

Prueba 26 Fem., 1500m Libre 40+
19/12/2021 Resultados

Clasificación	AN	Tiempo	Puntos
WDR GIMENEZ ALOS, Maria Teresa	77 C.D. Jerez Natacion Master		-

Prueba 26 Fem., 1500m Libre 50+
19/12/2021 Resultados

Clasificación	AN	Tiempo	Puntos
1. ASPINALL, Karen	69 C.N. Fuengirola	25:01.59	433,00
50m: 44.60 44.60	450m: 7:21.74 50.74	850m: 14:09.07 50.35	1250m: 20:55.99 50.81
100m: 1:34.02 49.42	500m: 8:12.86 51.12	900m: 14:59.96 50.89	1300m: 21:46.77 50.78
150m: 2:23.96 49.94	550m: 9:03.20 50.34	950m: 15:51.08 51.12	1350m: 22:37.67 50.90
200m: 3:12.71 48.75	600m: 9:54.05 50.85	1000m: 16:42.42 51.34	1400m: 23:28.26 50.59
250m: 4:02.08 49.37	650m: 10:45.07 51.02	1050m: 17:32.78 50.36	1450m: 24:18.40 50.14
300m: 4:51.10 49.02	700m: 11:36.73 51.66	1100m: 18:23.34 50.56	1500m: 25:01.59 43.19
350m: 5:40.30 49.20	750m: 12:27.66 50.93	1150m: 19:14.48 51.14	
400m: 6:31.00 50.70	800m: 13:18.72 51.06	1200m: 20:05.18 50.70	
2. MARTOS MARTIN, Elena	69 C.N. Estepona	27:47.65	316,00
50m: 50.05 50.05	450m: 8:15.76 55.99	850m: 15:45.41 56.69	1250m: 23:13.11 55.93
100m: 1:44.78 54.73	500m: 9:12.15 56.39	900m: 16:41.95 56.54	1300m: 24:08.54 55.43
150m: 2:39.03 54.25	550m: 10:08.20 56.05	950m: 17:37.53 55.58	1350m: 25:04.02 55.48
200m: 3:35.01 55.98	600m: 11:04.55 56.35	1000m: 18:33.50 55.97	1400m: 25:59.97 55.95
250m: 4:32.14 57.13	650m: 12:00.82 56.27	1050m: 19:29.50 56.00	1450m: 26:55.21 55.24
300m: 5:27.54 55.40	700m: 12:57.26 56.44	1100m: 20:25.26 55.76	1500m: 27:47.65 52.44
350m: 6:23.65 56.11	750m: 13:52.96 55.70	1150m: 21:21.15 55.89	
400m: 7:19.77 56.12	800m: 14:48.72 55.76	1200m: 22:17.18 56.03	

Prueba 26 Fem., 1500m Libre 55+
19/12/2021 Resultados

Clasificación	AN	Tiempo	Puntos
1. MONTENEGRO VEGAS, Maria Carmen	65 C.D.N. Inacua Malaga	28:52.74	320,00
50m: 51.61 51.61	450m: 8:28.91 57.02	850m: 16:09.96 57.43	1250m: 23:59.79 59.69
100m: 1:47.77 56.16	500m: 9:26.74 57.83	900m: 17:07.72 57.76	1300m: 24:58.34 58.55
150m: 2:45.69 57.92	550m: 10:24.16 57.42	950m: 18:06.59 58.87	1350m: 25:57.89 59.55
200m: 3:43.18 57.49	600m: 11:21.16 57.00	1000m: 19:06.32 59.73	1400m: 26:57.38 59.49
250m: 4:40.30 57.12	650m: 12:19.28 58.12	1050m: 20:03.98 57.66	1450m: 27:56.41 59.03
300m: 5:37.67 57.37	700m: 13:16.64 57.36	1100m: 21:02.93 58.95	1500m: 28:52.74 56.33
350m: 6:34.90 57.23	750m: 14:14.38 57.74	1150m: 22:01.21 58.28	
400m: 7:31.89 56.99	800m: 15:12.53 58.15	1200m: 23:00.10 58.89	