

Prueba 10
21/11/2021 - 16:01

1500m Libre

13 - 90 años
Resultados

Clasificación	AN		Tiempo	
INFANTIL MIXTO				
1.	THOMPSON, William	06	C.N. Mare Nostrum	20:26.90 19,00
	50m: 33.74 33.74	450m: 5:57.86 41.08	850m: 11:25.96 41.28	1250m: 17:03.47 43.55
	100m: 1:12.33 38.59	500m: 6:38.11 40.25	900m: 12:07.27 41.31	1300m: 17:46.39 42.92
	150m: 1:52.24 39.91	550m: 7:19.12 41.01	950m: 12:48.05 40.78	1350m: 18:28.63 42.24
	200m: 2:33.24 41.00	600m: 8:00.63 41.51	1000m: 13:30.46 42.41	1400m: 19:09.70 41.07
	250m: 3:14.08 40.84	650m: 8:41.48 40.85	1050m: 14:12.99 42.53	1450m: 19:49.24 39.54
	300m: 3:55.37 41.29	700m: 9:22.62 41.14	1100m: 14:56.04 43.05	1500m: 20:26.90 37.66
	350m: 4:36.23 40.86	750m: 10:03.42 40.80	1150m: 15:37.88 41.84	
	400m: 5:16.78 40.55	800m: 10:44.68 41.26	1200m: 16:19.92 42.04	
2.	PLASENCIA CARRILLO, Inmaculada	08	C.N. Almeria	20:52.48 16,00
	50m: 36.18 36.18	450m: 6:00.58 40.84	850m: 11:38.44 42.62	1250m: 17:20.06 42.86
	100m: 1:14.32 38.14	500m: 6:42.13 41.55	900m: 12:21.63 43.19	1300m: 18:03.22 43.16
	150m: 1:54.43 40.11	550m: 7:24.52 42.39	950m: 13:04.21 42.58	1350m: 18:45.36 42.14
	200m: 2:34.78 40.35	600m: 8:06.22 41.70	1000m: 13:45.92 41.71	1400m: 19:27.88 42.52
	250m: 3:15.94 41.16	650m: 8:47.50 41.28	1050m: 14:28.76 42.84	1450m: 20:10.41 42.53
	300m: 3:57.08 41.14	700m: 9:29.74 42.24	1100m: 15:11.53 42.77	1500m: 20:52.48 42.07
	350m: 4:37.97 40.89	750m: 10:12.68 42.94	1150m: 15:54.34 42.81	
	400m: 5:19.74 41.77	800m: 10:55.82 43.14	1200m: 16:37.20 42.86	
JUVENIL MIXTO				
1.	PLAZA SALDAÑA, Alejandro	02	C.D. DEPOADAP ALMERIA	22:52.27 19,00
	50m: 40.12 40.12	450m: 6:40.58 46.45	850m: 12:50.30 45.20	1250m: 19:04.10 46.78
	100m: 1:23.72 43.60	500m: 7:26.94 46.36	900m: 13:38.19 47.89	1300m: 19:51.33 47.23
	150m: 2:07.83 44.11	550m: 8:12.51 45.57	950m: 14:24.58 46.39	1350m: 20:36.11 44.78
	200m: 2:52.45 44.62	600m: 8:57.32 44.81	1000m: 15:12.15 47.57	1400m: 21:23.48 47.37
	250m: 3:37.68 45.23	650m: 9:45.10 47.78	1050m: 15:58.22 46.07	1450m: 22:09.66 46.18
	300m: 4:22.89 45.21	700m: 10:30.59 45.49	1100m: 16:44.03 45.81	1500m: 22:52.27 42.61
	350m: 5:08.57 45.68	750m: 11:18.54 47.95	1150m: 17:31.66 47.63	
	400m: 5:54.13 45.56	800m: 12:05.10 46.56	1200m: 18:17.32 45.66	
SENIOR MIXTO				
1.	TORRES GARCIA, Lucas	95	C.D.Galosport	18:46.17 19,00
	50m: 31.11 31.11	450m: 5:27.41 38.14	850m: 10:34.31 38.60	1250m: 15:40.12 38.37
	100m: 1:06.20 35.09	500m: 6:05.13 37.72	900m: 11:12.59 38.28	1300m: 16:17.62 37.50
	150m: 1:42.53 36.33	550m: 6:43.90 38.77	950m: 11:50.63 38.04	1350m: 16:55.50 37.88
	200m: 2:18.79 36.26	600m: 7:21.97 38.07	1000m: 12:29.43 38.80	1400m: 17:32.80 37.30
	250m: 2:55.89 37.10	650m: 8:00.41 38.44	1050m: 13:07.45 38.02	1450m: 18:10.12 37.32
	300m: 3:33.34 37.45	700m: 8:38.58 38.17	1100m: 13:45.75 38.30	1500m: 18:46.17 36.05
	350m: 4:11.53 38.19	750m: 9:17.17 38.59	1150m: 14:23.55 37.80	
	400m: 4:49.27 37.74	800m: 9:55.71 38.54	1200m: 15:01.75 38.20	
2.	LOPEZ SANCHEZ, Laura	96	C.N. Almeria	18:55.71 16,00
	50m: 33.03 33.03	450m: 5:28.19 37.55	850m: 10:34.20 38.40	1250m: 15:42.50 39.24
	100m: 1:08.58 35.55	500m: 6:06.14 37.95	900m: 11:12.25 38.05	1300m: 16:21.49 38.99
	150m: 1:44.62 36.04	550m: 6:44.09 37.95	950m: 11:50.72 38.47	1350m: 17:00.38 38.89
	200m: 2:21.14 36.52	600m: 7:22.52 38.43	1000m: 12:29.01 38.29	1400m: 17:39.38 39.00
	250m: 2:58.41 37.27	650m: 8:00.56 38.04	1050m: 13:07.22 38.21	1450m: 18:17.97 38.59
	300m: 3:35.65 37.24	700m: 8:38.96 38.40	1100m: 13:45.66 38.44	1500m: 18:55.71 37.74
	350m: 4:13.09 37.44	750m: 9:17.43 38.47	1150m: 14:24.09 38.43	
	400m: 4:50.64 37.55	800m: 9:55.80 38.37	1200m: 15:03.26 39.17	

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VETERANOS MIXTO

1. RODRIGUEZ GARCIA, German	77	C.N. Almeria	19:33.55	19,00
50m: 34.68	34.68	450m: 5:44.37	40.25	850m: 11:03.38
100m: 1:10.37	35.69	500m: 6:24.15	39.78	900m: 11:43.21
150m: 1:47.02	36.65	550m: 7:04.02	39.87	950m: 12:23.42
200m: 2:25.16	38.14	600m: 7:44.04	40.02	1000m: 13:03.70
250m: 3:04.27	39.11	650m: 8:24.63	40.59	1050m: 13:43.76
300m: 3:44.07	39.80	700m: 9:04.57	39.94	1100m: 14:23.62
350m: 4:23.87	39.80	750m: 9:44.03	39.46	1150m: 15:02.72
400m: 5:04.12	40.25	800m: 10:23.82	39.79	1200m: 15:42.36
				1250m: 16:21.65
				1300m: 17:01.13
				1350m: 17:40.22
				1400m: 18:18.87
				1450m: 18:56.73
				1500m: 19:33.55

2. UBEDA SALMERON, Miguel Angel	69	C.N. Almeria	21:15.40	16,00
50m: 37.98	37.98	450m: 6:14.67	42.97	850m: 12:00.66
100m: 1:19.60	41.62	500m: 6:57.46	42.79	900m: 12:43.36
150m: 2:01.02	41.42	550m: 7:40.13	42.67	950m: 13:26.32
200m: 2:42.77	41.75	600m: 8:22.80	42.67	1000m: 14:08.88
250m: 3:24.86	42.09	650m: 9:05.62	42.82	1050m: 14:52.03
300m: 4:06.95	42.09	700m: 9:50.55	44.93	1100m: 15:34.57
350m: 4:49.16	42.21	750m: 10:33.14	42.59	1150m: 16:17.36
400m: 5:31.70	42.54	800m: 11:18.27	45.13	1200m: 17:00.29
				1250m: 17:43.17
				1300m: 18:26.30
				1350m: 19:09.09
				1400m: 19:51.28
				1450m: 20:34.01
				1500m: 21:15.40

3. ANTEQUERA SANTANA, Francisco Jav79		C.D.Galosport	22:24.47	14,00
50m: 39.77	39.77	450m: 6:36.03	44.99	850m: 12:40.10
100m: 1:22.78	43.01	500m: 7:22.14	46.11	900m: 13:25.54
150m: 2:07.04	44.26	550m: 8:07.98	45.84	950m: 14:11.01
200m: 2:51.74	44.70	600m: 8:53.15	45.17	1000m: 14:56.38
250m: 3:36.54	44.80	650m: 9:39.11	45.96	1050m: 15:42.68
300m: 4:21.72	45.18	700m: 10:23.88	44.77	1100m: 16:28.58
350m: 5:06.48	44.76	750m: 11:09.74	45.86	1150m: 17:13.92
400m: 5:51.04	44.56	800m: 11:54.25	44.51	1200m: 17:58.97
				1250m: 18:44.91
				1300m: 19:30.19
				1350m: 20:15.20
				1400m: 20:58.88
				1450m: 21:42.82
				1500m: 22:24.47

4. LARA ALMANSA, Carmen	70	C.N. Roquetas	31:36.12	13,00
50m: 54.36	54.36	450m: 9:13.23	1:03.27	850m: 17:40.85
100m: 1:54.22	59.86	500m: 10:16.62	1:03.39	900m: 18:44.57
150m: 2:56.14	1:01.92	550m: 11:19.98	1:03.36	950m: 19:49.07
200m: 3:58.75	1:02.61	600m: 12:23.26	1:03.28	1000m: 20:53.79
250m: 5:02.68	1:03.93	650m: 13:26.97	1:03.71	1050m: 21:58.52
300m: 6:04.47	1:01.79	700m: 14:29.49	1:02.52	1100m: 23:02.00
350m: 7:06.86	1:02.39	750m: 15:33.62	1:04.13	1150m: 24:06.94
400m: 8:09.96	1:03.10	800m: 16:37.17	1:03.55	1200m: 25:11.31
				1250m: 26:15.60
				1300m: 27:20.40
				1350m: 28:24.39
				1400m: 29:29.15
				1450m: 30:33.44
				1500m: 31:36.12

5. FERNANDEZ RODRIGUEZ, Laureano	65	C.N. Roquetas	33:08.96	12,00
50m: 52.28	52.28	450m: 9:35.28	1:05.69	850m: 18:34.99
100m: 1:53.72	1:01.44	500m: 10:41.94	1:06.66	900m: 19:42.79
150m: 2:58.75	1:05.03	550m: 11:48.60	1:06.66	950m: 20:51.33
200m: 4:03.59	1:04.84	600m: 12:56.31	1:07.71	1000m: 21:59.47
250m: 5:09.45	1:05.86	650m: 14:03.80	1:07.49	1050m: 23:08.65
300m: 6:15.88	1:06.43	700m: 15:12.11	1:08.31	1100m: 24:16.37
350m: 7:24.15	1:08.27	750m: 16:19.63	1:07.52	1150m: 25:25.48
400m: 8:29.59	1:05.44	800m: 17:27.39	1:07.76	1200m: 26:34.01
				1250m: 27:41.09
				1300m: 28:48.69
				1350m: 29:57.23
				1400m: 31:03.87
				1450m: 32:08.73
				1500m: 33:08.96

WDR AROCA HENARES, Antonio	79	C.N. Almeria	-	-
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