55.15	1150m: 21:04.98	54.74	1900m: 34:36.03	54.34
450m: 8:13.21	55.93	1200m: 21:59.18	54.20	1950m: 35:30.91	54.88
500m: 9:08.46	55.25	1250m: 22:53.58	54.40	2000m: 36:25.78	54.87
550m: 10:03.65	55.19	1300m: 23:47.61	54.03	2050m: 37:21.19	55.41
600m: 10:59.25	55.60	1350m: 24:41.96	54.35	2100m: 38:15.80	54.61
650m: 11:54.05	54.80	1400m: 25:38.41	56.45	2150m: 39:10.08	54.28
700m: 12:48.82	54.77	1450m: 26:32.19	53.78	2200m: 40:05.54	55.46
750m: 13:44.43	55.61	1500m: 27:25.72	53.53	2250m: 40:59.81	54.27
				2300m: 41:53.08	53.27
				2350m: 42:47.10	54.02
				2400m: 43:40.95	53.85
				2450m: 44:34.32	53.37
				2500m: 45:27.29	52.97
				2550m: 46:21.28	53.99
				2600m: 47:14.10	52.82
				2650m: 48:07.57	53.47
				2700m: 49:00.70	53.13
				2750m: 49:54.25	53.55
				2800m: 50:47.30	53.05
				2850m: 51:39.91	52.61
				2900m: 52:31.52	51.61
				2950m: 53:24.56	53.04
				3000m: 54:16.91	52.35
Baja NAVARRO MAYORGA, Francisco Carl	57	C.N. Caballa - Ciudad De Ceuta			-

Prueba 5, Masc., 3000m Libre

Prueba 5
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Masc., 3000m Libre

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Resultados

Clasificación	AN		Tiempo		Puntos
1. BILBAO GARAY, Pedro	55	C.N. Los Barrios	50:32.30	19,00	
50m: 48.33	48.33	800m: 13:29.09	50.70	1550m: 26:17.92	51.44
100m: 1:38.22	49.89	850m: 14:20.97	51.88	1600m: 27:09.33	51.41
150m: 2:28.83	50.61	900m: 15:12.09	51.12	1650m: 28:01.52	52.19
200m: 3:20.16	51.33	950m: 16:03.15	51.06	1700m: 28:53.22	51.70
250m: 4:10.71	50.55	1000m: 16:53.92	50.77	1750m: 29:44.23	51.01
300m: 5:01.93	51.22	1050m: 17:45.72	51.80	1800m: 30:35.68	51.45
350m: 5:52.35	50.42	1100m: 18:36.70	50.98	1850m: 31:27.27	51.59
400m: 6:42.73	50.38	1150m: 19:27.68	50.98	1900m: 32:18.24	50.97
450m: 7:33.01	50.28	1200m: 20:18.75	51.07	1950m: 33:09.60	51.36
500m: 8:23.37	50.36	1250m: 21:09.62	50.87	2000m: 34:00.97	51.37
550m: 9:14.55	51.18	1300m: 22:00.96	51.34	2050m: 34:52.42	51.45
600m: 10:06.37	51.82	1350m: 22:52.29	51.33	2100m: 35:43.40	50.98
650m: 10:56.47	50.10	1400m: 23:43.41	51.12	2150m: 36:34.75	51.35
700m: 11:47.49	51.02	1450m: 24:35.30	51.89	2200m: 37:25.01	50.26
750m: 12:38.39	50.90	1500m: 25:26.48	51.18	2250m: 38:15.34	50.33
				2300m: 39:05.36	50.26
				2350m: 39:55.62	50.36
				2400m: 40:45.98	50.36
				2450m: 41:36.34	49.69
				2500m: 42:26.03	49.80
				2550m: 43:15.83	49.75
				2600m: 44:05.58	50.12
				2650m: 44:55.70	49.55
				2700m: 45:45.25	49.36
				2750m: 46:34.61	49.77
				2800m: 47:24.38	49.65
				2850m: 48:14.03	49.65
				2900m: 49:03.68	50.06
				2950m: 49:53.74	38.56
				3000m: 50:32.30	
2. PARRADO RAMOS, Antonio	56	C.N. Bahía De Cadiz	54:10.75	16,00	
50m: 49.27	49.27	800m: 14:07.68	52.88	1550m: 27:24.16	53.29
100m: 1:41.69	52.42	850m: 15:01.17	53.49	1600m: 28:18.92	54.76
150m: 2:35.16	53.47	900m: 15:54.24	53.07	1650m: 29:12.37	53.45
200m: 3:29.22	54.06	950m: 16:46.80	52.56	1700m: 30:06.27	53.90
250m: 4:22.95	53.73	1000m: 17:40.06	53.26	1750m: 30:59.88	53.61
300m: 5:16.19	53.24	1050m: 18:32.56	52.50	1800m: 31:52.79	52.91
350m: 6:09.75	53.56	1100m: 19:25.63	53.07	1850m: 32:46.73	53.94
400m: 7:03.63	53.88	1150m: 20:18.86	53.23	1900m: 33:40.74	54.01
450m: 7:56.27	52.64	1200m: 21:12.57	53.71	1950m: 34:34.17	53.43
500m: 8:50.20	53.93	1250m: 22:05.24	52.67	2000m: 35:29.75	55.58
550m: 9:42.48	52.28	1300m: 22:58.30	53.06	2050m: 36:24.82	55.07
600m: 10:35.90	53.42	1350m: 23:50.93	52.63	2100m: 37:20.05	55.23
650m: 11:28.70	52.80	1400m: 24:44.44	53.51	2150m: 38:14.83	54.78
700m: 12:21.39	52.69	1450m: 25:37.03	52.59	2200m: 39:09.78	54.95
750m: 13:14.80	53.41	1500m: 26:30.87	53.84	2250m: 40:04.22	54.44
				2300m: 40:58.53	54.31
				2350m: 41:54.21	55.68
				2400m: 42:49.50	55.29
				2450m: 43:45.43	55.93
				2500m: 44:41.10	55.67
				2550m: 45:36.22	55.12
				2600m: 46:32.54	56.32
				2650m: 47:29.69	57.15
				2700m: 48:27.40	57.71
				2750m: 49:24.86	57.46
				2800m: 50:22.99	58.13
				2850m: 51:20.71	57.72
				2900m: 52:19.27	58.56
				2950m: 53:16.03	56.76
				3000m: 54:10.75	54.72
3. MARTIN FENANDEZ, Manuel	55	C.D. Indea	1:17:37.83	14,00	
50m: 1:15.89	1:15.89	800m: 20:57.13	1:18.39	1550m: 40:13.23	1:17.25
100m: 2:36.36	1:20.47	850m: 22:12.89	1:15.76	1600m: 41:29.00	1:15.77
150m: 3:56.90	1:20.54	900m: 23:28.94	1:16.05	1650m: 42:45.52	1:16.52
200m: 5:19.43	1:22.53	950m: 24:46.60	1:17.66	1700m: 44:02.43	1:16.91
250m: 6:38.91	1:19.48	1000m: 26:04.99	1:18.39	1750m: 45:20.76	1:18.33
300m: 7:58.45	1:19.54	1050m: 27:23.92	1:18.93	1800m: 46:40.32	1:19.56
350m: 9:18.24	1:19.79	1100m: 28:39.20	1:15.28	1850m: 47:57.23	1:16.91
400m: 10:37.02	1:18.78	1150m: 29:55.28	1:16.08	1900m: 49:16.27	1:19.04
450m: 11:56.42	1:19.40	1200m: 31:11.37	1:16.09	1950m: 50:32.98	1:16.71
500m: 13:14.32	1:17.90	1250m: 32:29.66	1:18.29	2000m: 51:51.31	1:18.33
550m: 14:31.38	1:17.06	1300m: 33:45.80	1:16.14	2050m: 53:08.15	1:16.84
600m: 15:48.80	1:17.42	1350m: 35:01.75	1:15.95	2100m: 54:27.22	1:19.07
650m: 17:05.86	1:17.06	1400m: 36:19.32	1:17.57	2150m: 55:45.31	1:18.09
700m: 18:22.73	1:16.87	1450m: 37:38.37	1:19.05	2200m: 57:01.87	1:16.56
750m: 19:38.74	1:16.01	1500m: 38:55.98	1:17.61	2250m: 58:18.57	1:16.70
				2300m: 59:35.54	1:16.97
				2350m 1:00:52.90	1:17.36
				2400m 1:02:07.21	1:14.31
				2450m 1:03:24.66	1:17.45
				2500m 1:04:42.02	1:17.36
				2550m 1:05:59.34	1:17.32
				2600m 1:07:14.95	1:15.61
				2650m 1:08:32.01	1:17.06
				2700m 1:09:50.07	1:18.06
				2750m 1:11:07.87	1:17.80
				2800m 1:12:26.27	1:18.40
				2850m 1:13:44.82	1:18.55
				2900m 1:15:03.46	1:18.64
				2950m 1:16:22.67	1:19.21
				3000m 1:17:37.83	1:15.16

Prueba 6
22/03/2026 - 13:21

Fem., 3000m Libre

20+
Resultados

Clasificación	AN		Tiempo		Puntos
1. GARCIA RASCON, Laura Maria	02	C.D. Indea	1:00:14.52		19,00
50m: 50.29	50.29	800m: 15:55.88	1:00.78	1550m: 31:09.99	59.35
100m: 1:45.64	55.35	850m: 16:57.89	1:02.01	1600m: 32:09.73	59.74
150m: 2:43.61	57.97	900m: 18:00.86	1:02.97	1650m: 33:10.95	1:01.22
200m: 3:42.79	59.18	950m: 19:01.61	1:00.75	1700m: 34:12.07	1:01.12
250m: 4:42.46	59.67	1000m: 20:01.48	59.87	1750m: 35:13.22	1:01.15
300m: 5:43.18	1:00.72	1050m: 21:03.44	1:01.96	1800m: 36:14.25	1:01.03
350m: 6:43.78	1:00.60	1100m: 22:04.71	1:01.27	1850m: 37:14.45	1:00.20
400m: 7:44.60	1:00.82	1150m: 23:05.58	1:00.87	1900m: 38:14.26	59.81
450m: 8:45.59	1:00.99	1200m: 24:07.07	1:01.49	1950m: 39:13.86	59.60
500m: 9:47.92	1:02.33	1250m: 25:08.61	1:01.54	2000m: 40:14.56	1:00.70
550m: 10:49.90	1:01.98	1300m: 26:08.98	1:00.37	2050m: 41:15.75	1:01.19
600m: 11:51.01	1:01.11	1350m: 27:08.92	59.94	2100m: 42:16.07	1:00.32
650m: 12:53.05	1:02.04	1400m: 28:10.09	1:01.17	2150m: 43:16.96	1:00.89
700m: 13:54.38	1:01.33	1450m: 29:09.95	59.86	2200m: 44:16.80	59.84
750m: 14:55.10	1:00.72	1500m: 30:10.64	1:00.69	2250m: 45:17.40	1:00.60
				2300m: 46:17.36	59.96
				2350m: 47:19.90	1:02.54
				2400m: 48:17.86	57.96
				2450m: 49:18.06	1:00.20
				2500m: 50:19.22	1:01.16
				2550m: 51:19.12	59.90
				2600m: 52:19.50	1:00.38
				2650m: 53:19.15	59.65
				2700m: 54:20.62	1:01.47
				2750m: 55:20.19	59.57
				2800m: 56:20.46	1:00.27
				2850m: 57:20.62	1:00.16
				2900m: 58:21.64	1:01.02
				2950m: 59:19.69	58.05
				3000m: 1:00:14.52	54.83

Prueba 6
22/03/2026 - 13:21

Fem., 3000m Libre

25+
Resultados

Clasificación	AN		Tiempo		Puntos
1. MORENO CASADO, Maria	99	C.D. Indea	51:28.63		19,00
50m: 45.09	45.09	800m: 13:30.74	51.51	1550m: 26:31.85	51.32
100m: 1:33.46	48.37	850m: 14:22.69	51.95	1600m: 27:24.12	52.27
150m: 2:23.52	50.06	900m: 15:14.70	52.01	1650m: 28:16.55	52.43
200m: 3:14.49	50.97	950m: 16:07.19	52.49	1700m: 29:08.49	51.94
250m: 4:05.22	50.73	1000m: 16:59.80	52.61	1750m: 30:00.85	52.36
300m: 4:56.59	51.37	1050m: 17:51.72	51.92	1800m: 30:53.26	52.41
350m: 5:48.06	51.47	1100m: 18:44.13	52.41	1850m: 31:45.59	52.33
400m: 6:39.46	51.40	1150m: 19:35.97	51.84	1900m: 32:37.49	51.90
450m: 7:30.95	51.49	1200m: 20:28.54	52.57	1950m: 33:29.62	52.13
500m: 8:22.78	51.83	1250m: 21:20.57	52.03	2000m: 34:21.72	52.10
550m: 9:14.30	51.52	1300m: 22:12.18	51.61	2050m: 35:14.19	52.47
600m: 10:04.98	50.68	1350m: 23:04.44	52.26	2100m: 36:07.28	53.09
650m: 10:56.20	51.22	1400m: 23:56.78	52.34	2150m: 36:59.22	51.94
700m: 11:47.93	51.73	1450m: 24:48.46	51.68	2200m: 37:51.51	52.29
750m: 12:39.23	51.30	1500m: 25:40.53	52.07	2250m: 38:43.27	51.76
				2300m: 39:34.33	51.06
				2350m: 40:26.09	51.76
				2400m: 41:19.40	53.31
				2450m: 42:11.81	52.41
				2500m: 43:04.96	53.15
				2550m: 43:56.58	51.62
				2600m: 44:47.55	50.97
				2650m: 45:38.43	50.88
				2700m: 46:30.29	51.86
				2750m: 47:22.48	52.19
				2800m: 48:14.75	52.27
				2850m: 49:05.67	50.92
				2900m: 49:55.93	50.26
				2950m: 50:45.48	49.55
				3000m: 51:28.63	43.15

Prueba 6
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Fem., 3000m Libre

30+
Resultados

Clasificación	AN		Tiempo		Puntos
1. SOUISSI AYUSO, Fatima	93	C.N. Cadiz	37:48.39		24,00 RA
50m: 34.33	34.33	800m: 9:53.17	37.18	1550m: 19:21.99	37.96
100m: 1:10.51	36.18	850m: 10:30.78	37.61	1600m: 20:00.30	38.31
150m: 1:47.49	36.98	900m: 11:08.39	37.61	1650m: 20:37.91	37.61
200m: 2:24.68	37.19	950m: 11:46.02	37.63	1700m: 21:15.92	38.01
250m: 3:01.78	37.10	1000m: 12:23.74	37.72	1750m: 21:54.08	38.16
300m: 3:39.02	37.24	1050m: 13:01.52	37.78	1800m: 22:32.67	38.59
350m: 4:16.60	37.58	1100m: 13:39.07	37.55	1850m: 23:10.94	38.27
400m: 4:54.12	37.52	1150m: 14:17.47	38.40	1900m: 23:49.41	38.47
450m: 5:31.25	37.13	1200m: 14:55.54	38.07	1950m: 24:27.67	38.26
500m: 6:08.65	37.40	1250m: 15:33.75	38.21	2000m: 25:06.43	38.76
550m: 6:45.85	37.20	1300m: 16:11.87	38.12	2050m: 25:44.53	38.10
600m: 7:23.25	37.40	1350m: 16:49.65	37.78	2100m: 26:22.76	38.23
650m: 8:00.61	37.36	1400m: 17:27.91	38.26	2150m: 27:01.13	38.37
700m: 8:38.22	37.61	1450m: 18:05.79	37.88	2200m: 27:38.96	37.83
750m: 9:15.99	37.77	1500m: 18:44.03	38.24	2250m: 28:17.50	38.54
				2300m: 28:55.62	38.12
				2350m: 29:34.08	38.46
				2400m: 30:12.42	38.34
				2450m: 30:51.18	38.76
				2500m: 31:29.38	38.20
				2550m: 32:07.31	37.93
				2600m: 32:46.16	38.85
				2650m: 33:24.74	38.58
				2700m: 34:03.04	38.30
				2750m: 34:41.47	38.43
				2800m: 35:19.84	38.37
				2850m: 35:58.37	38.53
				2900m: 36:36.32	37.95
				2950m: 37:14.10	37.78
				3000m: 37:48.39	34.29

Prueba 6, Fem., 3000m Libre, 30+

Clasificación	AN		Tiempo		Puntos
2.	ESLAVA TRONCOSO, Yolanda		96	C.D. Jerez Natacion Master	47:22.11 16,00
	50m: 40.68	40.68	800m: 12:20.82	47.57	1550m: 24:20.85
	100m: 1:22.67	41.99	850m: 13:09.32	48.50	1600m: 25:09.29
	150m: 2:07.17	44.50	900m: 13:57.76	48.44	1650m: 25:57.39
	200m: 2:53.01	45.84	950m: 14:45.04	47.28	1700m: 26:45.46
	250m: 3:39.52	46.51	1000m: 15:32.86	47.82	1750m: 27:33.72
	300m: 4:26.22	46.70	1050m: 16:20.10	47.24	1800m: 28:21.37
	350m: 5:13.56	47.34	1100m: 17:07.73	47.63	1850m: 29:09.16
	400m: 6:00.75	47.19	1150m: 17:59.02	51.29	1900m: 29:57.58
	450m: 6:48.04	47.29	1200m: 18:46.08	47.06	1950m: 30:44.95
	500m: 7:35.92	47.88	1250m: 19:33.36	47.28	2000m: 31:32.64
	550m: 8:23.43	47.51	1300m: 20:21.29	47.93	2050m: 32:20.92
	600m: 9:11.03	47.60	1350m: 21:09.01	47.72	2100m: 33:07.89
	650m: 9:58.66	47.63	1400m: 21:57.23	48.22	2150m: 33:55.63
	700m: 10:45.47	46.81	1450m: 22:45.32	48.09	2200m: 34:42.75
	750m: 11:33.25	47.78	1500m: 23:33.00	47.68	2250m: 35:30.90
					2300m: 36:18.65
					2350m: 37:05.55
					2400m: 37:53.45
					2450m: 38:41.77
					2500m: 39:29.66
					2550m: 40:18.04
					2600m: 41:05.57
					2650m: 41:54.14
					2700m: 42:45.35
					2750m: 43:32.10
					2800m: 44:19.19
					2850m: 45:05.12
					2900m: 45:51.49
					2950m: 46:37.68
					3000m: 47:22.11

Prueba 6
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Fem., 3000m Libre

35+

Resultados

Clasificación	AN		Tiempo		Puntos
1.	ABAD ALVAREZ-BENAVIDES, Maria		87	C.N. Dos Hermanas	46:51.78 19,00
	50m: 40.42	40.42	800m: 12:24.10	47.49	1550m: 24:19.08
	100m: 1:23.40	42.98	850m: 13:11.96	47.86	1600m: 25:06.40
	150m: 2:08.84	45.44	900m: 14:00.07	48.11	1650m: 25:54.38
	200m: 2:55.38	46.54	950m: 14:47.24	47.17	1700m: 26:42.30
	250m: 3:42.49	47.11	1000m: 15:34.73	47.49	1750m: 27:30.31
	300m: 4:29.56	47.07	1050m: 16:22.36	47.63	1800m: 28:18.15
	350m: 5:16.51	46.95	1100m: 17:10.07	47.71	1850m: 29:06.16
	400m: 6:03.24	46.73	1150m: 17:57.89	47.82	1900m: 29:53.96
	450m: 6:50.91	47.67	1200m: 18:45.56	47.67	1950m: 30:40.78
	500m: 7:38.74	47.83	1250m: 19:33.26	47.70	2000m: 31:28.43
	550m: 8:26.25	47.51	1300m: 20:20.57	47.31	2050m: 32:15.45
	600m: 9:13.48	47.23	1350m: 21:08.36	47.79	2100m: 33:02.13
	650m: 10:01.13	47.65	1400m: 21:56.02	47.66	2150m: 33:48.03
	700m: 10:49.23	48.10	1450m: 22:43.60	47.58	2200m: 34:34.48
	750m: 11:36.61	47.38	1500m: 23:31.14	47.54	2250m: 35:21.08
					2300m: 36:07.55
					2350m: 36:54.75
					2400m: 37:41.51
					2450m: 38:28.59
					2500m: 39:15.44
					2550m: 40:01.88
					2600m: 40:48.32
					2650m: 41:35.34
					2700m: 42:21.02
					2750m: 43:06.69
					2800m: 43:53.23
					2850m: 44:38.95
					2900m: 45:24.09
					2950m: 46:08.57
					3000m: 46:51.78

Prueba 6
22/03/2026 - 13:21

Fem., 3000m Libre

40+

Resultados

Clasificación	AN		Tiempo		Puntos
1.	MORIANA MARTIN, Fatima		82	C.D. Jerez Natacion Master	43:35.28 24,00 RA
	50m: 39.56	39.56	800m: 11:33.91	43.52	1550m: 22:29.46
	100m: 1:21.56	42.00	850m: 12:17.55	43.64	1600m: 23:13.67
	150m: 2:04.98	43.42	900m: 13:01.51	43.96	1650m: 23:57.45
	200m: 2:48.53	43.55	950m: 13:45.15	43.64	1700m: 24:41.07
	250m: 3:32.03	43.50	1000m: 14:28.80	43.65	1750m: 25:24.43
	300m: 4:16.05	44.02	1050m: 15:12.59	43.79	1800m: 26:08.63
	350m: 4:59.73	43.68	1100m: 15:56.42	43.83	1850m: 26:52.23
	400m: 5:43.97	44.24	1150m: 16:40.34	43.92	1900m: 27:36.07
	450m: 6:27.96	43.99	1200m: 17:23.76	43.42	1950m: 28:19.72
	500m: 7:11.69	43.73	1250m: 18:07.38	43.62	2000m: 29:03.35
	550m: 7:55.47	43.78	1300m: 18:50.74	43.36	2050m: 29:47.11
	600m: 8:39.31	43.84	1350m: 19:34.32	43.58	2100m: 30:30.87
	650m: 9:23.06	43.75	1400m: 20:18.03	43.71	2150m: 31:14.68
	700m: 10:06.53	43.47	1450m: 21:01.89	43.86	2200m: 31:58.54
	750m: 10:50.39	43.86	1500m: 21:45.87	43.98	2250m: 32:42.48
					2300m: 33:26.30
					2350m: 34:10.26
					2400m: 34:54.43
					2450m: 35:38.05
					2500m: 36:21.46
					2550m: 37:05.15
					2600m: 37:48.91
					2650m: 38:32.39
					2700m: 39:15.99
					2750m: 39:59.80
					2800m: 40:43.79
					2850m: 41:27.58
					2900m: 42:11.12
					2950m: 42:54.61
					3000m: 43:35.28

Prueba 6, Fem., 3000m Libre, 40+

Clasificación	AN		Tiempo		Puntos			
2.	BUDINICH GALVEZ, Vivian Stephanie		85	C.D. Jerez Natacion Master	50:59.58 21,00			
	50m: 45.64	45.64	800m: 13:07.33	49.52	1550m: 25:42.48	50.59	2300m: 38:42.60	52.63
	100m: 1:33.07	47.43	850m: 13:57.35	50.02	1600m: 26:32.83	50.35	2350m: 39:36.02	53.42
	150m: 2:22.31	49.24	900m: 14:47.68	50.33	1650m: 27:24.02	51.19	2400m: 40:28.79	52.77
	200m: 3:12.16	49.85	950m: 15:38.14	50.46	1700m: 28:15.92	51.90	2450m: 41:21.11	52.32
	250m: 4:01.19	49.03	1000m: 16:28.28	50.14	1750m: 29:08.20	52.28	2500m: 42:14.24	53.13
	300m: 4:50.96	49.77	1050m: 17:19.39	51.11	1800m: 30:00.46	52.26	2550m: 43:07.98	53.74
	350m: 5:41.04	50.08	1100m: 18:09.37	49.98	1850m: 30:52.30	51.84	2600m: 44:01.04	53.06
	400m: 6:30.51	49.47	1150m: 18:59.70	50.33	1900m: 31:44.79	52.49	2650m: 44:54.09	53.05
	450m: 7:20.00	49.49	1200m: 19:49.65	49.95	1950m: 32:36.21	51.42	2700m: 45:47.81	53.72
	500m: 8:10.60	50.60	1250m: 20:39.64	49.99	2000m: 33:28.68	52.47	2750m: 46:42.11	54.30
	550m: 8:59.58	48.98	1300m: 21:30.69	51.05	2050m: 34:20.25	51.57	2800m: 47:34.72	52.61
	600m: 9:49.25	49.67	1350m: 22:21.43	50.74	2100m: 35:12.91	52.66	2850m: 48:27.06	52.34
	650m: 10:37.90	48.65	1400m: 23:11.38	49.95	2150m: 36:05.33	52.42	2900m: 49:20.29	53.23
	700m: 11:28.03	50.13	1450m: 24:01.30	49.92	2200m: 36:57.10	51.77	2950m: 50:11.62	51.33
	750m: 12:17.81	49.78	1500m: 24:51.89	50.59	2250m: 37:49.97	52.87	3000m: 50:59.58	47.96
3.	GARCIA MOLINA, Maria Rosa		85	C.D. Indea	52:26.43 14,00			
	50m: 41.65	41.65	800m: 13:14.29	50.87	1550m: 26:20.38	54.07	2300m: 39:45.88	54.95
	100m: 1:27.40	45.75	850m: 14:05.86	51.57	1600m: 27:14.72	54.34	2350m: 40:41.63	55.75
	150m: 2:14.90	47.50	900m: 14:56.54	50.68	1650m: 28:09.59	54.87	2400m: 41:35.34	53.71
	200m: 3:03.34	48.44	950m: 15:47.85	51.31	1700m: 29:01.68	52.09	2450m: 42:30.84	55.50
	250m: 3:53.29	49.95	1000m: 16:38.76	50.91	1750m: 29:54.65	52.97	2500m: 43:25.42	54.58
	300m: 4:43.99	50.70	1050m: 17:31.56	52.80	1800m: 30:47.75	53.10	2550m: 44:20.63	55.21
	350m: 5:35.29	51.30	1100m: 18:24.12	52.56	1850m: 31:42.12	54.37	2600m: 45:15.05	54.42
	400m: 6:25.21	49.92	1150m: 19:14.25	50.13	1900m: 32:35.60	53.48	2650m: 46:10.43	55.38
	450m: 7:15.83	50.62	1200m: 20:07.49	53.24	1950m: 33:29.22	53.62	2700m: 47:05.61	55.18
	500m: 8:06.73	50.90	1250m: 21:00.44	52.95	2000m: 34:22.33	53.11	2750m: 48:01.24	55.63
	550m: 8:57.35	50.62	1300m: 21:53.37	52.93	2050m: 35:16.68	54.35	2800m: 48:55.49	54.25
	600m: 9:48.55	51.20	1350m: 22:45.38	52.01	2100m: 36:10.13	53.45	2850m: 49:49.94	54.45
	650m: 10:40.81	52.26	1400m: 23:39.70	54.32	2150m: 37:02.81	52.68	2900m: 50:45.04	55.10
	700m: 11:31.96	51.15	1450m: 24:33.27	53.57	2200m: 37:56.86	54.05	2950m: 51:40.33	55.29
	750m: 12:23.42	51.46	1500m: 25:26.31	53.04	2250m: 38:50.93	54.07	3000m: 52:26.43	46.10

Prueba 6

Fem., 3000m Libre

45+

22/03/2026 - 13:21

Resultados

Clasificación	AN		Tiempo		Puntos			
1.	AGUI GUERRERO, Nuria		77	Universidad De Granada	51:52.98 19,00			
	50m: 46.29	46.29	800m: 13:47.20	51.80	1550m: 26:48.21	51.13	2300m: 39:53.04	53.15
	100m: 1:35.99	49.70	850m: 14:38.12	50.92	1600m: 27:39.59	51.38	2350m: 40:43.66	50.62
	150m: 2:27.85	51.86	900m: 15:28.70	50.58	1650m: 28:31.90	52.31	2400m: 41:34.97	51.31
	200m: 3:19.48	51.63	950m: 16:20.81	52.11	1700m: 29:25.33	53.43	2450m: 42:26.51	51.54
	250m: 4:11.46	51.98	1000m: 17:14.41	53.60	1750m: 30:18.68	53.35	2500m: 43:18.41	51.90
	300m: 5:03.81	52.35	1050m: 18:07.28	52.87	1800m: 31:11.24	52.56	2550m: 44:10.46	52.05
	350m: 5:57.37	53.56	1100m: 19:00.40	53.12	1850m: 32:04.46	53.22	2600m: 45:02.61	52.15
	400m: 6:49.94	52.57	1150m: 19:52.59	52.19	1900m: 32:56.13	51.67	2650m: 45:55.17	52.56
	450m: 7:43.15	53.21	1200m: 20:44.92	52.33	1950m: 33:48.84	52.71	2700m: 46:47.00	51.83
	500m: 8:35.06	51.91	1250m: 21:37.23	52.31	2000m: 34:40.77	51.93	2750m: 47:39.20	52.20
	550m: 9:27.83	52.77	1300m: 22:29.83	52.60	2050m: 35:32.39	51.62	2800m: 48:31.57	52.37
	600m: 10:20.14	52.31	1350m: 23:22.38	52.55	2100m: 36:23.89	51.50	2850m: 49:23.39	51.82
	650m: 11:11.32	51.18	1400m: 24:14.52	52.14	2150m: 37:16.00	52.11	2900m: 50:15.26	51.87
	700m: 12:03.65	52.33	1450m: 25:06.39	51.87	2200m: 38:08.05	52.05	2950m: 51:06.82	51.56
	750m: 12:55.40	51.75	1500m: 25:57.08	50.69	2250m: 38:59.89	51.84	3000m: 51:52.98	46.16

Prueba 6, Fem., 3000m Libre, 45+

Clasificación	AN		Tiempo		Puntos
2. RAMO REY-JOLY, Cristina	77	C.D. Jerez Natacion Master	56:16.05	16,00	
50m: 53.33	53.33	800m: 14:51.25	56.29	1550m: 29:01.53	56.62
100m: 1:47.01	53.68	850m: 15:47.55	56.30	1600m: 29:58.18	56.65
150m: 2:42.97	55.96	900m: 16:44.56	57.01	1650m: 30:55.46	57.28
200m: 3:40.14	57.17	950m: 17:41.47	56.91	1700m: 31:52.54	57.08
250m: 4:36.34	56.20	1000m: 18:38.39	56.92	1750m: 32:49.98	57.44
300m: 5:32.30	55.96	1050m: 19:34.77	56.38	1800m: 33:46.82	56.84
350m: 6:27.28	54.98	1100m: 20:31.62	56.85	1850m: 34:43.98	57.16
400m: 7:23.27	55.99	1150m: 21:27.70	56.08	1900m: 35:40.94	56.96
450m: 8:19.37	56.10	1200m: 22:23.64	55.94	1950m: 36:37.67	56.73
500m: 9:15.23	55.86	1250m: 23:20.64	57.00	2000m: 37:33.84	56.17
550m: 10:11.80	56.57	1300m: 24:17.71	57.07	2050m: 38:30.44	56.60
600m: 11:08.10	56.30	1350m: 25:14.68	56.97	2100m: 39:26.39	55.95
650m: 12:04.28	56.18	1400m: 26:11.80	57.12	2150m: 40:23.25	56.86
700m: 13:00.43	56.15	1450m: 27:08.29	56.49	2200m: 41:19.45	56.20
750m: 13:54.96	54.53	1500m: 28:04.91	56.62	2250m: 42:16.69	57.24
				2300m: 43:13.92	57.23
				2350m: 44:10.40	56.48
				2400m: 45:06.48	56.08
				2450m: 46:03.67	57.19
				2500m: 47:01.17	57.50
				2550m: 47:57.64	56.47
				2600m: 48:53.70	56.06
				2650m: 49:50.60	56.90
				2700m: 50:47.18	56.58
				2750m: 51:43.00	55.82
				2800m: 52:38.49	55.49
				2850m: 53:33.75	55.26
				2900m: 54:29.26	55.51
				2950m: 55:24.53	55.27
				3000m: 56:16.05	51.52
3. MAÑAS PEREZ, Maria Del Carmen	78	Universidad De Granada	1:03:25.24	14,00	
50m: 56.41	56.41	800m: 16:23.57	1:03.71	1550m: 32:23.82	1:04.80
100m: 1:54.31	57.90	850m: 17:26.17	1:02.60	1600m: 33:28.54	1:04.72
150m: 2:53.98	59.67	900m: 18:29.75	1:03.58	1650m: 34:33.74	1:05.20
200m: 3:54.84	1:00.86	950m: 19:33.31	1:03.56	1700m: 35:37.85	1:04.11
250m: 4:56.61	1:01.77	1000m: 20:37.14	1:03.83	1750m: 36:42.22	1:04.37
300m: 5:57.77	1:01.16	1050m: 21:41.40	1:04.26	1800m: 37:47.92	1:05.70
350m: 6:58.74	1:00.97	1100m: 22:45.61	1:04.21	1850m: 38:53.70	1:05.78
400m: 8:00.23	1:01.49	1150m: 23:49.73	1:04.12	1900m: 39:58.98	1:05.28
450m: 9:02.39	1:02.16	1200m: 24:55.16	1:05.43	1950m: 41:02.13	1:03.15
500m: 10:04.69	1:02.30	1250m: 25:59.73	1:04.57	2000m: 42:06.57	1:04.44
550m: 11:07.46	1:02.77	1300m: 27:03.41	1:03.68	2050m: 43:10.49	1:03.92
600m: 12:09.90	1:02.44	1350m: 28:06.91	1:03.50	2100m: 44:16.14	1:05.65
650m: 13:12.61	1:02.71	1400m: 29:10.82	1:03.91	2150m: 45:20.61	1:04.47
700m: 14:17.13	1:04.52	1450m: 30:14.34	1:03.52	2200m: 46:25.03	1:04.42
750m: 15:19.86	1:02.73	1500m: 31:19.02	1:04.68	2250m: 47:30.44	1:05.41
				2300m: 48:35.03	1:04.59
				2350m: 49:39.76	1:04.73
				2400m: 50:44.98	1:05.22
				2450m: 51:49.19	1:04.21
				2500m: 52:54.01	1:04.82
				2550m: 53:59.56	1:05.55
				2600m: 55:03.34	1:03.78
				2650m: 56:07.26	1:03.92
				2700m: 57:11.00	1:03.74
				2750m: 58:16.56	1:05.56
				2800m: 59:21.66	1:05.10
				2850m: 1:00:26.14	1:04.48
				2900m: 1:01:29.95	1:03.81
				2950m: 1:02:31.31	1:01.36
				3000m: 1:03:25.24	53.93

Prueba 6

Fem., 3000m Libre

50+

22/03/2026 - 13:21

Resultados

Clasificación	AN		Tiempo		Puntos
1. LORITE COBO, Amelia	75	C.N.Master Jaen	50:54.74	19,00	
50m: 46.62	46.62	800m: 13:23.49	50.81	1550m: 26:08.98	51.13
100m: 1:35.24	48.62	850m: 14:14.42	50.93	1600m: 26:59.79	50.81
150m: 2:24.94	49.70	900m: 15:04.75	50.33	1650m: 27:51.10	51.31
200m: 3:15.09	50.15	950m: 15:55.51	50.76	1700m: 28:42.54	51.44
250m: 4:05.67	50.58	1000m: 16:46.62	51.11	1750m: 29:34.06	51.52
300m: 4:56.23	50.56	1050m: 17:37.65	51.03	1800m: 30:25.43	51.37
350m: 5:46.60	50.37	1100m: 18:28.94	51.29	1850m: 31:16.49	51.06
400m: 6:37.21	50.61	1150m: 19:20.23	51.29	1900m: 32:07.83	51.34
450m: 7:27.88	50.67	1200m: 20:11.30	51.07	1950m: 32:59.35	51.52
500m: 8:18.70	50.82	1250m: 21:02.28	50.98	2000m: 33:50.58	51.23
550m: 9:09.50	50.80	1300m: 21:53.42	51.14	2050m: 34:42.08	51.50
600m: 10:00.06	50.56	1350m: 22:44.90	51.48	2100m: 35:34.12	52.04
650m: 10:50.62	50.56	1400m: 23:35.81	50.91	2150m: 36:26.11	51.99
700m: 11:41.99	51.37	1450m: 24:27.15	51.34	2200m: 37:17.97	51.86
750m: 12:32.68	50.69	1500m: 25:17.85	50.70	2250m: 38:10.13	52.16
				2300m: 39:02.30	52.17
				2350m: 39:54.47	52.17
				2400m: 40:46.47	52.00
				2450m: 41:37.75	51.28
				2500m: 42:29.03	51.28
				2550m: 43:19.73	50.70
				2600m: 44:10.47	50.74
				2650m: 45:01.45	50.98
				2700m: 45:51.94	50.49
				2750m: 46:42.82	50.88
				2800m: 47:33.45	50.63
				2850m: 48:24.52	51.07
				2900m: 49:15.87	51.35
				2950m: 50:06.63	50.76
				3000m: 50:54.74	48.11

Prueba 6, Fem., 3000m Libre, 50+

Clasificación	AN		Tiempo		Puntos
2. ONION, Sophie Jane	76		Club Natacion Estepona		55:37.76 16,00
50m: 50.56	50.56	800m: 14:28.72	54.45	1550m: 28:31.80	55.90
100m: 1:42.78	52.22	850m: 15:24.36	55.64	1600m: 29:28.41	56.61
150m: 2:36.00	53.22	900m: 16:20.97	56.61	1650m: 30:24.43	56.02
200m: 3:30.10	54.10	950m: 17:20.62	59.65	1700m: 31:21.27	56.84
250m: 4:23.81	53.71	1000m: 18:15.87	55.25	1750m: 32:18.21	56.94
300m: 5:18.04	54.23	1050m: 19:10.77	54.90	1800m: 33:15.20	56.99
350m: 6:12.84	54.80	1100m: 20:06.92	56.15	1850m: 34:11.15	55.95
400m: 7:07.52	54.68	1150m: 21:03.30	56.38	1900m: 35:08.23	57.08
450m: 8:02.32	54.80	1200m: 21:59.84	56.54	1950m: 36:04.72	56.49
500m: 8:58.25	55.93	1250m: 22:55.73	55.89	2000m: 37:02.92	58.20
550m: 9:52.90	54.65	1300m: 23:52.28	56.55	2050m: 37:59.38	56.46
600m: 10:47.87	54.97	1350m: 24:48.39	56.11	2100m: 38:56.30	56.92
650m: 11:43.66	55.79	1400m: 25:44.28	55.89	2150m: 39:53.05	56.75
700m: 12:39.69	56.03	1450m: 26:39.32	55.04	2200m: 40:49.29	56.24
750m: 13:34.27	54.58	1500m: 27:35.90	56.58	2250m: 41:46.13	56.84
				2300m: 42:42.32	56.19
				2350m: 43:38.83	56.51
				2400m: 44:35.24	56.41
				2450m: 45:30.92	55.68
				2500m: 46:27.09	56.17
				2550m: 47:23.96	56.87
				2600m: 48:20.72	56.76
				2650m: 49:16.92	56.20
				2700m: 50:14.01	57.09
				2750m: 51:09.80	55.79
				2800m: 52:04.22	54.42
				2850m: 52:59.88	55.66
				2900m: 53:53.85	53.97
				2950m: 54:48.32	54.47
				3000m: 55:37.76	49.44

Prueba 6
22/03/2026 - 13:21

Fem., 3000m Libre

55+
Resultados

Clasificación	AN		Tiempo		Puntos
1. LARA ALMANSA, Carmen	70		C.N. Roquetas		1:07:50.88 19,00
50m: 57.58	57.58	800m: 17:31.44	1:07.66	1550m: 34:37.03	1:09.01
100m: 1:59.53	1:01.95	850m: 18:38.47	1:07.03	1600m: 35:45.13	1:08.10
150m: 3:04.42	1:04.89	900m: 19:46.88	1:08.41	1650m: 36:52.32	1:07.19
200m: 4:10.23	1:05.81	950m: 20:53.77	1:06.89	1700m: 38:00.98	1:08.66
250m: 5:16.27	1:06.04	1000m: 22:01.60	1:07.83	1750m: 39:08.94	1:07.96
300m: 6:23.08	1:06.81	1050m: 23:10.88	1:09.28	1800m: 40:16.64	1:07.70
350m: 7:29.95	1:06.87	1100m: 24:19.00	1:08.12	1850m: 41:24.93	1:08.29
400m: 8:36.65	1:06.70	1150m: 25:27.82	1:08.82	1900m: 42:34.02	1:09.09
450m: 9:43.23	1:06.58	1200m: 26:36.03	1:08.21	1950m: 43:42.78	1:08.76
500m: 10:50.20	1:06.97	1250m: 27:44.52	1:08.49	2000m: 44:50.80	1:08.02
550m: 11:56.19	1:05.99	1300m: 28:53.63	1:09.11	2050m: 45:59.67	1:08.87
600m: 13:03.45	1:07.26	1350m: 30:01.80	1:08.17	2100m: 47:08.24	1:08.57
650m: 14:10.45	1:07.00	1400m: 31:10.64	1:08.84	2150m: 48:17.62	1:09.38
700m: 15:17.59	1:07.14	1450m: 32:19.72	1:09.08	2200m: 49:25.12	1:07.50
750m: 16:23.78	1:06.19	1500m: 33:28.02	1:08.30	2250m: 50:32.76	1:07.64
				2300m: 51:40.49	1:07.73
				2350m: 52:48.68	1:08.19
				2400m: 53:58.41	1:09.73
				2450m: 55:07.39	1:08.98
				2500m: 56:15.81	1:08.42
				2550m: 57:25.15	1:09.34
				2600m: 58:35.32	1:10.17
				2650m: 59:45.45	1:10.13
				2700m: 1:00:54.85	1:09.40
				2750m: 1:02:05.33	1:10.48
				2800m: 1:03:15.00	1:09.67
				2850m: 1:04:24.87	1:09.87
				2900m: 1:05:34.20	1:09.33
				2950m: 1:06:44.20	1:10.00
				3000m: 1:07:50.88	1:06.68

Prueba 6
22/03/2026 - 13:21

Fem., 3000m Libre

60+
Resultados

Clasificación	AN		Tiempo		Puntos
1. CORDAL CASTRO, Ma Angeles	66		Natacion Sevilla Master, C.D.		57:57.44 19,00
50m: 54.77	54.77	800m: 15:17.28	58.38	1550m: 29:48.59	57.73
100m: 1:51.32	56.55	850m: 16:14.36	57.08	1600m: 30:46.68	58.09
150m: 2:48.85	57.53	900m: 17:12.50	58.14	1650m: 31:45.42	58.74
200m: 3:46.52	57.67	950m: 18:11.70	59.20	1700m: 32:43.65	58.23
250m: 4:43.96	57.44	1000m: 19:09.22	57.52	1750m: 33:42.50	58.85
300m: 5:41.85	57.89	1050m: 20:07.09	57.87	1800m: 34:41.86	59.36
350m: 6:39.26	57.41	1100m: 21:04.93	57.84	1850m: 35:39.93	58.07
400m: 7:37.28	58.02	1150m: 22:02.25	57.32	1900m: 36:38.99	59.06
450m: 8:35.29	58.01	1200m: 23:00.63	58.38	1950m: 37:38.51	59.52
500m: 9:33.33	58.04	1250m: 23:58.57	57.94	2000m: 38:36.56	58.05
550m: 10:30.53	57.20	1300m: 24:56.31	57.74	2050m: 39:35.20	58.64
600m: 11:27.26	56.73	1350m: 25:54.92	58.61	2100m: 40:34.36	59.16
650m: 12:24.41	57.15	1400m: 26:54.40	59.48	2150m: 41:33.06	58.70
700m: 13:21.00	56.59	1450m: 27:52.99	58.59	2200m: 42:32.18	59.12
750m: 14:18.90	57.90	1500m: 28:50.86	57.87	2250m: 43:30.51	58.33
				2300m: 44:28.80	58.29
				2350m: 45:27.84	59.04
				2400m: 46:26.87	59.03
				2450m: 47:25.82	58.95
				2500m: 48:24.66	58.84
				2550m: 49:24.33	59.67
				2600m: 50:23.32	58.99
				2650m: 51:20.79	57.47
				2700m: 52:18.05	57.26
				2750m: 53:14.89	56.84
				2800m: 54:11.99	57.10
				2850m: 55:09.33	57.34
				2900m: 56:06.25	56.92
				2950m: 57:02.87	56.62
				3000m: 57:57.44	54.57

Prueba 6, Fem., 3000m Libre, 60+

Clasificación	AN		Tiempo		Puntos			
2.	MUÑOZ RAMOS, Ma Teresa		63	C.N. San Fernando	1:02:10.38 16,00			
	50m: 55.31	55.31	800m: 16:01.96	1:00.76	1550m: 31:28.75	1:02.52	2300m: 47:15.88	1:03.24
	100m: 1:54.63	59.32	850m: 17:02.74	1:00.78	1600m: 32:31.52	1:02.77	2350m: 48:19.84	1:03.96
	150m: 2:54.70	1:00.07	900m: 18:03.90	1:01.16	1650m: 33:34.53	1:03.01	2400m: 49:23.63	1:03.79
	200m: 3:54.68	59.98	950m: 19:04.41	1:00.51	1700m: 34:37.35	1:02.82	2450m: 50:27.62	1:03.99
	250m: 4:55.84	1:01.16	1000m: 20:04.76	1:00.35	1750m: 35:40.40	1:03.05	2500m: 51:31.27	1:03.65
	300m: 5:55.92	1:00.08	1050m: 21:06.42	1:01.66	1800m: 36:43.29	1:02.89	2550m: 52:35.16	1:03.89
	350m: 6:55.86	59.94	1100m: 22:07.52	1:01.10	1850m: 37:46.19	1:02.90	2600m: 53:38.76	1:03.60
	400m: 7:56.23	1:00.37	1150m: 23:08.28	1:00.76	1900m: 38:50.04	1:03.85	2650m: 54:43.09	1:04.33
	450m: 8:56.25	1:00.02	1200m: 24:09.68	1:01.40	1950m: 39:53.30	1:03.26	2700m: 55:46.87	1:03.78
	500m: 9:57.91	1:01.66	1250m: 25:11.93	1:02.25	2000m: 40:56.31	1:03.01	2750m: 56:50.71	1:03.84
	550m: 10:58.30	1:00.39	1300m: 26:15.02	1:03.09	2050m: 41:58.98	1:02.67	2800m: 57:55.20	1:04.49
	600m: 11:58.92	1:00.62	1350m: 27:17.52	1:02.50	2100m: 43:02.08	1:03.10	2850m: 58:59.49	1:04.29
	650m: 12:59.97	1:01.05	1400m: 28:20.39	1:02.87	2150m: 44:04.81	1:02.73	2900m 1:00:03.84	1:04.35
	700m: 13:59.84	59.87	1450m: 29:23.27	1:02.88	2200m: 45:08.06	1:03.25	2950m 1:01:08.90	1:05.06
	750m: 15:01.20	1:01.36	1500m: 30:26.23	1:02.96	2250m: 46:12.64	1:04.58	3000m 1:02:10.38	1:01.48

Prueba 6
22/03/2026 - 13:21

Fem., 3000m Libre

65+
Resultados

Clasificación	AN		Tiempo		Puntos			
1.	RIOS PADIAL, Maria Del Carmen		60	Natacion Sevilla Master, C.D.	51:16.14 19,00			
	50m: 47.17	47.17	800m: 13:23.37	50.69	1550m: 26:11.25	50.89	2300m: 39:02.65	52.43
	100m: 1:36.87	49.70	850m: 14:13.91	50.54	1600m: 27:02.10	50.85	2350m: 39:54.78	52.13
	150m: 2:27.39	50.52	900m: 15:04.56	50.65	1650m: 27:52.64	50.54	2400m: 40:46.89	52.11
	200m: 3:17.89	50.50	950m: 15:55.25	50.69	1700m: 28:43.72	51.08	2450m: 41:39.66	52.77
	250m: 4:08.50	50.61	1000m: 16:46.36	51.11	1750m: 29:34.65	50.93	2500m: 42:31.45	51.79
	300m: 4:58.53	50.03	1050m: 17:37.80	51.44	1800m: 30:25.31	50.66	2550m: 43:23.79	52.34
	350m: 5:48.69	50.16	1100m: 18:29.03	51.23	1850m: 31:16.52	51.21	2600m: 44:16.74	52.95
	400m: 6:38.86	50.17	1150m: 19:20.78	51.75	1900m: 32:07.94	51.42	2650m: 45:09.60	52.86
	450m: 7:28.95	50.09	1200m: 20:12.28	51.50	1950m: 32:58.96	51.02	2700m: 46:02.05	52.45
	500m: 8:19.50	50.55	1250m: 21:03.53	51.25	2000m: 33:50.46	51.50	2750m: 46:55.00	52.95
	550m: 9:09.95	50.45	1300m: 21:54.75	51.22	2050m: 34:42.22	51.76	2800m: 47:47.86	52.86
	600m: 10:00.82	50.87	1350m: 22:46.48	51.73	2100m: 35:34.32	52.10	2850m: 48:40.25	52.39
	650m: 10:51.39	50.57	1400m: 23:38.10	51.62	2150m: 36:26.05	51.73	2900m: 49:31.70	51.45
	700m: 11:42.46	51.07	1450m: 24:29.06	50.96	2200m: 37:18.13	52.08	2950m: 50:25.07	53.37
	750m: 12:32.68	50.22	1500m: 25:20.36	51.30	2250m: 38:10.22	52.09	3000m: 51:16.14	51.07
2.	MARFIL PEREZ DE LA LASTRA, Magd60na		60	C.N. Cadiz	53:27.36 21,00	RA		
	50m: 44.89	44.89	800m: 13:42.39	53.02	1550m: 27:03.29	54.48	2300m: 40:41.30	56.43
	100m: 1:33.45	48.56	850m: 14:35.02	52.63	1600m: 27:57.36	54.07	2350m: 41:35.92	54.62
	150m: 2:23.50	50.05	900m: 15:27.48	52.46	1650m: 28:51.60	54.24	2400m: 42:30.75	54.83
	200m: 3:14.78	51.28	950m: 16:19.88	52.40	1700m: 29:45.66	54.06	2450m: 43:25.16	54.41
	250m: 4:06.29	51.51	1000m: 17:13.47	53.59	1750m: 30:39.86	54.20	2500m: 44:20.14	54.98
	300m: 4:58.04	51.75	1050m: 18:07.36	53.89	1800m: 31:34.49	54.63	2550m: 45:15.10	54.96
	350m: 5:50.52	52.48	1100m: 19:00.34	52.98	1850m: 32:29.61	55.12	2600m: 46:10.11	55.01
	400m: 6:42.60	52.08	1150m: 19:53.83	53.49	1900m: 33:23.53	53.92	2650m: 47:05.03	54.92
	450m: 7:34.85	52.25	1200m: 20:47.16	53.33	1950m: 34:18.19	54.66	2700m: 47:59.96	54.93
	500m: 8:27.20	52.35	1250m: 21:40.43	53.27	2000m: 35:12.68	54.49	2750m: 48:55.07	55.11
	550m: 9:19.59	52.39	1300m: 22:34.03	53.60	2050m: 36:07.02	54.34	2800m: 49:49.85	54.78
	600m: 10:11.50	51.91	1350m: 23:27.36	53.33	2100m: 37:01.13	54.11	2850m: 50:44.97	55.12
	650m: 11:04.17	52.67	1400m: 24:21.22	53.86	2150m: 37:55.57	54.44	2900m: 51:39.25	54.28
	700m: 11:56.66	52.49	1450m: 25:14.70	53.48	2200m: 38:50.57	55.00	2950m: 52:33.95	54.70
	750m: 12:49.37	52.71	1500m: 26:08.81	54.11	2250m: 39:44.87	54.30	3000m: 53:27.36	53.41

Prueba 6, Fem., 3000m Libre, 65+

Clasificación	AN		Tiempo		Puntos
3.	JARQUE MULERO, Elena		61	Natacion Sevilla Master, C.D.	1:02:15.82 14,00
	50m: 54.11	54.11	800m: 16:08.05	1:01.34	1550m: 31:42.29 1:03.27
	100m: 1:52.67	58.56	850m: 17:09.25	1:01.20	1600m: 32:45.74 1:03.45
	150m: 2:52.94	1:00.27	900m: 18:11.33	1:02.08	1650m: 33:48.28 1:02.54
	200m: 3:54.03	1:01.09	950m: 19:13.84	1:02.51	1700m: 34:51.60 1:03.32
	250m: 4:55.18	1:01.15	1000m: 20:15.60	1:01.76	1750m: 35:55.16 1:03.56
	300m: 5:56.21	1:01.03	1050m: 21:17.70	1:02.10	1800m: 36:58.57 1:03.41
	350m: 6:56.93	1:00.72	1100m: 22:19.14	1:01.44	1850m: 38:02.16 1:03.59
	400m: 7:58.11	1:01.18	1150m: 23:20.70	1:01.56	1900m: 39:04.70 1:02.54
	450m: 8:59.34	1:01.23	1200m: 24:23.84	1:03.14	1950m: 40:05.70 1:01.00
	500m: 10:00.22	1:00.88	1250m: 25:25.43	1:01.59	2000m: 41:07.52 1:01.82
	550m: 11:01.24	1:01.02	1300m: 26:29.08	1:03.65	2050m: 42:11.21 1:03.69
	600m: 12:02.16	1:00.92	1350m: 27:31.60	1:02.52	2100m: 43:13.45 1:02.24
	650m: 13:03.80	1:01.64	1400m: 28:33.69	1:02.09	2150m: 44:16.57 1:03.12
	700m: 14:05.31	1:01.51	1450m: 29:36.33	1:02.64	2200m: 45:21.44 1:04.87
	750m: 15:06.71	1:01.40	1500m: 30:39.02	1:02.69	2250m: 46:25.39 1:03.95
					2300m: 47:28.08 1:02.69
					2350m: 48:32.22 1:04.14
					2400m: 49:35.63 1:03.41
					2450m: 50:39.37 1:03.74
					2500m: 51:43.66 1:04.29
					2550m: 52:47.78 1:04.12
					2600m: 53:51.65 1:03.87
					2650m: 54:55.70 1:04.05
					2700m: 55:59.26 1:03.56
					2750m: 57:02.93 1:03.67
					2800m: 58:05.23 1:02.30
					2850m: 59:09.17 1:03.94
					2900m 1:00:13.42 1:04.25
					2950m 1:01:16.12 1:02.70
					3000m 1:02:15.82 59.70

Prueba 6
22/03/2026 - 13:21

Fem., 3000m Libre

75+
Resultados

Clasificación	AN		Tiempo		Puntos
1.	ASENSIO ALCAIDE, Maria Del Carmen 51		C.D. Jerez Natacion Master	1:14:42.18	24,00 RA
	50m: 1:07.24	1:07.24	800m: 19:08.76	1:13.44	1550m: 38:03.06 1:16.77
	100m: 2:17.33	1:10.09	850m: 20:23.36	1:14.60	1600m: 39:19.68 1:16.62
	150m: 3:28.07	1:10.74	900m: 21:36.91	1:13.55	1650m: 40:35.51 1:15.83
	200m: 4:39.42	1:11.35	950m: 22:51.32	1:14.41	1700m: 41:51.28 1:15.77
	250m: 5:51.18	1:11.76	1000m: 24:06.54	1:15.22	1750m: 43:07.73 1:16.45
	300m: 7:02.32	1:11.14	1050m: 25:22.26	1:15.72	1800m: 44:24.50 1:16.77
	350m: 8:13.35	1:11.03	1100m: 26:38.75	1:16.49	1850m: 45:41.36 1:16.86
	400m: 9:25.15	1:11.80	1150m: 27:53.82	1:15.07	1900m: 46:58.33 1:16.97
	450m: 10:37.08	1:11.93	1200m: 29:09.32	1:15.50	1950m: 48:16.42 1:18.09
	500m: 11:48.77	1:11.69	1250m: 30:25.20	1:15.88	2000m: 49:33.67 1:17.25
	550m: 13:00.48	1:11.71	1300m: 31:41.13	1:15.93	2050m: 50:51.57 1:17.90
	600m: 14:13.53	1:13.05	1350m: 32:56.28	1:15.15	2100m: 52:09.18 1:17.61
	650m: 15:26.89	1:13.36	1400m: 34:12.71	1:16.43	2150m: 53:25.40 1:16.22
	700m: 16:41.59	1:14.70	1450m: 35:29.34	1:16.63	2200m: 54:42.65 1:17.25
	750m: 17:55.32	1:13.73	1500m: 36:46.29	1:16.95	2250m: 55:58.48 1:15.83
					2300m: 57:13.91 1:15.43
					2350m: 58:29.21 1:15.30
					2400m: 59:44.93 1:15.72
					2450m 1:01:01.07 1:16.14
					2500m 1:02:17.50 1:16.43
					2550m 1:03:34.16 1:16.66
					2600m 1:04:48.77 1:14.61
					2650m 1:06:03.19 1:14.42
					2700m 1:07:17.99 1:14.80
					2750m 1:08:32.51 1:14.52
					2800m 1:09:47.37 1:14.86
					2850m 1:11:01.33 1:13.96
					2900m 1:12:16.49 1:15.16
					2950m 1:13:31.38 1:14.89
					3000m 1:14:42.18 1:10.80

4 - 2ª Jornada - 4ª Sesión

22/03/2026

Prueba 7 Masc., 4 x 200m Libre +80
22/03/2026 - 17:45 Resultados

Clasificación						Tempo	Puntos
1.	C.D.N. Sanlucar 80	C.D.N. Sanlucar				9:46.81	38,00
	FRANCO ULRIC, Enrique	05	29.08	32.47	35.16	38.15	2:14.86
	RAPOSO LISTAN, Antonio	06	31.03	35.94	38.11	38.19	2:23.27
	TEJADA BERNAL, Pablo	03	29.25	32.59	36.94	40.06	2:18.84
	SANZ GONZALEZ, Israel	01	38.51	42.08	45.10	44.15	2:49.84

Prueba 7 Masc., 4 x 200m Libre +120
22/03/2026 - 17:45 Resultados

Clasificación						Tempo	Puntos
1.	C.N. Utrera 120	C.N. Utrera				8:17.15	46,00 RE
	PULIDO GARCIA, Jesus	94	28.19	29.94	31.30	32.38	2:01.81
	PEDRO ALMIJEZ, Antonio	88	27.80	30.31	30.56	31.27	1:59.94
	MARTIN NAVARRO, Andres	82	27.34	30.97	32.90	35.38	2:06.59
	CARBALLO RODRIGUEZ, Angel	95	28.61	32.28	33.29	34.63	2:08.81
2.	Natacion Sevilla Master	Natacion Sevilla Master, C.D.				9:21.57	32,00
	MORENO PONTES, Pedro Jose	89	31.06	33.41	34.55	33.84	2:12.86
	PEREZ PACHECO, Manuel	98	33.94	38.91	41.87	41.74	2:36.46
	GAITAN CANTOS, Ignacio	99	33.06	35.66	36.74	35.57	2:21.03
	LLOPIS ORTIZ, Antonio	87	29.27	32.38	34.33	35.24	2:11.22

Prueba 7 Masc., 4 x 200m Libre +160
22/03/2026 - 17:45 Resultados

Clasificación						Tempo	Puntos
1.	Natacion Sevilla Master	Natacion Sevilla Master, C.D.				10:00.09	38,00
	OLMEDO ROBLEDO, Eduardo	73	33.72	37.34	39.01	37.51	2:27.58
	PACHECO POLO, Pedro	85	32.00	35.75	37.01	37.26	2:22.02
	PAÑOS ADILLO, Unai	78	37.35	40.63	43.04	44.03	2:45.05
	MACARRO SANCHO, Jesus	74	31.40	37.08	39.09	37.87	2:25.44
2.	C.D. Jerez Natacion Master 160	C.D. Jerez Natacion Master				10:08.88	32,00
	LEAL VALERA, Daniel	90	31.54	34.22	36.20	36.57	2:18.53
	PULIDO CASAS, Carlos Manuel	91	38.86	45.42	49.48	50.16	3:03.92
	MATEO VIAÑA, Rafael	80	33.77	36.72	39.03	40.26	2:29.78
	MAESTRA GARCIA, Cecilio	82	31.39	33.89	35.49	35.88	2:16.65
3.	C.N. Cadiz 160	C.N. Cadiz				10:28.43	28,00
	VIA HEREDIA, Victoriano	96	32.26	36.47	39.82	40.02	2:28.57
	GARCIA MAESTRE, David	72	34.12	38.57	40.71	39.11	2:32.51
	PEÑA JIMENEZ, Javier	74	33.11	35.89	40.17	41.45	2:30.62
	MUÑOZ DE LAS HERAS, Javier	64	36.86	44.65	49.08	46.14	2:56.73
4.	C.N. Dos Hermanas 160	C.N. Dos Hermanas				10:57.12	26,00
	CARRERA ARMARIO, Jorge	80	32.66	36.35	37.94	38.90	2:25.85
	ARROYO MARTINEZ, Felipe	93	28.17	31.91	32.90	32.58	2:05.56
	COBO REDONDO, Manuel	60	46.14	52.82	54.62	54.69	3:28.27
	MARQUEZ SEVILLA, Luis Maria	88	38.71	43.13	47.65	47.95	2:57.44
5.	Universidad De Granada 160	Universidad De Granada				11:29.76	24,00
	RUIZ SOLARTE, Eduardo	90	32.58	35.36	36.19	35.82	2:19.95
	PLATA FERNANDEZ, Joaquin	80	35.57	38.17	39.35	39.11	2:32.20
	CASTRO AGUILAR, Custodio	63	41.10	46.26	48.70	47.57	3:03.63
	FAJARDO GOMEZ DE SALAZAR, Antonio	74	47.56	53.58	57.83	55.01	3:33.98

Prueba 7, Masc., 4 x 200m Libre

Prueba 7 Masc., 4 x 200m Libre +200
22/03/2026 - 17:45 Resultados

Clasificación						Tiempo	Puntos
1.	Universidad De Granada 200		Universidad De Granada			9:07.78	43,00 RA
	VALENZUELA MASSANA, Santiago	74	28.76	33.48	35.03	34.87	2:12.14
	RUIZ GUTIERREZ, Mariano	74	31.67	35.47	36.84	37.24	2:21.22
	GARACH GOMEZ, Manuel	74	29.54	33.09	33.63	34.54	2:10.80
	REPISO PEREZ, Jose Antonio	76	31.01	34.96	37.71	39.94	2:23.62
2.	C.D. Jerez Natacion Master 200		C.D. Jerez Natacion Master			12:20.65	32,00
	RODRIGUEZ GARDUÑO, Jorge	76	34.71	37.60	40.31	41.20	2:33.82
	RIGUAL DE HEREDIA, Carlos	57	42.50	45.93	47.70	48.97	3:05.10
	GARCIA CUEVAS, Rafael	70	53.52	55.21	58.12	57.74	3:44.59
	GARCIA MACIAS, Jose Angel	70	40.24	43.14	46.28	47.48	2:57.14

Prueba 7 Masc., 4 x 200m Libre +240
22/03/2026 - 17:45 Resultados

Clasificación						Tiempo	Puntos
1.	Natacion Sevilla Master		Natacion Sevilla Master, C.D.			11:47.28	38,00
	FERNANDEZ-PRADA ARIAS, Miguel Angel	63	40.37	44.05	47.24	46.52	2:58.18
	ROCA JIMENEZ, Carlos	65	40.23	47.39	53.05	51.60	3:12.27
	IBAÑEZ ALMENDRO, Carlos	67	41.48	45.68	48.22	47.65	3:03.03
	FERNANDEZ PASTOR, Joaquin	68	36.26	38.60	38.08	40.86	2:33.80

Prueba 7 Masc., 4 x 200m Libre +280
22/03/2026 - 17:45 Resultados

Clasificación						Tiempo	Puntos
1.	Natacion Sevilla Master		Natacion Sevilla Master, C.D.			12:15.25	38,00
	RIVERO CAMACHO, Jose Maria	52	44.04	48.15	49.98	50.08	3:12.25
	LIGIOIZ VAZQUEZ, Juan Luis	54	41.12	45.85	47.34	49.81	3:04.12
	ESQUIVIAS FEDRIANI, Luis	54	40.82	44.31	46.71	46.20	2:58.04
	PACHECO GOMEZ, Fco. José	58	40.60	44.49	48.01	47.74	3:00.84

Prueba 8 Fem., 4 x 200m Libre +100
22/03/2026 - 18:13 Resultados

Clasificación						Tiempo	Puntos
1.	Universidad De Granada 100		Universidad De Granada			11:22.89	38,00
	MARTINEZ GIL, Sara	01	34.34	38.98	40.79	40.29	2:34.40
	CANO ADAMUZ, Marta	97	35.98	40.38	42.85	43.31	2:42.52
	SANTILLANA CAMARGO, DIANA NOHEMI	98	39.32	43.10	44.78	45.09	2:52.29
	KRASILNIKOVA, Alexandra	93	42.48	48.08	51.03	52.09	3:13.68

Prueba 8, Fem., 4 x 200m Libre

Prueba 8 Fem., 4 x 200m Libre +120
22/03/2026 - 18:13 Resultados

Clasificación						Tiempo	Puntos
1.	C.D. Jerez Natacion Master 120	C.D. Jerez Natacion Master				10:54.23	38,00
	RIOS GUERRERO, Ariadna	01	34.92	38.51	40.57	40.20	2:34.20
	ESLAVA TRONCOSO, Yolanda	96	35.46	40.62	43.84	42.38	2:42.30
	BUDINICH GALVEZ, Vivian Stephanie	85	40.17	45.37	47.81	45.41	2:58.76
	MORIANA MARTIN, Fatima	82	35.93	39.62	41.79	41.63	2:38.97
2.	C.D. Indea 120	C.D. Indea				11:23.48	32,00
	BAENA MINGUEZ, Lucia	98	31.91	36.49	39.04	41.85	2:29.29
	GARCIA MOLINA, Maria Rosa	85	36.21	45.77	51.03	51.52	3:04.53
	MORENO CASADO, Maria	99	37.90	43.06	45.15	44.69	2:50.80
	MOLINA BELMONTE, Ana	98	40.81	44.02	46.07	47.96	2:58.86

Prueba 8 Fem., 4 x 200m Libre +200
22/03/2026 - 18:13 Resultados

Clasificación						Tiempo	Puntos
1.	Natacion Sevilla Master	Natacion Sevilla Master, C.D.				11:38.76	38,00
	OLMEDO ROBLEDO, Isabel	69	35.85	39.83	41.51	41.53	2:38.72
	MUR PIÑERO, Ana	73	42.44	48.44	51.75	54.20	3:16.83
	GORDILLO TALLAFET, Gloria	71	38.56	42.74	45.91	44.71	2:51.92
	PORTILLA SILVA, Susana	71	38.84	43.94	44.87	43.64	2:51.29

Prueba 8 Fem., 4 x 200m Libre +240
22/03/2026 - 18:13 Resultados

Clasificación						Tiempo	Puntos
1.	Natacion Sevilla Master	Natacion Sevilla Master, C.D.				13:34.46	43,00 RA
	OCHOA SANCHEZ, Carmen	61	43.52	48.42	50.76	51.73	3:14.43
	JARQUE MULERO, Elena	61	49.23	56.91	59.22	58.79	3:44.15
	CORDAL CASTRO, Ma Angeles	66	46.26	52.83	54.75	51.94	3:25.78
	RIOS PADIAL, Maria Del Carmen	60	43.77	48.52	49.22	48.59	3:10.10

Prueba 9 Mixto, 4 x 200m Libre +120
22/03/2026 - 18:30 Resultados

Clasificación						Tiempo	Puntos
1.	Universidad De Granada 120	Universidad De Granada				10:31.44	38,00
	RUIZ SOLARTE, Eduardo	90	33.71	35.75	36.51	36.33	2:22.30
	PLATA FERNANDEZ, Joaquin	80	35.51	39.43	40.12	38.54	2:33.60
	MARTINEZ GIL, Sara	01	36.08	40.15	41.66	42.67	2:40.56
	SANTILLANA CAMARGO, DIANA NOHEMI	98	38.28	44.09	45.57	47.04	2:54.98
2.	C.D. Indea 120	C.D. Indea				10:35.68	32,00
	GALA GONZALEZ, Luis Manuel	78	39.24	45.58	46.84	45.09	2:56.75
	FERNANDEZ CAÑETE, Aldir	84	29.25	33.31	34.44	34.02	2:11.02
	BAENA MINGUEZ, Lucia	98	33.44	38.26	40.55	39.76	2:32.01
	MOLINA BELMONTE, Ana	98	40.15	44.11	46.08	45.56	2:55.90

Prueba 9, Mixto, 4 x 200m Libre, +120

Clasificación

Clasificación						Tiempo	Puntos
3.	C.D. Jerez Natacion Master 120	C.D. Jerez Natacion Master				10:46.53	28,00
	ESLAVA TRONCOSO, Yolanda	96	36.60	41.07	44.58	43.87	2:46.12
	PULIDO CASAS, Carlos Manuel	91	41.74	47.00	48.49	46.92	3:04.15
	RIOS GUERRERO, Ariadna	01	36.02	38.98	41.31	40.49	2:36.80
	LEAL VALERA, Daniel	90	32.60	35.41	36.44	35.01	2:19.46

Prueba 9

22/03/2026 - 18:30

Mixto, 4 x 200m Libre

+160

Resultados

Clasificación

Clasificación						Tiempo	Puntos
1.	Universidad De Granada 160	Universidad De Granada				10:11.19	38,00
	RUIZ GUTIERREZ, Mariano	74	33.15	35.36	37.10	36.20	2:21.81
	VALENZUELA MASSANA, Santiago	74	29.26	34.29	36.60	36.89	2:17.04
	CANO ADAMUZ, Marta	97	34.42	38.43	40.15	41.02	2:34.02
	KRASILNIKOVA, Alexandra	93	38.12	44.42	48.61	47.17	2:58.32
2.	Natacion Sevilla Master	Natacion Sevilla Master, C.D.				10:12.43	32,00
	MORENO PONTES, Pedro Jose	89	31.12	33.89	35.36	33.85	2:14.22
	OLMEDO ROBLEDO, Isabel	69	34.97	39.64	42.52	41.72	2:38.85
	PORTILLA SILVA, Susana	71	42.98	44.17	45.63	45.83	2:58.61
	GAITAN CANTOS, Ignacio	99	33.03	35.75	36.06	35.91	2:20.75
3.	C.N. Dos Hermanas 160	C.N. Dos Hermanas				10:46.55	28,00
	ABAD ALVAREZ-BENAVIDES, Maria	87	33.32	36.68	39.42	42.05	2:31.47
	GONZALEZ DIAZ, Rocio	73	44.51	55.34	58.74	59.22	3:37.81
	CARRERA ARMARIO, Jorge	80	34.08	38.72	38.94	39.07	2:30.81
	ARROYO MARTINEZ, Felipe	93	28.91	32.45	33.13	31.97	2:06.46
4.	C.D. Jerez Natacion Master 160	C.D. Jerez Natacion Master				11:13.48	26,00
	RODRIGUEZ GARDUÑO, Jorge	76	35.31	38.59	40.47	41.27	2:35.64
	BUDINICH GALVEZ, Vivian Stephanie	85	42.97	46.71	48.29	46.98	3:04.95
	RAMO REY-JOLY, Cristina	77	44.83	49.19	51.29	48.37	3:13.68
	MAESTRA GARCIA, Cecilio	82	32.18	35.13	36.32	35.58	2:19.21

Prueba 9

22/03/2026 - 18:30

Mixto, 4 x 200m Libre

+200

Resultados

Clasificación

Clasificación						Tiempo	Puntos
1.	Natacion Sevilla Master	Natacion Sevilla Master, C.D.				11:16.71	38,00
	LLOPIS ORTIZ, Antonio	87	32.74	33.82	35.21	35.60	2:17.37
	PACHECO POLO, Pedro	85	32.17	36.00	37.68	38.21	2:24.06
	RIOS PADIAL, Maria Del Carmen	60	45.34	51.50	54.94	53.42	3:25.20
	CORDAL CASTRO, Ma Angeles	66	43.48	48.55	49.77	48.28	3:10.08
2.	Universidad De Granada 200	Universidad De Granada				11:27.72	32,00
	REPISO PEREZ, Jose Antonio	76	34.11	36.37	38.03	36.82	2:25.33
	CASTRO AGUILAR, Custodio	63	40.92	45.72	46.58	46.79	3:00.01
	PADILLA GARCIA, Carmen Maria	85	39.53	47.02	49.72	45.70	3:01.97
	AGUI GUERRERO, Nuria	77	40.11	45.67	48.07	46.56	3:00.41
3.	C.D.Resist4 200	C.D.Resist4				12:26.08	28,00
	REDONDO HERRAN, Alberto	74	35.42	38.85	42.74	43.29	2:40.30
	GAY MICHAEL, Angela	70	41.70	45.40	48.24	48.15	3:03.49
	SMYTH, Anne	53	55.28	1:10.43	1:14.72	1:14.59	4:35.02
	DAVIES, Hywel	78	29.02	32.25	33.58	32.42	2:07.27

Prueba 9, Mixto, 4 x 200m Libre

Prueba 9
22/03/2026 - 18:30

Mixto, 4 x 200m Libre

+240
Resultados

Clasificación

						Tiempo	Puntos
1.	Natacion Sevilla Master		Natacion Sevilla Master, C.D.			12:28.14	38,00
	FERNANDEZ CANO, Mario	60	42.09	44.79	45.63	47.03	2:59.54
	MACARRO SANCHO, Jesus	74	32.28	37.41	38.58	37.35	2:25.62
	OCHOA SANCHEZ, Carmen	61	46.39	49.69	50.69	48.99	3:15.76
	JARQUE MULERO, Elena	61	50.49	58.06	1:00.23	58.44	3:47.22
2.	C.D. Jerez Natacion Master 240		C.D. Jerez Natacion Master			14:20.97	32,00
	RIGUAL DE HEREDIA, Carlos	57	47.07	49.60	50.36	46.73	3:13.76
	ARROYO ARBOLEDA, Carmen	67	48.99	53.90	56.70	56.42	3:36.01
	ASENSIO ALCAIDE, Maria Del Carmen	51	1:05.60	1:11.72	1:13.67	1:13.15	4:44.14
	SANCHEZ GUTIERREZ, Luis Miguel	77	37.17	41.86	44.85	43.18	2:47.06

Puntos

Todas las pruebas

Todos, Abs.

1. Natacion Sevilla Master, C.D.	01445	970,00
2. C.D. Jerez Natacion Master	01570	774,00
3. Universidad De Granada	00602	417,00
4. C.D. Indea	01510	318,00
5. C.D.N. Cordoba	00663	262,00
6. C.N. Cadiz	00023	229,00
7. C.N. Dos Hermanas	00603	179,00
8. C.D.Resist4	01565	152,00
9. C.N.Master Jaen	01257	106,00
10. C.N. Utrera	01323	95,00
11. C.N. Montilla	00386	93,00
12. C.D.N.Arahal	01756	80,00
13. C.N. Los Barrios	00821	76,00
14. C.N. Armilla	01181	62,00
15. C.N. Bahia De Cadiz	00722	55,00
16. C.N. Fuengirola	01084	45,00
17. C.D.N. Sanlucar	01158	38,00
Club Natacion Las Gabias	01300	38,00
19. C.N. Caballa - Ciudad De Ceuta	00129	35,00
20. C.N. Roquetas	01089	33,00
21. C.N. San Fernando	00490	32,00
Club Natacion Estepona	01105	32,00
23. C.N. Portuense	00438	29,00
24. Bahia De Almeria N.C	00783	28,00
25. R.C. Mediterraneo	00110	27,00
26. C.D.Delphis	01284	19,00
C.N. Master Murcia	01355	19,00
28. Club Natacion Pedrera	01783	16,00
29. C.N. Huelva	00187	14,00
30. C.D.N. Huetor Tajar	05026	13,00
31. C.D. Natacion Ciudad De Algeciras	01104	6,00

Medallero

Todas las pruebas

			Masc.			Fem.			Todos			Total
			Oro	Plata	Bronce	Oro	Plata	Bronce	Oro	Plata	Bronce	
1. Natacion Sevilla Master, C.D.	01445	ESP	8	8	4	11	4	1	21	13	5	39
2. C.D. Jerez Natacion Master	01570	ESP	5	5	2	9	3	3	14	9	6	29
3. Universidad De Granada	00602	ESP	3	-	3	2	1	1	7	2	4	13
4. C.D.N. Cordoba	00663	ESP	3	3	1	3	3	-	6	6	1	13
5. C.D. Indea	01510	ESP	1	3	3	3	3	1	4	7	4	15
6. C.D.Resist4	01565	ESP	3	-	-	1	3	-	4	3	1	8
7. C.N. Dos Hermanas	00603	ESP	2	-	-	2	-	-	4	-	1	5
8. C.N. Los Barrios	00821	ESP	2	-	-	2	-	-	4	-	-	4
9. C.N.Master Jaen	01257	ESP	2	-	-	1	1	-	3	1	-	4
10. C.N. Cadiz	00023	ESP	-	3	2	2	1	2	2	4	4	10
11. C.D.N.Arahal	01756	ESP	2	1	1	-	-	-	2	1	1	4
C.N. Utrera	01323	ESP	2	1	1	-	-	-	2	1	1	4
13. C.N. Caballa - Ciudad De Ceuta	00129	ESP	1	1	-	-	-	-	1	1	-	2
C.N. Almeria	00201	ESP	1	1	-	-	-	-	1	1	-	2
15. C.N. Montilla	00386	ESP	1	-	3	-	-	-	1	-	3	4
16. C.N. Roquetas	01089	ESP	-	-	-	1	-	1	1	-	1	2
17. C.D.Delphis	01284	ESP	-	-	-	1	-	-	1	-	-	1
C.N. Fuengirola	01084	ESP	1	-	-	-	-	-	1	-	-	1
C.N. Master Murcia	01355	ESP	1	-	-	-	-	-	1	-	-	1
C.D.N. Sanlucar	01158	ESP	1	-	-	-	-	-	1	-	-	1
21. C.N. Armilla	01181	ESP	-	3	1	-	-	-	-	3	1	4
22. C.N. Bahia De Cadiz	00722	ESP	-	2	-	-	-	-	-	2	-	2
C.N. San Fernando	00490	ESP	-	-	-	-	2	-	-	2	-	2
Club Natacion Estepona	01105	ESP	-	-	-	-	2	-	-	2	-	2
25. Club Natacion Pedrera	01783	ESP	-	1	-	-	-	-	-	1	-	1
26. Bahia De Almeria N.C	00783	ESP	-	-	2	-	-	-	-	-	2	2
27. C.N. Huelva	00187	ESP	-	-	-	-	-	1	-	-	1	1
C.N. Portuense	00438	ESP	-	-	1	-	-	-	-	-	1	1
R.C. Mediterraneo	00110	ESP	-	-	1	-	-	-	-	-	1	1

Récords batidos por prueba...

Todas las pruebas

Masc., 800m Libre

4. Serie 9 Serrano Vazquez, Pedro 84 00663 8:57.10 Records Andalucía Masculino 40+

Masc., 1500m Libre

2. Serie 9 Zafra Barbero, David 71 01257 19:14.33 Records Andalucía Masculino 55+

Masc., 3000m Libre

5. Serie 2 Barquero Serrano, A. 68 01510 45:40.53 Records Andalucía Masculino 55+

5. Serie 6 Fernandez Pastor, Joaquin 68 01445 42:13.77 Records Andalucía Masculino 55+

5. Serie 7 Zafra Barbero, David 71 01257 39:34.01 Records Andalucía Masculino 55+

Masc., 4 x 200m Libre

7. Serie 1 C.N. Utrera 01323 8:17.15 Records España Relevos +120
PULIDO GARCIA, Jesus, PEDRO ALMIJEZ, Antonio, MARTIN NAVARRO, Andres, CARBALLO RODRIGUEZ, Angel

7. Serie 1 C.N. Utrera 01323 8:17.15 Records Andalucía Relevos +120
PULIDO GARCIA, Jesus, PEDRO ALMIJEZ, Antonio, MARTIN NAVARRO, Andres, CARBALLO RODRIGUEZ, Angel

7. Serie 2 Universidad De Granada 00602 9:07.78 Records Andalucía Relevos +200
VALENZUELA MASSANA, Santiago, RUIZ GUTIERREZ, Mariano, GARACH GOMEZ, Manuel, REPISO PEREZ, Jose Antonio

Fem., 800m Libre

1. Serie 1 Asensio Alcaide, M. 51 01570 19:03.49 Records Andalucía Femenino 75+

1. Serie 4 Rios Padijal, Maria Del Carmen 60 01445 13:08.41 Records Andalucía Femenino 65+

3. Serie 4 Olmedo Robledo, Isabel 69 01445 11:51.16 Records Andalucía Femenino 55+

Fem., 1500m Libre

1. Serie 1 Asensio Alcaide, M. 51 01570 35:52.62 Records Andalucía Femenino 75+

1. Serie 2 Ochoa Sanchez, Carmen 61 01445 26:38.65 Records Andalucía Femenino 65+

1. Serie 4 Rios Padijal, Maria Del Carmen 60 01445 24:53.25 Records Andalucía Femenino 65+

1. Serie 6 Olmedo Robledo, Isabel 69 01445 22:49.57 Records Andalucía Femenino 55+

1. Serie 6 Souissi Ayuso, Fatima 93 00023 18:46.14 Records Andalucía Femenino 30+

6. Serie 1 Souissi Ayuso, Fatima 93 00023 18:44.03 Records Andalucía Femenino 30+

Fem., 3000m Libre

6. Serie 1 Marfil Perez De La Lastra, M. 60 00023 53:27.36 Records Andalucía Femenino 65+

6. Serie 1 Budinich Galvez, V. 85 01570 50:59.58 Records Andalucía Femenino 40+

6. Serie 1 Souissi Ayuso, Fatima 93 00023 37:48.39 Records Andalucía Femenino 30+

6. Serie 2 Asensio Alcaide, M. 51 01570 1:14:42.18 Records Andalucía Femenino 75+

6. Serie 4 Moriana Martin, Fatima 82 01570 43:35.28 Records Andalucía Femenino 40+

Fem., 4 x 200m Libre

8. Serie 1 Natacion Sevilla Master, C.D. 01445 13:34.46 Records Andalucía Relevos +240
OCHOA SANCHEZ, Carmen, JARQUE MULERO, Elena, CORDAL CASTRO, Ma Angeles, RIOS PADIAL, Maria Del Carmen

Sumario de inscritos

Todas las pruebas

Club	Código	Región	Nadadores:			Individuales			Relevos		
			Masc.	Fem.	Total	Masc.	Fem.	Total	Masc.	Fem.	Total
Bahia De Almeria N.C	00783	101	1	-	1	2	-	2	-	-	-
C.D. Indea	01510	101	5	6	11	10	6	16	1	1	2
C.D. Jerez Natacion Master	01570	101	15	10	25	22	16	38	5	1	6
C.D. Natacion Ciudad De Algeciras	01104	101	1	-	1	1	-	1	-	-	-
C.D.Delphis	01284	101	-	1	1	-	1	1	-	-	-
C.D.N. Cordoba	00663	101	5	3	8	10	6	16	-	-	-
C.D.N. Huetor Tajar	05026	101	1	-	1	1	-	1	-	-	-
C.D.N. Sanlucar	01158	101	4	-	4	-	-	-	1	-	1
C.D.N.Alhaurin de la Torre	01855	101	1	-	1	1	-	1	-	-	-
C.D.N.Arahal	01756	101	5	-	5	6	-	6	-	-	-
C.D.Resist4	01565	101	4	2	6	3	4	7	1	-	1
C.N. Almeria	00201	101	1	-	1	2	-	2	-	-	-
C.N. Armilla	01181	101	2	-	2	4	-	4	-	-	-
C.N. Bahia De Cadiz	00722	101	3	-	3	5	-	5	-	-	-
C.N. Caballa - Ciudad De Ceuta	00129	119	2	-	2	4	-	4	-	-	-
C.N. Cadiz	00023	101	6	3	9	8	5	13	1	-	1
C.N. Dos Hermanas	00603	101	4	2	6	5	3	8	2	-	2
C.N. Fuengirola	01084	101	3	-	3	3	-	3	-	-	-
C.N. Huelva	00187	101	-	1	1	-	1	1	-	-	-
C.N. Los Barrios	00821	101	1	1	2	2	2	4	-	-	-
C.N. Master Murcia	01355	113	1	-	1	1	-	1	-	-	-
C.N. Montilla	00386	101	4	1	5	6	1	7	-	-	-
C.N. Portuense	00438	101	1	-	1	2	-	2	-	-	-
C.N. Roquetas	01089	101	-	1	1	-	2	2	-	-	-
C.N. San Fernando	00490	101	-	1	1	-	2	2	-	-	-
C.N. Utrera	01323	101	7	-	7	4	-	4	1	-	1
C.N.Master Jaen	01257	101	2	1	3	4	2	6	-	-	-
Club Natacion Estepona	01105	101	-	1	1	-	2	2	-	-	-
Club Natacion Las Gabias	01300	101	1	1	2	2	1	3	-	-	-
Club Natacion Pedrera	01783	101	1	-	1	2	-	2	-	-	-
Natacion Sevilla Master, C.D.	01445	101	22	10	32	24	14	38	7	2	9
R.C. Mediterraneo	00110	101	2	-	2	4	-	4	-	-	-
Universidad De Granada	00602	101	8	7	15	10	5	15	5	1	6
Número total de 33 clubes			113	52	165	148	73	221	24	5	29

FICHA TÉCNICA DE LA COMPETICIÓN

NOMBRE DE LA COMPETICIÓN: V CAMPEONATO DE ANDALUCÍA OPEN MÁSTER LARGA DISTANCIA.
FECHA DE CELEBRACIÓN: 21-22 DE MARZO DE 2026
LUGAR DE LA COMPETICIÓN: SAN FERNANDO (CÁDIZ)
ENTIDADES ORGANIZADORAS: FEDERACIÓN ANDALUZA DE NATACIÓN
NOMBRE DE LA PISCINA: P.CUBIERTA "LA MAGDALENA"

PISCINA DE 25 M. Y 6 CALLES, TEMPERATURA DEL AGUA 26° C.

COMPOSICIÓN DEL JURADO:

HORA INICIO Y FINALIZACIÓN 1ª SESIÓN	09:45	13:30
HORA INICIO Y FINALIZACIÓN 2ª SESIÓN	16:15	19:19
HORA INICIO Y FINALIZACIÓN 3ª SESIÓN	09:15	15:27
HORA INICIO Y FINALIZACIÓN 4ª SESIÓN	17:45	19:18

JUEZ ÁRBITRO: MANUEL GALLEGO LOZANO
JUEZ SALIDAS: LUCÍA TRECEÑO FERNÁNDEZ
JUECES DE CARRERAS: JOSÉ CORRALES GARCÍA
LOCUTOR:
JEFE DE CRONOS:

PROTOCOLO: Mª JOSÉ LÓPEZ RIVERO

CRONOMETRAJE ELECTRÓNICO: ALEJANDRO SERRANO CABRERA/ JESÚS RUBIO ALONSO

SECRETARIA DE RESULTADOS: JOSÉ MARÍA SÁNCHEZ INFANTE

DIRECTOR TÉCNICO COMPETICIÓN: ISRAEL GÓMEZ PÉREZ

INCIDENCIAS DE LA COMPETICIÓN: Ninguna.

Certifico la veracidad de los datos que figuran en estos resultados.

EL JUEZ ÁRBITRO

**GALLEGO
LOZANO
MANUEL -
45054992Q**

Firmado digitalmente por
GALLEGO LOZANO MANUEL -
45054992Q
Nombre de reconocimiento (DN):
c=ES,
serialNumber=IDCES-45054992Q,
givenName=MANUEL,
sn=GALLEGO LOZANO,
cn=GALLEGO LOZANO MANUEL -
45054992Q
Fecha: 2026.03.23 09:27:46
+01'00'

FDO. ISRAEL GÓMEZ PÉREZ
DIRECTOR TÉCNICO COMPETICIÓN

FDO. MANUEL GALLEGO LOZANO
JUEZ ÁRBITRO

Firmante digital:GOMEZ PEREZ ISRAEL -
28637531R
DN:CN=GOMEZ PEREZ ISRAEL - 28637531R,
SN=GOMEZ PEREZ, G=ISRAEL,
SERIALNUMBER=IDCES-28637531R, C=ES
Fecha:22/03/2026 22:14:30 +01:00

San Fernando, 22 de marzo de 2026