

Prueba 33  
02/02/2020 - 15:42

Masc., 400m Estilos

20 años y mayores  
Resultados

Clasificación	AN	Club	Tempo	Ptos
<b>20+</b>				
1.	CUMBRERAS GARCIA, Rafael	96 C.N. Master Jaen	<b>5:28.05</b>	19,00
	50m: 33.49 33.49 150m: 1:57.05 42.83 250m: 3:26.23 47.53 350m: 4:51.92 38.06			
	100m: 1:14.22 40.73 200m: 2:38.70 41.65 300m: 4:13.86 47.63 400m: 5:28.05 36.13			
2.	HERNANDEZ PEREGRINA, Pedro	96 Bahia De Almeria N.C	<b>5:43.75</b>	16,00
	50m: 34.50 34.50 150m: 2:01.25 45.39 250m: 3:34.33 49.26 350m: 5:05.79 40.53			
	100m: 1:15.86 41.36 200m: 2:45.07 43.82 300m: 4:25.26 50.93 400m: 5:43.75 37.96			
<b>25+</b>				
1.	MORALES HURTADO, Adrian	95 C.N. Mare Nostrum	<b>5:30.42</b>	19,00
	50m: 35.12 35.12 150m: 2:00.68 45.01 250m: 3:29.80 47.35 350m: 4:54.74 38.27			
	100m: 1:15.67 40.55 200m: 2:42.45 41.77 300m: 4:16.47 46.67 400m: 5:30.42 35.68			
2.	GOMEZ HERNANDEZ, Cristian	95 C.D. Indea	<b>6:01.38</b>	16,00
	50m: 38.87 38.87 150m: 2:14.11 51.50 250m: 3:49.72 47.08 350m: 5:20.45 44.52			
	100m: 1:22.61 43.74 200m: 3:02.64 48.53 300m: 4:35.93 46.21 400m: 6:01.38 40.93			
3.	ALVAREZ BLANCO, Marcos	91 C.D. Indea	<b>6:04.76</b>	14,00
	50m: 39.16 39.16 150m: 2:12.41 46.16 250m: 3:52.00 52.72 350m: 5:24.33 39.58			
	100m: 1:26.25 47.09 200m: 2:59.28 46.87 300m: 4:44.75 52.75 400m: 6:04.76 40.43			
<b>30+</b>				
1.	SANCHEZ AVELLANO, Rafael	89 C.D.N. Cordoba	<b>5:19.06</b>	19,00
	50m: 31.75 31.75 150m: 1:51.46 43.46 250m: 3:21.39 46.80 350m: 4:44.90 36.80			
	100m: 1:08.00 36.25 200m: 2:34.59 43.13 300m: 4:08.10 46.71 400m: 5:19.06 34.16			
2.	MARTINEZ ROMERO, Francisco	88 C.N. Master Jaen	<b>5:59.75</b>	16,00
	50m: 40.73 40.73 150m: 2:14.29 44.34 250m: 3:48.63 50.94 350m: 5:21.13 41.73			
	100m: 1:29.95 49.22 200m: 2:57.69 43.40 300m: 4:39.40 50.77 400m: 5:59.75 38.62			
WDR	SANCHEZ DE LA PUERTA, Alvaro	86 Natacion Sevilla Master, C.D.		-
<b>35+</b>				
1.	LOPEZ LOPEZ, Juan Francisco	81 C.D. Master Huelva	<b>5:36.72</b>	19,00
	50m: 32.67 32.67 150m: 1:55.29 43.68 250m: 3:27.66 48.86 350m: 4:57.41 40.30			
	100m: 1:11.61 38.94 200m: 2:38.80 43.51 300m: 4:17.11 49.45 400m: 5:36.72 39.31			
2.	VILLEGAS ALCON, Manuel Jesus	82 C.D. Jerez Natacion Master	<b>6:02.77</b>	16,00
	50m: 40.53 40.53 150m: 2:14.09 47.21 250m: 3:54.72 54.42 350m: 5:26.25 38.78			
	100m: 1:26.88 46.35 200m: 3:00.30 46.21 300m: 4:47.47 52.75 400m: 6:02.77 36.52			
3.	GARCIA CAÑERO, Fco. Javier	82 C.D.N. Inacua Malaga	<b>7:42.40</b>	14,00
	50m: 51.77 51.77 150m: 2:55.89 1:00.33 250m: 5:03.82 1:07.05 350m: 6:56.83 46.26			
	100m: 1:55.56 1:03.79 200m: 3:56.77 1:00.88 300m: 6:10.57 1:06.75 400m: 7:42.40 45.57			
<b>40+</b>				
1.	DAVIES, Hywel	78 C.D. Resist4	<b>5:09.86</b>	19,00
	50m: 32.70 32.70 150m: 1:49.39 40.06 250m: 3:14.46 45.30 350m: 4:35.31 35.94			
	100m: 1:09.33 36.63 200m: 2:29.16 39.77 300m: 3:59.37 44.91 400m: 5:09.86 34.55			
2.	RODRIGUEZ RUIZ, Carlos	80 C.N. Los Barrios	<b>5:15.28</b>	16,00
	50m: 32.12 32.12 150m: 1:53.01 42.23 250m: 3:19.90 44.69 350m: 4:41.08 37.31			
	100m: 1:10.78 38.66 200m: 2:35.21 42.20 300m: 4:03.77 43.87 400m: 5:15.28 34.20			

Prueba 33, Masc., 400m Estilos, 40+

Clasificación	AN	Equipo	Tiempo	Ptos
3.	DE LA VEGA GIMÉNEZ, Joan	77 C.D. Jerez Natacion Master	<b>5:44.42</b>	14,00
	50m: 37.31 37.31 150m: 2:08.62 46.96 250m: 3:41.24 47.02 350m: 5:07.29 39.08			
	100m: 1:21.66 44.35 200m: 2:54.22 45.60 300m: 4:28.21 46.97 400m: 5:44.42 37.13			
4.	RUZ GARCIA, Manuel	77 C.D. Jerez Natacion Master	<b>5:46.85</b>	13,00
	50m: 36.22 36.22 150m: 2:03.76 45.65 250m: 3:38.10 49.25 350m: 5:09.02 39.87			
	100m: 1:18.11 41.89 200m: 2:48.85 45.09 300m: 4:29.15 51.05 400m: 5:46.85 37.83			
5.	PAÑOS ADILLO, Unai	78 Natacion Sevilla Master, C.D.	<b>5:59.22</b>	12,00
	50m: 37.14 37.14 150m: 2:06.99 47.85 250m: 3:43.22 50.22 350m: 5:17.60 43.85			
	100m: 1:19.14 42.00 200m: 2:53.00 46.01 300m: 4:33.75 50.53 400m: 5:59.22 41.62			
6.	RODRIGUEZ GARDUÑO, Jorge	76 C.N. San Juan	<b>6:08.51</b>	11,00
	50m: 36.62 36.62 150m: 2:13.93 54.24 250m: 3:56.23 48.69 350m: 5:28.89 43.19			
	100m: 1:19.69 43.07 200m: 3:07.54 53.61 300m: 4:45.70 49.47 400m: 6:08.51 39.62			
7.	PUENTE GARCIA, Ignacio	80 C.D. Jerez Natacion Master	<b>6:39.93</b>	10,00
	50m: 46.27 46.27 150m: 2:32.26 55.73 250m: 4:22.92 55.24 350m: 6:01.58 44.58			
	100m: 1:36.53 50.26 200m: 3:27.68 55.42 300m: 5:17.00 54.08 400m: 6:39.93 38.35			
8.	SÁNCHEZ GONZÁLEZ, Antonio	80 C.D. Master Tartessos	<b>6:58.99</b>	9,00
	50m: 44.16 44.16 150m: 2:31.64 54.84 250m: 4:24.73 1:00.76 350m: 6:12.90 47.37			
	100m: 1:36.80 52.64 200m: 3:23.97 52.33 300m: 5:25.53 1:00.80 400m: 6:58.99 46.09			
9.	GALLEGO GUTIEREZ, David	77 C.D. Master Huelva	<b>7:00.90</b>	8,00
	50m: 44.32 44.32 150m: 2:39.11 58.91 250m: 4:33.38 57.01 350m: 6:15.83 46.66			
	100m: 1:40.20 55.88 200m: 3:36.37 57.26 300m: 5:29.17 55.79 400m: 7:00.90 45.07			
10.	GARRIDO CASTELLANO, Juan Alfonso	79 Natacion Sevilla Master, C.D.	<b>7:10.02</b>	7,00
	50m: 46.67 46.67 150m: 2:38.48 1:00.78 250m: 4:37.93 57.51 350m: 6:26.38 48.19			
	100m: 1:37.70 51.03 200m: 3:40.42 1:01.94 300m: 5:38.19 1:00.26 400m: 7:10.02 43.64			

45+

1.	LOPEZ TABOADA, Carlos	71 C.D.N. Inacua Malaga	<b>6:05.23</b>	19,00
	50m: 38.58 38.58 150m: 2:15.67 52.29 250m: 3:55.26 49.87 350m: 5:27.38 41.18			
	100m: 1:23.38 44.80 200m: 3:05.39 49.72 300m: 4:46.20 50.94 400m: 6:05.23 37.85			
2.	FRANCO CUEVAS, Ivan	75 C.D. Jerez Natacion Master	<b>6:09.07</b>	16,00
	50m: 39.48 39.48 150m: 2:15.19 47.70 250m: 3:55.71 52.98 350m: 5:30.05 41.95			
	100m: 1:27.49 48.01 200m: 3:02.73 47.54 300m: 4:48.10 52.39 400m: 6:09.07 39.02			
3.	PASCUAL CABALLERO, Roberto	75 C.N. San Fernando	<b>6:20.30</b>	14,00
	50m: 40.45 40.45 150m: 2:17.75 51.26 250m: 3:58.09 50.94 350m: 5:35.50 45.14			
	100m: 1:26.49 46.04 200m: 3:07.15 49.40 300m: 4:50.36 52.27 400m: 6:20.30 44.80			
4.	VINUESA GODOY, Carlos	75 C.N. Torrox	<b>6:21.77</b>	13,00
	50m: 40.32 40.32 150m: 2:18.84 52.68 250m: 4:05.44 56.36 350m: 5:42.96 42.95			
	100m: 1:26.16 45.84 200m: 3:09.08 50.24 300m: 5:00.01 54.57 400m: 6:21.77 38.81			
5.	GUILLEN MORENO, Francisco Jose	71 Natacion Sevilla Master, C.D.	<b>6:24.76</b>	12,00
	50m: 43.74 43.74 150m: 2:28.79 51.58 250m: 4:09.30 51.24 350m: 5:44.65 43.62			
	100m: 1:37.21 53.47 200m: 3:18.06 49.27 300m: 5:01.03 51.73 400m: 6:24.76 40.11			
6.	SILVA GALLOSO, Ismael	73 C.D. Jerez Natacion Master	<b>6:40.88</b>	11,00
	50m: 42.21 42.21 150m: 2:26.50 55.29 250m: 4:18.01 56.55 350m: 5:59.70 45.26			
	100m: 1:31.21 49.00 200m: 3:21.46 54.96 300m: 5:14.44 56.43 400m: 6:40.88 41.18			
7.	FERNANDEZ VELA, Jose Antonio	74 C.N. Lepe	<b>7:29.39</b>	10,00
	50m: 53.63 53.63 150m: 2:54.02 1:02.36 250m: 4:52.13 54.83 350m: 6:39.20 52.21			
	100m: 1:51.66 58.03 200m: 3:57.30 1:03.28 300m: 5:46.99 54.86 400m: 7:29.39 50.19			
8.	MOYA VICENTE, Fernando	71 C.N. San Fernando	<b>7:30.24</b>	9,00
	50m: 48.73 48.73 150m: 2:46.88 59.89 250m: 4:46.67 59.30 350m: 6:38.98 51.94			
	100m: 1:46.99 58.26 200m: 3:47.37 1:00.49 300m: 5:47.04 1:00.37 400m: 7:30.24 51.26			

Prueba 33, Masc., 400m Estilos

50+

1.	CASTAÑO CHACON, Alejandro	66	C.N.D. Fuengirola Swimming	<b>5:58.76</b>	19,00
	50m: 38.21 38.21 150m: 2:12.61 48.94 250m: 3:50.47 51.47 350m: 5:21.40 39.68				
	100m: 1:23.67 45.46 200m: 2:59.00 46.39 300m: 4:41.72 51.25 400m: 5:58.76 37.36				
2.	UCHA DIAZ, Manuel Alejandro	68	C.D. Jerez Natacion Master	<b>6:19.18</b>	16,00
	50m: 38.31 38.31 150m: 2:18.78 55.82 250m: 4:06.44 53.22 350m: 5:41.35 40.74				
	100m: 1:22.96 44.65 200m: 3:13.22 54.44 300m: 5:00.61 54.17 400m: 6:19.18 37.83				
3.	IBAÑEZ ALMENDRO, Carlos	67	Natacion Sevilla Master, C.D.	<b>6:56.53</b>	14,00
	50m: 49.34 49.34 150m: 2:38.99 52.79 250m: 4:27.34 56.66 350m: 6:11.20 47.15				
	100m: 1:46.20 56.86 200m: 3:30.68 51.69 300m: 5:24.05 56.71 400m: 6:56.53 45.33				
4.	GOMEZ REINA, Francisco Javier	66	Natacion Sevilla Master, C.D.	<b>7:09.60</b>	13,00
	50m: 48.52 48.52 150m: 2:43.78 1:00.54 250m: 4:40.82 56.67 350m: 6:24.61 47.74				
	100m: 1:43.24 54.72 200m: 3:44.15 1:00.37 300m: 5:36.87 56.05 400m: 7:09.60 44.99				
5.	GRIMA FERNANDEZ, Josema	68	Bahia De Almeria N.C	<b>7:41.01</b>	12,00
	50m: 53.48 53.48 150m: 2:59.27 1:02.49 250m: 4:57.96 58.41 350m: 6:50.15 53.66				
	100m: 1:56.78 1:03.30 200m: 3:59.55 1:00.28 300m: 5:56.49 58.53 400m: 7:41.01 50.86				
6.	MATZ QUINTANO, Jose Antonio	69	Natacion Sevilla Master, C.D.	<b>7:59.44</b>	11,00
	50m: 53.47 53.47 150m: 3:03.77 1:10.44 250m: 5:19.37 1:06.33 350m: 7:10.58 49.91				
	100m: 1:53.33 59.86 200m: 4:13.04 1:09.27 300m: 6:20.67 1:01.30 400m: 7:59.44 48.86				

55+

1.	SOTO GONZALEZ, Juan Manuel	65	C.D. Jerez Natacion Master	<b>7:06.80</b>	19,00
	50m: 44.36 44.36 150m: 2:37.34 1:01.07 250m: 4:36.68 56.53 350m: 6:22.52 46.88				
	100m: 1:36.27 51.91 200m: 3:40.15 1:02.81 300m: 5:35.64 58.96 400m: 7:06.80 44.28				
2.	HERNANDEZ CORTES, Pedro Manuel	65	Bahia De Almeria N.C	<b>7:22.00</b>	16,00
	50m: 46.17 46.17 150m: 2:42.72 1:01.06 250m: 4:45.41 1:03.63 350m: 6:35.51 47.37				
	100m: 1:41.66 55.49 200m: 3:41.78 59.06 300m: 5:48.14 1:02.73 400m: 7:22.00 46.49				
3.	RUIZ MESA, Jose	63	C.D. Indea	<b>7:24.03</b>	14,00
	50m: 55.50 55.50 150m: 2:53.90 58.11 250m: 4:50.47 1:01.23 350m: 6:38.74 47.69				
	100m: 1:55.79 1:00.29 200m: 3:49.24 55.34 300m: 5:51.05 1:00.58 400m: 7:24.03 45.29				
4.	HEBRERO CUEVAS, Constantino	61	C.N. Cadiz	<b>8:03.25</b>	13,00
	50m: 54.07 54.07 150m: 3:05.27 1:10.72 250m: 5:19.60 1:05.21 350m: 7:14.81 50.59				
	100m: 1:54.55 1:00.48 200m: 4:14.39 1:09.12 300m: 6:24.22 1:04.62 400m: 8:03.25 48.44				
5.	DAVO BERDEJO, Miguel Angel	62	C.N.D. Fuengirola Swimming	<b>9:44.73</b>	12,00
	50m: 1:05.58 1:05.58 150m: 3:48.24 1:28.62 250m: 6:28.90 1:15.47 350m: 8:49.01 1:02.93				
	100m: 2:19.62 1:14.04 200m: 5:13.43 1:25.19 300m: 7:46.08 1:17.18 400m: 9:44.73 55.72				

60+

1.	MORALES LIMIA, Jose Luis RE	60	C.N. Master Murcia	<b>6:06.35</b>	27,00
	50m: 43.23 43.23 150m: 2:21.74 48.16 250m: 3:59.91 51.14 350m: 5:28.94 38.90				
	100m: 1:33.58 50.35 200m: 3:08.77 47.03 300m: 4:50.04 50.13 400m: 6:06.35 37.41				
2.	DE VALDES BACHS, Rafael	57	C.Kronos Natación Mijas	<b>6:28.36</b>	16,00
	50m: 43.27 43.27 150m: 2:24.20 50.74 250m: 4:09.02 56.46 350m: 5:47.68 43.03				
	100m: 1:33.46 50.19 200m: 3:12.56 48.36 300m: 5:04.65 55.63 400m: 6:28.36 40.68				
3.	JUNQUERA APARICIO, Aquilino	60	C.N. San Fernando	<b>7:50.31</b>	14,00
	50m: 50.78 50.78 150m: 2:55.14 1:04.59 250m: 5:04.24 1:08.72 350m: 7:02.74 50.09				
	100m: 1:50.55 59.77 200m: 3:55.52 1:00.38 300m: 6:12.65 1:08.41 400m: 7:50.31 47.57				
4.	RIGUAL DE HEREDIA, Carlos	57	C.D. Jerez Natacion Master	<b>7:50.47</b>	13,00
	50m: 56.70 56.70 150m: 3:07.62 1:05.48 250m: 5:13.53 1:02.91 350m: 7:04.69 48.80				
	100m: 2:02.14 1:05.44 200m: 4:10.62 1:03.00 300m: 6:15.89 1:02.36 400m: 7:50.47 45.78				

Prueba 33, Masc., 400m Estilos, 60+

Clasificación	AN		Tiempo		Ptos
WDR	GARCIA MALDONADO, Adrian Alfonso 60		Bahia De Almeria N.C		-
<b>65+</b>					
1.	BILBAO GARAY, Pedro 55		Linense Tenis C.		<b>7:04.68</b> 19,00
	50m: 48.96	48.96	150m: 2:42.96	56.67	250m: 4:36.56 58.02
	100m: 1:46.29	57.33	200m: 3:38.54	55.58	300m: 5:34.55 57.99
					350m: 6:21.54 46.99
					400m: 7:04.68 43.14
<b>80+</b>					
1.	CANALES DE MENDOZA, Joaquin M <sup>a</sup> 40		R.C. Mediterraneo		<b>7:27.87</b> 27,00
	50m: 45.03	45.03	150m: 2:45.51	59.61	250m: 4:49.47 1:04.17
	100m: 1:45.90	1:00.87	200m: 3:45.30	59.79	300m: 5:52.88 1:03.41
					350m: 6:42.65 49.77
					400m: 7:27.87 45.22