

Prueba 20
30/03/2019 - 19:20

Fem., 400m Libre

14 - 90 años
Resultados

Clasificación	AN		Tiempo	
INFANTIL FEMENINO				
1. GUERRERO MARTIN, Carmen	05	C.D. H2o El Ejido	4:43.90	19,00
50m: 32.40 32.40 150m: 1:43.57 35.98 250m: 2:55.39 35.90 350m: 4:07.88 36.46				
100m: 1:07.59 35.19 200m: 2:19.49 35.92 300m: 3:31.42 36.03 400m: 4:43.90 36.02				
2. AZOR GRANADOS, María	04	C.N. Portocarrero	4:54.25	16,00
50m: 33.13 33.13 150m: 1:45.99 36.98 250m: 3:01.58 38.26 350m: 4:17.67 37.86				
100m: 1:09.01 35.88 200m: 2:23.32 37.33 300m: 3:39.81 38.23 400m: 4:54.25 36.58				
3. TEJADA RABANEDA, Paula	05	C.N. Almeria	4:56.84	14,00
50m: 33.62 33.62 150m: 1:48.65 38.17 250m: 3:05.15 38.27 350m: 4:20.59 37.49				
100m: 1:10.48 36.86 200m: 2:26.88 38.23 300m: 3:43.10 37.95 400m: 4:56.84 36.25				
4. MARTÍN ALIAGA, Ana	05	C.N. Portocarrero	5:14.48	13,00
50m: 34.00 34.00 150m: 1:51.74 39.57 250m: 3:12.60 40.78 350m: 4:35.11 41.31				
100m: 1:12.17 38.17 200m: 2:31.82 40.08 300m: 3:53.80 41.20 400m: 5:14.48 39.37				
5. FERNANDEZ COLLADO, Sheila	04	C.N. Almeria	5:17.22	12,00
50m: 35.00 35.00 150m: 1:54.08 40.34 250m: 3:15.52 40.91 350m: 4:37.87 41.43				
100m: 1:13.74 38.74 200m: 2:34.61 40.53 300m: 3:56.44 40.92 400m: 5:17.22 39.35				

CADETE FEMENINO

DNS CRUZ MARTINEZ, Lucia 02 C.N. Roquetas -

SENIOR FEMENINO

1. LOPEZ SANCHEZ, Laura	96	C.N. Almeria	4:56.44	19,00
50m: 32.69 32.69 150m: 1:44.75 36.76 250m: 3:00.20 37.90 350m: 4:18.10 39.63				
100m: 1:07.99 35.30 200m: 2:22.30 37.55 300m: 3:38.47 38.27 400m: 4:56.44 38.34				
2. MARÍN RUÍZ, Teresa	85	C.N. Portocarrero	7:01.07	16,00
50m: 44.36 44.36 150m: 2:30.39 54.49 250m: 4:19.92 54.65 350m: 6:08.38 54.07				
100m: 1:35.90 51.54 200m: 3:25.27 54.88 300m: 5:14.31 54.39 400m: 7:01.07 52.69				

DNS SANCHEZ LOPEZ, Yolanda 90 C.N. Almeria -

VETERANOS FEMENINO

1. PORRAS POMARES, Belen	58	C.N. Almeria	7:46.16	19,00
50m: 47.81 47.81 150m: 2:45.26 1:00.07 250m: 4:47.58 1:00.57 350m: 6:50.04 1:01.26				
100m: 1:45.19 57.38 200m: 3:47.01 1:01.75 300m: 5:48.78 1:01.20 400m: 7:46.16 56.12				
2. LARA ALMANSA, Carmen	70	C.N. Roquetas	8:06.62	16,00
50m: 53.80 53.80 150m: 2:53.80 1:00.75 250m: 5:00.66 1:04.11 350m: 7:07.38 1:03.43				
100m: 1:53.05 59.25 200m: 3:56.55 1:02.75 300m: 6:03.95 1:03.29 400m: 8:06.62 59.24				