

Prueba 3  
21/01/2022 - 19:18

Masc., 400m Estilos

25+  
Resultados

Clasificación	AN		Tiempo								
1. SERRANO CANO, Isidoro	96	C.D.N. Cordoba	<b>5:05.39</b> 19,00								
50m:	32.24	32.24	150m:	1:49.71	40.76	250m:	3:10.50	41.21	350m:	4:29.70	37.41
100m:	1:08.95	36.71	200m:	2:29.29	39.58	300m:	3:52.29	41.79	400m:	5:05.39	35.69
2. CUMBRERAS GARCIA, Rafael	96	C.N. Master Jaen	<b>5:16.40</b> 16,00								
50m:	32.42	32.42	150m:	1:50.83	40.84	250m:	3:15.20	44.57	350m:	4:39.56	38.10
100m:	1:09.99	37.57	200m:	2:30.63	39.80	300m:	4:01.46	46.26	400m:	5:16.40	36.84
3. HUELVA LEAL, Jose Luis	95	C.D. Master Huelva	<b>5:38.58</b> 14,00								
50m:	33.53	33.53	150m:	1:56.63	43.94	250m:	3:32.41	50.48	350m:	5:01.52	39.21
100m:	1:12.69	39.16	200m:	2:41.93	45.30	300m:	4:22.31	49.90	400m:	5:38.58	37.06
4. ATIENZA MARQUEZ, Antonio	93	C.D.N. Inacua Malaga	<b>5:39.98</b> 13,00								
50m:	36.28	36.28	150m:	2:03.87	46.94	250m:	3:36.33	48.26	350m:	5:04.02	39.11
100m:	1:16.93	40.65	200m:	2:48.07	44.20	300m:	4:24.91	48.58	400m:	5:39.98	35.96

Prueba 3  
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Masc., 400m Estilos

30+  
Resultados

Clasificación	AN		Tiempo								
1. SANCHEZ AVELLANO, Rafael	89	C.D.N. Cordoba	<b>5:18.30</b> 19,00								
50m:	32.19	32.19	150m:	1:51.54	43.34	250m:	3:21.20	46.40	350m:	4:44.03	36.09
100m:	1:08.20	36.01	200m:	2:34.80	43.26	300m:	4:07.94	46.74	400m:	5:18.30	34.27
2. LUZON GARRIDO, Antonio Jose	88	C.D. Swim Granada	<b>6:48.24</b> 16,00								
50m:	41.25	41.25	150m:	2:23.07	53.26	250m:	4:17.62	59.17	350m:	6:02.14	46.28
100m:	1:29.81	48.56	200m:	3:18.45	55.38	300m:	5:15.86	58.24	400m:	6:48.24	46.10

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Masc., 400m Estilos

35+  
Resultados

Clasificación	AN		Tiempo								
1. SERRANO VAZQUEZ, Pedro	84	C.D.N. Cordoba	<b>4:47.89</b> 24,00 RA								
50m:	29.95	29.95	150m:	1:40.76	36.79	250m:	3:00.11	42.66	350m:	4:16.15	33.28
100m:	1:03.97	34.02	200m:	2:17.45	36.69	300m:	3:42.87	42.76	400m:	4:47.89	31.74
2. HALCON CHACON, Manuel	84	C.D. Master Huelva	<b>5:13.53</b> 16,00								
50m:	33.60	33.60	150m:	1:54.20	40.72	250m:	3:17.42	43.34	350m:	4:37.80	36.33
100m:	1:13.48	39.88	200m:	2:34.08	39.88	300m:	4:01.47	44.05	400m:	5:13.53	35.73
3. AROSTEGUI RAMIREZ, Manuel	84	C.D. Jerez Natacion Master	<b>5:42.89</b> 14,00								
50m:	37.70	37.70	150m:	2:05.65	43.57	250m:	3:38.67	50.80	350m:	5:06.34	37.04
100m:	1:22.08	44.38	200m:	2:47.87	42.22	300m:	4:29.30	50.63	400m:	5:42.89	36.55
DSQ BONAT MARTIN, Raul	83	C.D. Jerez Natacion Master	-								

Prueba 3, Masc., 400m Estilos

Prueba 3  
21/01/2022 - 19:18

Masc., 400m Estilos

40+  
Resultados

Clasificación	AN		Tiempo								
1. RODRIGUEZ RUIZ, Carlos	80	C.N. Los Barrios	<b>5:01.32</b> 24,00 RA								
50m:	31.90	31.90	150m:	1:47.16	38.10	250m:	3:08.10	42.15	350m:	4:27.02	36.34
100m:	1:09.06	37.16	200m:	2:25.95	38.79	300m:	3:50.68	42.58	400m:	5:01.32	34.30
2. DAVIES, Hywel	78	C.D. Resist4	<b>5:03.49</b> 16,00								
50m:	32.60	32.60	150m:	1:49.54	40.00	250m:	3:11.99	44.38	350m:	4:30.33	34.51
100m:	1:09.54	36.94	200m:	2:27.61	38.07	300m:	3:55.82	43.83	400m:	5:03.49	33.16
3. ALAMINOS FERRES, Samuel	82	C.N. Fuengirola	<b>5:59.66</b> 14,00								
50m:	38.02	38.02	150m:	2:07.74	45.61	250m:	3:44.58	51.63	350m:	5:19.45	41.21
100m:	1:22.13	44.11	200m:	2:52.95	45.21	300m:	4:38.24	53.66	400m:	5:59.66	40.21
4. MONREAL GALAN, German Luis	78	C.D. Jerez Natacion Master	<b>6:10.27</b> 13,00								
50m:	41.61	41.61	150m:	2:17.23	48.26	250m:	3:55.93	52.18	350m:	5:31.24	42.22
100m:	1:28.97	47.36	200m:	3:03.75	46.52	300m:	4:49.02	53.09	400m:	6:10.27	39.03
5. PUENTE GARCIA, Ignacio	80	C.D. Jerez Natacion Master	<b>6:53.50</b> 12,00								
50m:	47.15	47.15	150m:	2:34.73	54.96	250m:	4:26.59	56.89	350m:	6:11.01	45.96
100m:	1:39.77	52.62	200m:	3:29.70	54.97	300m:	5:25.05	58.46	400m:	6:53.50	42.49

Prueba 3  
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Masc., 400m Estilos

45+  
Resultados

Clasificación	AN		Tiempo								
1. RODRIGUEZ GARCIA, German	77	Bahia De Almeria N.C	<b>5:09.95</b> 24,00 RA								
50m:	32.52	32.52	150m:	1:49.54	39.73	250m:	3:14.15	46.21	350m:	4:35.80	35.36
100m:	1:09.81	37.29	200m:	2:27.94	38.40	300m:	4:00.44	46.29	400m:	5:09.95	34.15
2. LÓPEZ LUQUE, José María	77	C.D.N. Cordoba	<b>5:27.26</b> 16,00								
50m:	33.40	33.40	150m:	1:50.57	40.30	250m:	3:20.77	49.89	350m:	4:50.04	38.50
100m:	1:10.27	36.87	200m:	2:30.88	40.31	300m:	4:11.54	50.77	400m:	5:27.26	37.22
3. PASTOR RODRIGUEZ, Manuel	76	C.N. Caballa - Ciudad De Ceuta	<b>5:39.73</b> 14,00								
50m:	33.80	33.80	150m:	2:00.78	47.24	250m:	3:35.82	50.90	350m:	5:03.13	38.67
100m:	1:13.54	39.74	200m:	2:44.92	44.14	300m:	4:24.46	48.64	400m:	5:39.73	36.60
4. RUZ GARCIA, Manuel	77	C.D. Jerez Natacion Master	<b>5:50.82</b> 13,00								
50m:	36.20	36.20	150m:	2:03.79	44.43	250m:	3:39.09	50.33	350m:	5:11.34	40.96
100m:	1:19.36	43.16	200m:	2:48.76	44.97	300m:	4:30.38	51.29	400m:	5:50.82	39.48
5. REPISO PEREZ, Jose Antonio	76	Universidad De Granada	<b>5:51.33</b> 12,00								
50m:	38.37	38.37	150m:	2:06.27	44.89	250m:	3:40.60	50.20	350m:	5:12.58	41.52
100m:	1:21.38	43.01	200m:	2:50.40	44.13	300m:	4:31.06	50.46	400m:	5:51.33	38.75
6. SOTILLO AVILA, Jose Carlos	76	C.D.N. Cordoba	<b>6:04.32</b> 11,00								
50m:	40.57	40.57	150m:	2:19.83	53.39	250m:	3:58.62	45.94	350m:	5:25.59	40.87
100m:	1:26.44	45.87	200m:	3:12.68	52.85	300m:	4:44.72	46.10	400m:	6:04.32	38.73
7. DOMINGUEZ RUIZ, Emilio	76	C.D. Master Huelva	<b>6:42.12</b> 10,00								
50m:	42.33	42.33	150m:	2:27.60	54.25	250m:	4:17.12	54.84	350m:	5:58.39	45.81
100m:	1:33.35	51.02	200m:	3:22.28	54.68	300m:	5:12.58	55.46	400m:	6:42.12	43.73
8. FERNANDEZ VELA, Jose Antonio	74	C.D. Master Huelva	<b>7:13.67</b> 9,00								
50m:	50.72	50.72	150m:	2:45.68	57.90	250m:	4:37.96	54.02	350m:	6:23.97	51.87
100m:	1:47.78	57.06	200m:	3:43.94	58.26	300m:	5:32.10	54.14	400m:	7:13.67	49.70
DSQ BARRANCO NUÑEZ, Ivan	76	Linense Tenis C.									
WDR GAVILAN SANTOS, Rafael	73	C.D. Indea									

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Masc., 400m Estilos

50+  
Resultados

Clasificación	AN	Tempo
1. GUILLEN MORENO, Francisco Jose	71 Natacion Sevilla Master, C.D.	<b>6:17.86</b> 19,00
50m: 41.93 41.93 150m: 2:21.32 49.44 250m: 4:01.14 51.24 350m: 5:36.99 43.54		
100m: 1:31.88 49.95 200m: 3:09.90 48.58 300m: 4:53.45 52.31 400m: 6:17.86 40.87		
2. UCHA DIAZ, Manuel Alejandro	68 C.D. Jerez Natacion Master	<b>6:21.95</b> 16,00
50m: 37.25 37.25 150m: 2:17.12 56.46 250m: 4:04.98 55.46 350m: 5:42.41 42.46		
100m: 1:20.66 43.41 200m: 3:09.52 52.40 300m: 4:59.95 54.97 400m: 6:21.95 39.54		
3. MOYA VICENTE, Fernando	71 C.N. San Fernando	<b>7:45.97</b> 14,00
50m: 43.68 43.68 150m: 2:45.29 1:02.60 250m: 4:49.74 1:01.92 350m: 6:49.52 57.15		
100m: 1:42.69 59.01 200m: 3:47.82 1:02.53 300m: 5:52.37 1:02.63 400m: 7:45.97 56.45		
DSQ RODRIGUEZ GORDO, Enrique	70 C.D. Indea	-

Prueba 3  
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Masc., 400m Estilos

55+  
Resultados

Clasificación	AN	Tempo
1. CASTAÑO CHACON, Alejandro	66 C.N. Fuengirola	<b>6:13.05</b> 19,00
50m: 42.51 42.51 150m: 2:23.80 49.30 250m: 4:01.83 50.77 350m: 5:33.72 40.69		
100m: 1:34.50 51.99 200m: 3:11.06 47.26 300m: 4:53.03 51.20 400m: 6:13.05 39.33		
2. IBAÑEZ ALMENDRO, Carlos	67 Natacion Sevilla Master, C.D.	<b>7:06.87</b> 16,00
50m: 50.69 50.69 150m: 2:41.29 54.89 250m: 4:35.00 59.27 350m: 6:20.94 47.93		
100m: 1:46.40 55.71 200m: 3:35.73 54.44 300m: 5:33.01 58.01 400m: 7:06.87 45.93		
3. SILVENTE ORTEGA, Jose	63 Club Natacion Master Murcia	<b>7:16.37</b> 14,00
50m: 49.78 49.78 150m: 2:49.01 59.05 250m: 4:45.81 1:00.61 350m: 6:32.21 46.19		
100m: 1:49.96 1:00.18 200m: 3:45.20 56.19 300m: 5:46.02 1:00.21 400m: 7:16.37 44.16		
4. SOTO GONZALEZ, Juan Manuel	65 C.D. Jerez Natacion Master	<b>7:19.62</b> 13,00
50m: 44.47 44.47 150m: 2:36.41 57.97 250m: 4:37.52 1:01.78 350m: 6:29.41 50.23		
100m: 1:38.44 53.97 200m: 3:35.74 59.33 300m: 5:39.18 1:01.66 400m: 7:19.62 50.21		

Prueba 3  
21/01/2022 - 19:18

Masc., 400m Estilos

60+  
Resultados

Clasificación	AN	Tempo
1. ROS ROSILLO, Alejandro	58 C.D.N. Inacua Malaga	<b>7:01.70</b> 19,00
50m: 46.89 46.89 150m: 2:38.74 1:00.02 250m: 4:26.99 50.90 350m: 6:11.65 53.29		
100m: 1:38.72 51.83 200m: 3:36.09 57.35 300m: 5:18.36 51.37 400m: 7:01.70 50.05		
2. CABELLO PADIAL, Antonio	62 C.D. Jerez Natacion Master	<b>7:24.20</b> 16,00
50m: 50.75 50.75 150m: 2:45.93 59.57 250m: 4:42.89 58.38 350m: 6:33.66 53.04		
100m: 1:46.36 55.61 200m: 3:44.51 58.58 300m: 5:40.62 57.73 400m: 7:24.20 50.54		
3. HEBRERO CUEVAS, Constantino	61 C.N. Cadiz	<b>8:00.79</b> 14,00
50m: 56.02 56.02 150m: 3:06.93 1:07.82 250m: 5:16.52 1:04.54 350m: 7:11.52 50.82		
100m: 1:59.11 1:03.09 200m: 4:11.98 1:05.05 300m: 6:20.70 1:04.18 400m: 8:00.79 49.27		
4. DAVO BERDEJO, Miguel Angel	62 C.N. Fuengirola	<b>9:23.87</b> 13,00
50m: 1:02.92 1:02.92 150m: 3:36.82 1:24.44 250m: 6:05.41 1:14.90 350m: 8:25.17 1:01.93		
100m: 2:12.38 1:09.46 200m: 4:50.51 1:13.69 300m: 7:23.24 1:17.83 400m: 9:23.87 58.70		

Prueba 3, Masc., 400m Estilos

Prueba 3 Masc., 400m Estilos 65+  
21/01/2022 - 19:18 Resultados

Clasificación	AN	Equipo	Tiempo	Resultado
1.	BILBAO GARAY, Pedro	55	Linense Tenis C.	<b>7:08.98</b> 19,00
	50m: 50.54 50.54	150m: 2:42.74 55.08	250m: 4:36.58 1:00.49	350m: 6:23.81 46.63
	100m: 1:47.66 57.12	200m: 3:36.09 53.35	300m: 5:37.18 1:00.60	400m: 7:08.98 45.17
2.	RIGUAL DE HEREDIA, Carlos	57	C.D. Jerez Natacion Master	<b>7:54.91</b> 16,00
	50m: 58.62 58.62	150m: 3:10.24 1:07.32	250m: 5:17.88 1:04.64	350m: 7:12.01 48.13
	100m: 2:02.92 1:04.30	200m: 4:13.24 1:03.00	300m: 6:23.88 1:06.00	400m: 7:54.91 42.90
DSQ	MARTÍN LÓPEZ, José	57	C.D.N. Inacua Malaga	-

Prueba 3 Masc., 400m Estilos 80+  
21/01/2022 - 19:18 Resultados

Clasificación	AN	Equipo	Tiempo	Resultado
1.	CANALES DE MENDOZA, Joaquin M <sup>a</sup>	40	R.C. Mediterraneo	<b>7:28.09</b> 19,00
	50m: 52.12 52.12	150m: 2:49.40 57.75	250m: 4:50.66 1:02.87	350m: 6:42.70 49.11
	100m: 1:51.65 59.53	200m: 3:47.79 58.39	300m: 5:53.59 1:02.93	400m: 7:28.09 45.39