

Prueba 14  
18/12/2021 - 18:48

Masc., 1500m Libre

Absoluto Masc.  
Resultados

Clasificación	AN		Tiempo		Pts
<b>1. GARACH BENITO, Carlos</b>	<b>04</b>	<b>C.N. Churriana</b>	<b>15:35.58</b>	<b>19,00</b>	
50m: 28.08 28.08	450m: 4:34.84 31.34	850m: 8:45.81 31.57	1250m: 12:59.68 31.77		
100m: 58.06 29.98	500m: 5:06.16 31.32	900m: 9:17.43 31.62	1300m: 13:31.61 31.93		
150m: 1:28.71 30.65	550m: 5:37.50 31.34	950m: 9:49.22 31.79	1350m: 14:03.49 31.88		
200m: 1:59.55 30.84	600m: 6:08.82 31.32	1000m: 10:20.89 31.67	1400m: 14:35.25 31.76		
250m: 2:30.27 30.72	650m: 6:40.07 31.25	1050m: 10:52.76 31.87	1450m: 15:06.64 31.39		
300m: 3:01.21 30.94	700m: 7:11.59 31.52	1100m: 11:24.57 31.81	1500m: 15:35.58 28.94		
350m: 3:32.39 31.18	750m: 7:42.79 31.20	1150m: 11:56.26 31.69			
400m: 4:03.50 31.11	800m: 8:14.24 31.45	1200m: 12:27.91 31.65			
<b>2. DE OÑA RAMÍREZ, Angel</b>	<b>02</b>	<b>C.D.N. Inacua Malaga</b>	<b>15:38.34</b>	<b>16,00</b>	
50m: 27.94 27.94	450m: 4:34.93 31.43	850m: 8:45.78 31.48	1250m: 12:59.87 31.73		
100m: 58.00 30.06	500m: 5:06.20 31.27	900m: 9:17.60 31.82	1300m: 13:31.66 31.79		
150m: 1:28.63 30.63	550m: 5:37.43 31.23	950m: 9:49.32 31.72	1350m: 14:03.56 31.90		
200m: 1:59.59 30.96	600m: 6:08.81 31.38	1000m: 10:20.91 31.59	1400m: 14:35.36 31.80		
250m: 2:30.43 30.84	650m: 6:40.09 31.28	1050m: 10:52.84 31.93	1450m: 15:07.16 31.80		
300m: 3:01.14 30.71	700m: 7:11.61 31.52	1100m: 11:24.55 31.71	1500m: 15:38.34 31.18		
350m: 3:32.33 31.19	750m: 7:42.86 31.25	1150m: 11:56.42 31.87			
400m: 4:03.50 31.17	800m: 8:14.30 31.44	1200m: 12:28.14 31.72			
<b>3. GRANADO MARTIN, Pablo</b>	<b>04</b>	<b>Navial - Camper Eurogaza</b>	<b>15:59.13</b>	<b>14,00</b>	
50m: 28.49 28.49	450m: 4:39.19 31.76	850m: 8:56.26 32.32	1250m: 13:16.91 32.55		
100m: 59.05 30.56	500m: 5:11.29 32.10	900m: 9:28.62 32.36	1300m: 13:49.93 33.02		
150m: 1:29.97 30.92	550m: 5:43.22 31.93	950m: 10:01.16 32.54	1350m: 14:22.54 32.61		
200m: 2:01.19 31.22	600m: 6:15.18 31.96	1000m: 10:33.71 32.55	1400m: 14:55.28 32.74		
250m: 2:32.65 31.46	650m: 6:47.30 32.12	1050m: 11:06.49 32.78	1450m: 15:27.85 32.57		
300m: 3:04.19 31.54	700m: 7:19.50 32.20	1100m: 11:39.19 32.70	1500m: 15:59.13 31.28		
350m: 3:35.73 31.54	750m: 7:51.68 32.18	1150m: 12:11.69 32.50			
400m: 4:07.43 31.70	800m: 8:23.94 32.26	1200m: 12:44.36 32.67			
<b>4. MARTINEZ JAÉN, Adrian</b>	<b>06</b>	<b>C.N. Alcalá</b>	<b>16:03.59</b>	<b>13,00</b>	
50m: 28.77 28.77	450m: 4:43.45 32.03	850m: 9:01.39 32.02	1250m: 13:21.66 32.76		
100m: 1:00.11 31.34	500m: 5:15.87 32.42	900m: 9:33.79 32.40	1300m: 13:54.56 32.90		
150m: 1:31.76 31.65	550m: 5:48.26 32.39	950m: 10:06.16 32.37	1350m: 14:27.35 32.79		
200m: 2:03.40 31.64	600m: 6:20.21 31.95	1000m: 10:38.66 32.50	1400m: 15:00.34 32.99		
250m: 2:35.22 31.82	650m: 6:52.70 32.49	1050m: 11:11.02 32.36	1450m: 15:33.21 32.87		
300m: 3:07.48 32.26	700m: 7:24.89 32.19	1100m: 11:43.58 32.56	1500m: 16:03.59 30.38		
350m: 3:39.46 31.98	750m: 7:57.15 32.26	1150m: 12:16.22 32.64			
400m: 4:11.42 31.96	800m: 8:29.37 32.22	1200m: 12:48.90 32.68			
<b>5. HERNANDEZ LOPEZ, Carlos</b>	<b>05</b>	<b>R.C. Mediterraneo</b>	<b>16:06.18</b>	<b>12,00</b>	
50m: 28.70 28.70	450m: 4:42.49 32.25	850m: 9:02.15 32.31	1250m: 13:23.75 32.69		
100m: 59.77 31.07	500m: 5:14.53 32.04	900m: 9:34.45 32.30	1300m: 13:56.52 32.77		
150m: 1:31.06 31.29	550m: 5:47.03 32.50	950m: 10:07.22 32.77	1350m: 14:29.43 32.91		
200m: 2:02.75 31.69	600m: 6:19.50 32.47	1000m: 10:39.87 32.65	1400m: 15:02.38 32.95		
250m: 2:33.99 31.24	650m: 6:51.53 32.03	1050m: 11:12.65 32.78	1450m: 15:34.62 32.24		
300m: 3:05.99 32.00	700m: 7:24.36 32.83	1100m: 11:45.30 32.65	1500m: 16:06.18 31.56		
350m: 3:37.79 31.80	750m: 7:57.22 32.86	1150m: 12:17.78 32.48			
400m: 4:10.24 32.45	800m: 8:29.84 32.62	1200m: 12:51.06 33.28			
<b>6. CALDERON MONTENEGRO, Roberto</b>	<b>02</b>	<b>Navial - Camper Eurogaza</b>	<b>16:22.52</b>	<b>11,00</b>	
50m: 28.90 28.90	450m: 4:52.78 33.57	850m: 9:18.18 32.84	1250m: 13:40.06 32.83		
100m: 1:00.63 31.73	500m: 5:26.12 33.34	900m: 9:50.87 32.69	1300m: 14:12.92 32.86		
150m: 1:32.79 32.16	550m: 5:59.74 33.62	950m: 10:23.59 32.72	1350m: 14:45.67 32.75		
200m: 2:05.44 32.65	600m: 6:33.04 33.30	1000m: 10:56.48 32.89	1400m: 15:18.53 32.86		
250m: 2:38.84 33.40	650m: 7:06.01 32.97	1050m: 11:29.31 32.83	1450m: 15:51.38 32.85		
300m: 3:12.21 33.37	700m: 7:39.33 33.32	1100m: 12:02.04 32.73	1500m: 16:22.52 31.14		
350m: 3:45.77 33.56	750m: 8:12.55 33.22	1150m: 12:34.45 32.41			
400m: 4:19.21 33.44	800m: 8:45.34 32.79	1200m: 13:07.23 32.78			

Prueba 14, Masc., 1500m Libre, Absoluto Masc.

Clasificación	AN		Tiempo		Pts		
<b>7. CARRASCOSA HESTER, Tomas</b>	<b>04</b>	<b>C.N. Dos Hermanas</b>	<b>16:29.32</b>	<b>10,00</b>			
50m: 28.86	28.86	450m: 4:47.12	33.03	850m: 9:14.76	33.81	1250m: 13:43.19	33.41
100m: 1:00.43	31.57	500m: 5:20.30	33.18	900m: 9:48.08	33.32	1300m: 14:16.59	33.40
150m: 1:32.31	31.88	550m: 5:53.50	33.20	950m: 10:21.75	33.67	1350m: 14:50.02	33.43
200m: 2:04.57	32.26	600m: 6:26.85	33.35	1000m: 10:55.32	33.57	1400m: 15:23.74	33.72
250m: 2:36.50	31.93	650m: 7:00.53	33.68	1050m: 11:28.93	33.61	1450m: 15:57.14	33.40
300m: 3:08.87	32.37	700m: 7:34.00	33.47	1100m: 12:02.58	33.65	1500m: 16:29.32	32.18
350m: 3:41.28	32.41	750m: 8:07.44	33.44	1150m: 12:36.11	33.53		
400m: 4:14.09	32.81	800m: 8:40.95	33.51	1200m: 13:09.78	33.67		
<b>8. RODRIGUEZ MATAS, Alejandro</b>	<b>06</b>	<b>C.N. Churriana</b>	<b>16:33.76</b>	<b>9,00</b>			
50m: 29.16	29.16	450m: 4:52.38	33.26	850m: 9:17.55	33.22	1250m: 13:45.55	33.55
100m: 1:00.92	31.76	500m: 5:25.61	33.23	900m: 9:50.87	33.32	1300m: 14:19.34	33.79
150m: 1:33.32	32.40	550m: 5:58.35	32.74	950m: 10:24.03	33.16	1350m: 14:53.43	34.09
200m: 2:06.30	32.98	600m: 6:31.42	33.07	1000m: 10:57.54	33.51	1400m: 15:27.41	33.98
250m: 2:39.24	32.94	650m: 7:04.42	33.00	1050m: 11:31.00	33.46	1450m: 16:01.02	33.61
300m: 3:12.43	33.19	700m: 7:37.70	33.28	1100m: 12:04.79	33.79	1500m: 16:33.76	32.74
350m: 3:45.70	33.27	750m: 8:10.93	33.23	1150m: 12:38.34	33.55		
400m: 4:19.12	33.42	800m: 8:44.33	33.40	1200m: 13:12.00	33.66		
<b>9. ELFALLAKI ELACHRAFI, Ilias</b>	<b>06</b>	<b>C.N. Alcala</b>	<b>16:33.98</b>	<b>8,00</b>			
50m: 29.02	29.02	450m: 4:50.74	33.16	850m: 9:19.12	33.20	1250m: 13:48.53	33.76
100m: 1:00.86	31.84	500m: 5:24.35	33.61	900m: 9:52.63	33.51	1300m: 14:22.36	33.83
150m: 1:32.96	32.10	550m: 5:57.73	33.38	950m: 10:26.39	33.76	1350m: 14:56.24	33.88
200m: 2:05.72	32.76	600m: 6:31.19	33.46	1000m: 11:00.06	33.67	1400m: 15:29.87	33.63
250m: 2:38.85	33.13	650m: 7:05.05	33.86	1050m: 11:33.04	32.98	1450m: 16:02.97	33.10
300m: 3:11.40	32.55	700m: 7:38.74	33.69	1100m: 12:06.61	33.57	1500m: 16:33.98	31.01
350m: 3:44.34	32.94	750m: 8:12.52	33.78	1150m: 12:40.58	33.97		
400m: 4:17.58	33.24	800m: 8:45.92	33.40	1200m: 13:14.77	34.19		
<b>10. TORO RODRIGUEZ, Anastasio</b>	<b>03</b>	<b>C.N. Mairena Aljarafe</b>	<b>16:34.61</b>	<b>7,00</b>			
50m: 29.81	29.81	450m: 4:52.36	33.35	850m: 9:21.21	33.89	1250m: 13:50.44	33.07
100m: 1:01.57	31.76	500m: 5:25.62	33.26	900m: 9:54.74	33.53	1300m: 14:23.79	33.35
150m: 1:33.73	32.16	550m: 5:59.07	33.45	950m: 10:28.56	33.82	1350m: 14:56.96	33.17
200m: 2:06.52	32.79	600m: 6:32.79	33.72	1000m: 11:02.07	33.51	1400m: 15:30.75	33.79
250m: 2:39.39	32.87	650m: 7:06.84	34.05	1050m: 11:36.45	34.38	1450m: 16:03.71	32.96
300m: 3:12.71	33.32	700m: 7:40.42	33.58	1100m: 12:09.88	33.43	1500m: 16:34.61	30.90
350m: 3:45.53	32.82	750m: 8:14.35	33.93	1150m: 12:43.43	33.55		
400m: 4:19.01	33.48	800m: 8:47.32	32.97	1200m: 13:17.37	33.94		
<b>11. ALAMO MUÑOZ, Alberto</b>	<b>04</b>	<b>C.N. Dos Hermanas</b>	<b>16:36.62</b>	<b>6,00</b>			
50m: 28.62	28.62	450m: 4:50.71	33.38	850m: 9:19.62	33.42	1250m: 13:49.98	33.88
100m: 1:00.34	31.72	500m: 5:24.21	33.50	900m: 9:53.33	33.71	1300m: 14:23.59	33.61
150m: 1:32.79	32.45	550m: 5:57.60	33.39	950m: 10:26.96	33.63	1350m: 14:57.49	33.90
200m: 2:05.62	32.83	600m: 6:31.12	33.52	1000m: 11:00.83	33.87	1400m: 15:31.00	33.51
250m: 2:38.66	33.04	650m: 7:04.93	33.81	1050m: 11:34.43	33.60	1450m: 16:03.98	32.98
300m: 3:11.49	32.83	700m: 7:38.74	33.81	1100m: 12:08.16	33.73	1500m: 16:36.62	32.64
350m: 3:44.24	32.75	750m: 8:12.63	33.89	1150m: 12:42.02	33.86		
400m: 4:17.33	33.09	800m: 8:46.20	33.57	1200m: 13:16.10	34.08		
<b>12. GONZALEZ GARCIA, Alberto</b>	<b>98</b>	<b>C.D.N. Inacua Malaga</b>	<b>16:41.85</b>	<b>5,00</b>			
50m: 30.48	30.48	450m: 4:55.58	33.19	850m: 9:23.33	33.70	1250m: 13:53.63	33.73
100m: 1:02.83	32.35	500m: 5:29.06	33.48	900m: 9:57.16	33.83	1300m: 14:27.61	33.98
150m: 1:36.04	33.21	550m: 6:02.01	32.95	950m: 10:30.84	33.68	1350m: 15:01.21	33.60
200m: 2:09.10	33.06	600m: 6:35.34	33.33	1000m: 11:04.45	33.61	1400m: 15:35.35	34.14
250m: 2:42.44	33.34	650m: 7:08.85	33.51	1050m: 11:38.30	33.85	1450m: 16:09.37	34.02
300m: 3:15.88	33.44	700m: 7:42.43	33.58	1100m: 12:12.03	33.73	1500m: 16:41.85	32.48
350m: 3:48.89	33.01	750m: 8:15.92	33.49	1150m: 12:45.92	33.89		
400m: 4:22.39	33.50	800m: 8:49.63	33.71	1200m: 13:19.90	33.98		

Prueba 14, Masc., 1500m Libre, Absoluto Masc.

Clasificación	AN								Tiempo	Pts		
13.	PATIÑO GRISALES, Miguel Angel				05	R.C. Mediterraneo				<b>17:10.97</b>	4,00	
	50m:	29.10	29.10	450m:	4:54.45	33.86	850m:	9:32.52	34.45	1250m:	14:15.89	35.26
	100m:	1:00.97	31.87	500m:	5:29.09	34.64	900m:	10:06.91	34.39	1300m:	14:52.64	36.75
	150m:	1:33.18	32.21	550m:	6:03.64	34.55	950m:	10:42.75	35.84	1350m:	15:27.21	34.57
	200m:	2:06.09	32.91	600m:	6:38.49	34.85	1000m:	11:18.24	35.49	1400m:	16:00.84	33.63
	250m:	2:39.34	33.25	650m:	7:13.26	34.77	1050m:	11:53.97	35.73	1450m:	16:35.54	34.70
	300m:	3:13.12	33.78	700m:	7:48.09	34.83	1100m:	12:28.86	34.89	1500m:	17:10.97	35.43
	350m:	3:46.93	33.81	750m:	8:23.17	35.08	1150m:	13:05.25	36.39			
	400m:	4:20.59	33.66	800m:	8:58.07	34.90	1200m:	13:40.63	35.38			
14.	ELENA FERNANDEZ, Jesus				04	C.N. Mairena Aljarafe				<b>17:29.33</b>	3,00	
	50m:	31.77	31.77	450m:	5:01.74	34.40	850m:	9:42.82	35.56	1250m:	14:30.82	36.05
	100m:	1:04.63	32.86	500m:	5:36.38	34.64	900m:	10:18.41	35.59	1300m:	15:06.92	36.10
	150m:	1:37.95	33.32	550m:	6:11.15	34.77	950m:	10:54.22	35.81	1350m:	15:42.90	35.98
	200m:	2:11.44	33.49	600m:	6:46.11	34.96	1000m:	11:30.10	35.88	1400m:	16:19.11	36.21
	250m:	2:45.22	33.78	650m:	7:21.33	35.22	1050m:	12:06.23	36.13	1450m:	16:54.69	35.58
	300m:	3:19.00	33.78	700m:	7:56.73	35.40	1100m:	12:42.18	35.95	1500m:	17:29.33	34.64
	350m:	3:53.16	34.16	750m:	8:32.00	35.27	1150m:	13:18.53	36.35			
	400m:	4:27.34	34.18	800m:	9:07.26	35.26	1200m:	13:54.77	36.24			